The Flying Leap.

Printed by James Gough, Stationers' Co., London.
AN
ANALYSIS
OF
HORSEMANSHIP;
TEACHING THE
WHOLE ART OF RIDING,
IN THE
MANEGE, MILITARY, HUNTING, RACING,
AND
TRAVELLING SYSTE M
TOGETHER WITH THE
METHOD OF BREAKING HORSES,
FOR EVERY PURPOSE TO WHICH THOSE NOBLE ANIMALS ARE ADAPTED.

BY JOHN ADAMS,
RIDING-MASTER.

IN THREE VOLUMES.
VOL. II.

ALBION PRESS PRINTED:
PUBLISHED BY JAMES CUNDEE, IVY-LANE;
SOLD BY C. CHAPPLE, PALL-MALL.

1805.
TREATISE, 
&c. &c.

ON TRAVELLING, OR ROAD-RIDING.

WHEN persons are pursuing their business, pleasure, or recreation on the road, precise formality and attention to the strict rules of riding would interrupt their enjoyment, and divert them, in some degree, from attending to the various objects that present themselves, the conversation of a companion, or the delightful prospects continually opening to their view. Therefore, in this system of riding, thought and attention, more than regulating the pace and directing the road, are rarely indulged; and this
this, after due practice, becomes habitually instinctive. The small share of science requisite to direct the horse that is quiet and good-tempered, induces many to think it unnecessary to learn to ride; but I think my introduction to the first volume has sufficiently pointed out the contrary. And here I shall observe—that those who have been taught the true principles of riding, and practised it till it becomes easy and habitual to them, can never depart from it so far as to render themselves conspicuously awkward, or in danger from the ordinary occurrences that may happen.

The military cannot adopt this ease and indifference, because the soldier's attention is always occupied. If the horse only walks he has an exact situation to keep, a file to cover, and preserve the line with the flanks; his ears must be attentive only to the commands of his officer, and his hand have the horse in readiness at the instant to execute with precision. Thus the military are necessitated
cessitated to ride with more formality than is pleasant or necessary for gentlemen on the road.

Though I admit, for the sake of ease, the participation of company and the surrounding objects, deviation from precise rules, yet I do not mean to vary the system or substitute another for the road.

I think there are several systems, which, though called by some good riding, would be very degrading and unbecoming gentlemen to imitate. For instance—the men who shew horses for the dealers, are generally thought to ride well. They must necessarily be men of firm seat and void of fear; but their only conception of good riding is, to make the horse go straight and as fast as they can. To display themselves and horse to the best advantage, they sit as stiff as possible, divide their reins, and place their hands low, and endeavor to keep the nose down, and drive him forward with the spurs. Many of their horses being, what
is termed, raw—that is, but little accustomed to be rode, and only in this awkward manner—would not shew to so much advantage, by any other method—but this method should not be a pattern for gentlemen.

The next description of riders I shall notice, are gentlemen's servants or grooms. From their occupation one would suppose these men would ride well, and without doubt some of them do; but how frequently do we observe the labour and difficulty others of them have to manage a quiet horse. Many of the spectators conceive the horse to be exceeding violent and unruly, and admire the boldness of the rider; when, in fact, it is too frequently the unskilfulness of the horseman that occasions the horse to be so impatient and restless: for when a horse is well fed and little worked, many will shew an eagerness to get on; and if the rider has not a mild effective hand to restrain the horse, the harsh hand, though it checks, yet it irritates, and the horse becomes more impatient and restless under the severity
severity of the hand. This frequently provokes the rider, and he applies the spurs, which make the horse more violent and ungovernable. I do not know but some gentlemen may be proud of displaying their horsemanship in this manner; they will only, however, draw the admiration of the ignorant, for nothing can distinguish the horseman or gentleman so much, as the elegance, delicacy, and ease with which he makes the horse obedient to his will: not but there are violent, hot, and impatient horses, who will be restless under the best of hands—but the good hand restrains with mildness and ease, and the horse's temper by degrees cools and subsides, while the violent hand frets, provokes, and defeats its own intention.

The rudiments of the art being once known, when on the road, no more is to be applied than will, with the greatest ease, facilitate our design; and where you require no more of the horse than to perform the natural paces, he will walk, trot, and gallop
with the greatest freedom. The rider participates the like ease or unrestrained liberty; so that road-riding bears the same analogy to military-riding, as military-riding does to manege-riding, laying aside all unnecessary restraint when we can perform to our satisfaction without it.

Let me explain what I mean by unrestrained liberty, lest those who have not confirmed the principles of riding by sufficient practice, may throw off their restraint too soon, and fall into errors, that might not only be awkward, but, under some circumstances, dangerous. The position of every part of the horseman is to be preserved, the same as in the military seat; but the restraint to be thrown off is, first that of the mind; for having nothing to perform but what by your former practice you can now execute, without a thought, your attention is amused by various other objects:—next of the body; for the exertions of the horse, in the manege lessons, are drawn from him by a similar exertion. In the rider exertion now
now becomes unnecessary, since you require no more than the natural paces of the horse, performed with the greatest ease and freedom to himself; and your whole system becomes more relaxed and falls into an easy flexibility, pleasant both to yourself and horse. But this ease or inattention is not to suffer unseemly habits to take place, such as the back or shoulders to get round, the hand to shake, the legs to dangle and beat against the horse's sides, or placed considerably forward to bear in the stirrups. These errors may, more or less, creep on a person who has not confirmed the principles by sufficient practice; but when habits of good riding are firmly established, the ease and liberty he assumes will not exceed propriety, risk his security, nor abandon or baffle the horse; his hand will keep its situation and properties, though the body be turned to any extreme for the purpose of viewing, conversing, and the like. Nor will the body, by any freedom it takes, throw itself out of balance, nor take the liberty at a period, when it cannot be done with safety.
ON ROAD-RIDING.

This freedom and ease, so desirable and universally admired, is affected by every person who is in the habit of riding, but with this difference; some unite system with negligence and ease, and others negligence and ease without system.

This freedom and ease, which negligence will naturally fall into, I have known masters endeavour to inculcate before the rudiments and principles of riding. But however specious and pleasing such a mode may appear to the pupil, I will be bold to say, it is beginning at the wrong end; and if the pupil has not aptitude, which practice will improve, such a mode of instruction will never make a horseman.

Since the rider’s ease and convenience is the principal consideration in riding on the road, it is admissible when the trot is extended to an unpleasant roughness, to ease the jolting by rising in the stirrups. This is so soon learned, that it scarcely needs a description, since none in the habits of rid-
ing, but actually accomplish it, and it is generally the first thing the young untutored horseman aims at, though a ridiculous awkwardness frequently attend some at their first attempt, and many imbibe unseemly habits which they cannot easily abandon.

Now, to ride with elegance and ease, the following remarks may be useful; or at least, may caution you to avoid ridiculous habits. Let the trot be extended to such a degree, that the action of the horse may raise you considerably from the saddle, while the sitting becomes rough and uncomfortable. To attempt it before would be not only unseemly, but difficult: for the faster the horse trots, the easier it is to rise. It is the action of the horse, and not any effort of your own that should raise you. Then if you bring your body a little forward when the action of the horse raises you from the saddle, a greater portion of your weight will be received in the stirrups, by which you ease your return to the saddle.
Now the next remark I shall make on a subject which is so easily accomplished may be thought tedious by some, yet to others it may be gratifying. I have observed that a horse leads with one or the other foot in the trot, the same as in the gallop, and the feet beat the time of one, two. The foot which the horse leads with, determines the one you are to rise to, and you cannot change the order if you would by raising to the contrary; but if the horse changes his foot you are necessitated to change with him, till which, your time is broken and you are disunited, so that you rise, and fall with his leading foot; which foot, beating the time of two, you rise at one, the leading foot being in the air, and fall at two when it comes to the ground. Thus the horse renders it perfectly easy to you by raising the body and marking the time, which, if you do not counteract by any endeavours or efforts of your own, you soon fall into.

Beginners
Beginners are apt to try this in a slow trot, in which the action of the horse does not sufficiently raise them, and they endeavour to raise themselves by the stirrups. This is labour instead of ease, and such are said, in derision, to ride faster than their horse. The rise and return of the body are to be smooth, even, and as regular as the beats of the feet, if you, through inattention lose your time, you get bumped upon the saddle till you fall into it again. Though this is called rising in the stirrups it is to be remembered that no great stress or dependence is to be made on them.

A person can rise to the trot without the assistance of the stirrup, but not with so much ease to himself. It is, therefore, to be used as such and no more. Thus, when the body is raised from the saddle, the feet have a momentary pressure in the stirrups which subsides as the body returns to the saddle. If you make more use of the stirrups than this, you risk your own safety; for I have observed that an improper use of the
the stirrups occasions many persons to be thrown, and a horse shying or suddenly turning round would occasion such a disaster. The rising of the body is not to be accompanied by any motion of the arms or lifting the shoulders; nor is the small forward inclination of the body to occasion any roundness in the back; this is invariably to be hollow, not only for the seemliness, but for the safety of your person; likewise, the action of the body must not cause the legs to move; some suffer their legs to swing backward and forward with the motion of the body; but care must be taken to avoid all unseemly habits: the legs are certain to be in their natural and most proper situation, if the stirrups hang perpendicular, and the ball of the foot resting on them; from thence they are never to move, unless to apply the calves or the spur. And, though indifference and inattention may permit them to deviate a little, yet those who have confirmed the true principles by sufficient practice, never suffer them to remove beyond a certain medium, which,
which otherwise would expose the seat to disaster.

The body must have no assistance from the bridle to accompany the action of the horse, the hand must be held steady, and the reins of that determined length which preserves a communicative correspondence between the hand and mouth; and though the rising of the body diminishes the effective operation of the appui, yet still there remains a proportion according to the goodness of the rider's hand, and the quality or fineness of the horse's mouth; for I consider the system of riding, which I am now treating on, to be the practice of gentlemen, in their daily recreation on the road, which, consequently, should be divested of every thing that is unpleasant and fatiguing. Therefore the horse should be properly broke, and not put to such extremes as would require an arduous support from the rider to assist his performance; such as trotting-matches and racing. The horse then, rode at no greater rate than he can accom-
accomplish with ease to himself, will carry his head up and play upon his bit, and be as obedient to the operation of the hand and aids, as this system of riding can possibly require. From these remarks I think no one can mistake wrong for right, which is all I think necessary to say under this head; but those who ride fast, and horses difficult to stop, &c. must look to the next and following subjects.
ON THE HUNTING SEAT.

Hunting, though a pleasurable, is a very laborious exercise, and requires you to ride with firmness, boldness, and some degree of judgment; that is, to spare your horse and prevent yourself and him from incurring unnecessary perils. As these are great and desirable, as well as essential qualities, no wonder our young sportsmen are so forward in distinguishing themselves in the field. So much so, that some purchase the two first qualities at the expense of the last, which is the most valuable of the three.

Every system of riding, except the manege, is occasionally used in hunting, but that seat which is properly called the hunting-seat, is that of riding in the stirrups; and though gentlemen may give their horses
ses a breathing in this style of riding, in the park, or occasionally over a piece of common by the road side, yet it is not becoming or genteel to practise it much on the road.

The intention of this style of riding, is to give the horse a steady and firm support from the hand, and to relieve yourself from that friction and heat which the bottom would receive from such strong and continued gallops, if seated close down on the saddle.

The first thing to be considered, is the length of stirrup, which must not be too short, though somewhat shorter than what was recommended for military or road-riding; but a little practice will soon discover to you the exact length you should ride, if you remark that you cannot ride too long, when you can sit as hereafter described, and the bottom, after strong galloping, does not bump or come in contact with the saddle.
I shall now take another method to describe the difference of the three principal seats—the Manege, Military, and Hunting Seats. If, then, you place your feet parallel to each other, and about two feet asunder, and your body upright, then bend your knee, and sink your body that the knee shall just, and no more than interrupt the sight of the toe, you will be in the exact position of the manege seat; still keeping the body upright, but sinking as low as you can without stooping, or projecting the knee before the toe, and you will be in a correct position for the military, or road-riding: the difference, therefore, you find is a shorter seat, consequently a shorter stirrup. This length of stirrup, though it will raise you sufficiently from the saddle to ride in the stirrups for a while, yet will not be found short enough for a long gallop, nor permit you to stoop the body forward to go under boughs of trees and the like, without losing your centre of gravity, and thereby abandoning your horse. Therefore, from the above position, if you stoop the body
forward, and preserve the centre of gravity, and the powers of supporting your horse, you are necessitated to sink and thrust the rump out behind—this is the hunting seat; and the stirrup must be shortened to admit this position, without the bottom coming in too close contact with the saddle.

I have taken the liberty of describing the position of the different seats on foot, not only as the easiest, but likewise to show that the centre of gravity is at all times in like manner to be preserved on horseback. Were you to stoop your body forward, without thrusting the rump out behind, you could not support your horse; if you thrust the rump out beyond the proportion that the body is projected forward, you impede the horse. The first of these circumstances should never happen, and the other only for the purpose of impeding.

Hence it is to be observed, when you ride in the stirrups the centre of gravity must be preserved, independent of any assistance from
from the bridle; and the uprightness or forward inclination of the body, is to be that which is most natural and pleasant to yourself, and will be more or less according to the rate you gallop, and the support the horse requires. If you affect to stoop beyond a certain medium, it looks ridiculous; nevertheless you must have that liberty and freedom in your seat, and your stirrup, without being too short, must be short enough to admit your stooping under a bough and the like, without losing your gravity, and abandoning your horse.

This will suffice to explain the intention and principle of this style of riding, and by which you may ascertain the length of stirrup you should ride with. Though you can ride the trot in this position, nevertheless begin your practice in a moderate or slow gallop, as being the easiest. Raise yourself in your stirrups, and, if necessary, at the same time shorten your reins. That you may not in this, nor in any other change of position, abandon your horse, when raised
in your stirrups, endeavour to find and preserve your gravity without the least assistance from the bridle, for which reason I have recommended you to begin with a slow gallop, in which the horse should ride light, and play upon the bit. So that you are completely poised in your stirrups, it is immaterial what elevation or inclination you give your body; you must be able to vary that after awhile, as circumstances may require; for the present let it be that which you find most pleasant to yourself, and endeavour to obtain a firmness that neither the action of the horse, nor his tugs, or playing on the bit, shall in the least disturb.

This firmness depends on the correctness of your position, aided by the grasp of muscles in the thighs just above the knees: not that you are to fatigue yourself by applying unnecessary exertion; sufficient to keep you steady in the saddle, and afford the horse the required support, is all that is necessary, and that may be more or less, according to the
the roughness of the action, the speed the horse goes at, and the pull or support he takes.

I shall now remark the precise position of every part, that errors and unseemly habits may be avoided.

First, of the body:—

When the horseman is raised in the stirrups, it must have a forward inclination from about twenty to forty-five degrees short of a perpendicular, as the rider shall find most pleasant and convenient for himself; for if he is galloping at a moderate pace, from twenty to twenty-five degrees of inclination might be most pleasant, and to stoop to forty-five degrees would look ridiculous, as being unnecessary; but when galloping at full speed, you may find it necessary to thrust your rump out farther behind to increase your powers to support the horse, and this gives the body a greater inclination; but whether the body has a great
or small inclination, the position otherwise must be the same as when upright; that is, the breast open, the shoulders down, the back hollow, the head firm.

The arms must be placed firm, and close to the body, and the reins are mostly held by both hands without separating, for the eagerness of horses when hunting will occasion them to pull even in their slow paces; you therefore require the assistance of both hands. Now the firmest hold you can have with both hands, without separating the reins, is to apply the right hand before the left, put the middle finger downward between the reins, then grasping the hand, turn your elbows down close to your body, and your thumbs up—you will find this a secure hold.

The thighs are more or less oblique, as the rump is more or less thrust back, but otherwise act and have the same functions, as I have sufficiently explained in the seat; the situation of the leg is, as before described,
described, the toe to be perpendicular to the knee, and horizontal with the heel and foot, and nearly parallel with the horse's sides; the stirrup-leather as I have before explained.

I know many sportsmen that are in the habit of riding home in the stirrups, will object to my system of not riding home, and their reason is, because they from custom cannot ride otherwise; but if they had began and continued my method, they would have found no difficulty, and the chafing their legs and galling their insteps would have been avoided. Beside, they lose a considerable easement; for when you ride in the stirrups (I do not mean under the toe, as you may do in manege-riding without inconvenience) under the ball of the foot, you have the play of the instep, which acts as a spring, as does also the knee, and the joints, next below the hip, which save the body from a great part of the roughness which the action of the horse occasions.
Thus having considered the position of every part in this system of riding, I shall now proceed to the situation, operation, power, and effects of the hands.

The situation of the hand, or hands (if both are employed) is to be in the centre; the arms being pressed to the body will be the exact situation (with respect to the body) as was originally directed; but the position of the body makes it operate lower or nearer to the pommel of the saddle. In this situation, the reins properly collected to retain and support the horse; in a slow or short gallop, you will feel the appui, or tugs, at every cadence of the gallop, light, obedient, and pleasant; or, to speak in terms that will be better understood by those who have not read the former part of this work, you will feel him champ and play pleasantly on the bit.

But should the eagerness of the horse, the animation of other horses, or any other cause make the horse desirous of going faster,
faster, you will feel the appui stronger, inviting of liberty, and trying to force it; but this is in the power of any middling horseman to prevent. Nevertheless, admitting that you permit him to increase his speed, you give him a little more liberty, and grant him that support which the extension you have allowed requires. For you are to observe, while a horse is unexhausted, or eager, the more a horse extends his speed, the more support he takes from the hand, and by practice you will be able to discover what is the requisite support the horse should have, and check what he takes over and above through his eagerness, (or the habit he has acquired by bad riding,) to go faster. When you have let the horse extend himself in the gallop, you will feel the support he takes to be a steady pull; and when this support, with his eagerness to get on, occasions him to pull beyond your strength to hold, you are necessitated to check him, by altering your position, that is, by raising your hand and body, thereby throwing your weight off the centre backwards.
wards. This checks and pulls him a little together, which advantage you must endeavour to keep, by not letting him get so much superiority again, for you are not to continue with your weight out of centre, but ride with your body more upright, which will raise your hands, and as I have observed when treating on the hand, this increases your own, while it diminishes the horse's power.

If it should so happen, by raising your hand and body to check, and get the ascendency of the horse, you raise and throw his head out of place, you must let him drop it again, for no horse can gallop well, nor safely, if his head is not in the place which, according to the make or formation of his forehand, nature intended he should carry it.

Nor must you carry your hand so high as to prevent him, but keep your ascendency by not letting him get so much of his head. Since, then, all horses pull more or less when extended in the gallop, so some from their
their formation, and situation in which they carry their heads, together with the confirmed habit of being rode with heavy insensible hands, pull so exceeding hard that a weak or inferior horseman cannot hold or govern them, for the harder you pull (as they observe) the faster they run, it becomes necessary to show the most powerful means that can be employed to stop them, or pull them together for that purpose.

The principle by which this is done, is by repeated efforts to raise the head, and get the haunches under, which diminishes his power, and gives your hand the ascendancy. First, then, I have directed in the stop, seize the time, and with all your strength and weight, throw your body back, taking a firm hold with your legs, bracing your arms strong, and letting your hands have a firm upward operation to get the head up; the instant this is performed, let the body come upright, that the hands may be eased, and the effect is this: the throwing the whole strength and weight of body back,
back, the hands operating to raise the head, is a considerable check, the body instantly coming forward to ease the hands, deprives the horse of the support he depended on, which deters him from extending himself so freely as before.

You must the next stroke repeat your effort, which will have a greater effect in proportion to the check the first effort made; the third effort will generally, if firmly and properly applied, bring the horse in hand, that you can stop, turn, or do as you please with him, but if not, you must repeat your efforts till you can. You must be mindful to leave no interval between your efforts, whereby the horse would recover one check before you give him the next, if you do you labour to no purpose. Some little men are more powerful on horseback, than much larger men of robust habits: this depends on the whole of their powers acting at the same instant, and seizing the exact time; for an irresolute undetermined person first pulls, then throws his body back,
then grasps with his legs and thighs, and though these follow immediately, yet the effect is lost if they are not done at one and the same instant.

Should the horse obstinately defend himself against the efforts of the hand, to raise the head, the separating the reins will increase your power, and the moving the bit by opening your fingers first of one hand and then the other, will disarm, at least, a part of his defence; so that your efforts may bring him into your hand.

A person that is not possessed of these powers on horseback, when he rides a horse that is eager and pulls hard, considers the horse runs away with him, and so in reality he does, but not from vice or intention, but only from eagerness and the habit of being rode by heavy hands. The planting your feet forward in the stirrups, to pull against, is not to be done in these cases; your hold must be from the grasp of the legs and knee, and the check which you give the horse
horse will not disturb your seat; but, were your legs planted forward, the check of the horse would throw you high from the saddle; and, if it should be on one side, you might come to the ground.

There are occasions on which the legs are placed a little forward to increase your pull, but this is only when you intend to impede the horse without stopping. You then put your legs forward, and throw your weight out of centre, for the moment only; for by this you increase the weight or pressure of the saddle on the horse, which would be very distressing to him were it for a continuance.

The directing and turning your horse in those extended paces requires neither art nor delicacy. The horse should obey the pressure, which must be given forcibly and strong, in proportion to the pull or support he takes from you; and where he does not readily obey the pressure, you assist and compel him by pulling the rein to which-
ever hand you wish to turn, as has been before explained.

This being the principle and theory of riding in the stirrups, I shall conclude it, with making a few cautionary observations —first, the extension of the horse and your inability to stop him at the instant, shews the impropriety of such riding on the road near town; and when in the field it is necessary that you carry your eyes well forward, to be aware of pulling your horse together in time whenever you have occasion either to stop or change your direction; for a horse, when extended, requires a considerable scope to turn in, and, should you neglect this necessary caution, the horse may precipitate himself and you into imminent danger; or, checking himself unawares to you, throw you out of your seat.

The judgment in riding a hunting, is to spare your horse as much as possible, never to rate him against other horses, though you find him or them inclined so to do: you must
must necessarily ride to keep up with the hounds, but you must be mindful to keep sufficiently behind, never to ride among them. By being a moderate distance behind, you may observe the hit or course, of the leading hounds, and save a considerable deal of ground; should the doubling of the game put you in a situation before the hounds, though you view it and know the course, you are not to ride till the hounds have passed you; avoid hallooing to the hounds, it is the business of the huntsman, and is generally offensive to him and the proprietor. I do not mean you are not to give notice to the field of what, perhaps, you may be the first or only observer, such as—when you find game sitting—viewing when the hounds are not running—breaking cover, and the like.

Should circumstances throw you out, or leave you considerably behind, fast riding may be necessary; but not to rate your horse at speed; for, by this, you would soon blow and distress him so that he could not cover
cover his leaps; a rate considerably short of speed will bring you up; therefore, the freedom of your horse, even in this case, must not induce you to let him exhaust himself, but pull at, and save his wind as much as you can. Look before you leap, is a necessary caution; a person who knows the country may ride more forward than one who is a stranger to it; never take unnecessary leaps to display your horse, nor leap at gate or rail, if you can get through or over the hedge or fence; and, if your horse is not a very safe leaper and used to take timber, it is advisable to go round, if you cannot open the gate; never push your horse up hill, nor too fast down, and spare him all you can in unfavourable ground, such as ploughed fields, swamps, and the like.

Fern, furze, heath, hillocks, flints, &c. to persons not accustomed to them, may appear great obstacles; but horses and men when accustomed to hunt, find them small
impediments, and ride as freely over them as on plain ground.

For the care and accommodation of the horse, let him take either, or change his leg as often as he pleases; and, for your own ease, change your system of riding as often as you find it pleasant and convenient, by which, I mean, you can frequently keep up in a trot, in which you can, by way of change, sit close to the saddle, rise in the stirrups, or stand in the stirrups.

Be cautious of riding into close covers, lest you should not find your way out; but where there are rides or passable tracts, you may ride in, being mindful to avoid and defend your head from the boughs, &c. In forest-hunting, or among trees, hard-mouthed and untractable horses are not only unpleasant, but dangerous, therefore must be rode with more care.
Attending to these remarks, the young sportsman may appear in the field without being ridiculous—the old sportsman has no occasion for them: for sitting of leaps, I refer you to the part where it will be treated on.
ON THE RACING SYSTEM.

The system of riding adapted for racing, is exactly the same as the hunting seat, when rode in the stirrups; consequently, there is but little more to say on a subject that has been so fully discussed. A few remarks which were unnecessary and foreign to the subject of hunting, will be found all that is requisite to complete this system.

The person who is to ride a race, beside the grand requisite of honesty, should have qualities which qualify him for the performance:—first, his strength should be sufficient to hold, support, and assist the horse, otherwise the horse will exhaust his wind. If he is necessitated to pull him together by raising his hands, or throwing his weight out of centre, these checks produce an additional stress on the hocks or loins, which must
must tend to weaken or exhaust; and, if it is a close match, it is possible the heat might be lost by the riding. Therefore, that the horse may have every fair advantage, the rider should be strong enough to hold him without raising his hands, which might put the horse's head out of place, and though it were but an inch, this would be unpleasant and detrimental to him. — Next, his judgment should be able to discover, how the horse gallops with the greatest ease to himself, and this is a material thing to know, for no horse can be made the most of, that is put out of his usual method of carrying himself; this being known or discovered, should be submitted to; what I mean by his usual method of carrying himself is, if he carries his head lower than is pleasant to the rider, if he is accustomed to bear more on one rein than the other, or has a favourite leg, for this is not the time to dispute or quarrel, you must find his favourite manner and comply with it.
The next consideration is, to start your horse coolly and temperately. If you flur-ry him at starting, his own eagerness will be very detrimental; therefore, endeavour to keep him moderate, that his gallop may be smooth and steady. You must give him all the support he requires from the hand in a smooth steady pull, and not increase it, unless his eagerness to get on necessitates you to do it; in which case, you must increase your pull, with the same steadiness as before, which will hold him and save his wind; but if you raise your hand to keep him in, you will raise his head out of place, which will put him to the fret, and he will be fighting for the ascendancy of the hand.

If you are necessitated to this, to prevent the horse from running away with you, your strength is not competent for such horse; nor must you throw your body out of centre, nor plant your feet forward to increase your pull without raising your hands,
hands: these operate to the disadvantage of the horse.

In situations where you are to push and do your utmost, you must assist the horse's efforts with the greatest exactness and judgment, without depriving the horse of the requisite support, your hand must permit him to extend himself to the utmost and assist him in collecting himself together. This is done by permitting the horse to draw your hand from your body, to favour his extension, and as he collects himself the hand returns to the body, and assists him in collecting his haunches under him.

This action of the hands, must be done with the nicest judgment, otherwise you would abandon, deceive, deter, and prevent, rather than assist the horse's exertion. Be mindful, therefore, that the hand does not move till the extension of the horse removes it; and, during this removal, that the hand affords the same support that the horse
horse requires. When the horse gathers himself together, the reins would be slack if the hand was not to return back again, and the horse would not be able to bring his legs so close, as by the assistance of the rider's support he would be enabled to do. Therefore, as the horse gathers himself, the hand must return, yielding him that support which assists the haunches coming forward.

This skill of the rider is mostly displayed at the running in. Over-eagerness of the rider, flurry, or the like, may sometimes take place with young jockies. I therefore caution gentlemen who choose to ride their own matches among themselves, to be collected at this time; for, if it is a near match their winning or losing depends on the riding. The over-doing or under-doing their part is equally detrimental. For, were you to yield your hand too much, you abandon your horse; and, in gathering him together, if you over-do your part, you check his next extension: hence, a steady support must be given,
given, which, at this crisis, must be neither more nor less than the horse requires.

Now let me explain the consequence of either. First, if you do not sufficiently support the horse, the consequence is, the horse dare not extend himself so far as he could under a confident support of the hand, because that support is a great assistance in gathering himself together; but the eagerness of the horse will make him extend himself as far as he can safely, independant of the hand, and the labour and exertion of gathering himself, without support from the hand, exhausts his wind and strength, and the horse is said to be blown. Therefore it is necessary that the rider's strength should hold out equal with that of the horse, since the one depends so much on the other.

On the other hand, the support the hand is to afford, is to be no more than what the horse takes; for the hand is not to dictate to the horse at what rate he is to pull; if the horse
horse rides cool and steady, he will take a support equal to the rate or extension he is at; but, if hot and eager, he will require a greater support to restrain him from over-running and exhausting himself, and the hand must give that support to prevent such consequences; but at the push or running in for the heat, you must give him the liberty to exert his utmost, and so much support, and no more than will enable him to do it—if you give him more you restrain him—if you give him less, he cannot confidently throw himself out.

If, in endeavouring to assist the horse, you pull him too much together, you check him, particularly if your horse is nearly spent; when you find the horse done pulling, it is time you had done running, for he is then exhausted, and must lose if the others are not in the same state. If you find your horse strong, and close pushed at running in, the application of the whip, given at the instant, before he takes his stroke, may draw an additional spring or two
two from him, and give you some assistance; but the whip or spurs, at other times, is of little service; the emulation and eagerness of horses will carry them beyond what they can hold, and the whip or spurs discourages if too much, or injudiciously applied.

You will observe in the hunting and racing systems of riding, that pressing the feet in the stirrups to increase your pull, is not allowable if it can be avoided, but particularly in racing, for you must thereby considerably increase your weight or pressure on the saddle; and, though it is called riding in the stirrups, when you ride properly, the stirrups sustain a very inconsiderable weight, and when the horse is extended and pulls fair, you may ride in the same position without the stirrups, and the grasp with the knees, and the pull of the horse, will keep your position steady.

Having
Having pointed out what operates to the advantage and disadvantage of the horse's speed, the rest must be left to practice, which is to perfect every science; but without studying theory, practitioners we find are very liable to run into error.
ON RIDING A TROTTING-MATCH.

Every man has some favourite pursuit; some cultivate at a vast expense tulips and carnations, some collect butterflies and insects, some minerals and fossils, and others, fond of antiquity, will search after old battered and cankered pieces of coin. It is difficult to account for this diversity in human pursuits. Philosophers may find the origin of it, perhaps, in the various energies of the several elements which compose our frame. Arise from whence it may, horsemanship appears to me such a rational amusement, as would, to a certain degree, universally prevail, if every one had the means and opportunities of riding a horse.

But, as in other pursuits, we find different opinions and opposite tastes in riding, and probably from the same constitutional causes,
causes, the same diversity may likewise be expected.

Some few are admirers of the manege, others prefer the recreation of a steady safe horse on the road; some are fond of a choleric, spirited horse to display their courage, and others of a choice hunter to lead the field; some have a rage for racing, and others for fast trotting. The rage for fast trotters, I am glad to find nearly, or altogether, abated among gentlemen; for surely nothing could be more destructive to horse-flesh. A four-mile course on the turf, requires seven or eight minutes exertion of the horse; but a trotter's exertion is called upon for an hour, and sometimes two hours, on a hot gravelly road, enough to shake him to pieces.

I should be glad to say humanity layed it aside, but I believe the knavery which is out of the power of gentlemen to guard against in this species of sporting, has principally contributed to that end. Nevertheless, if money cannot be safely ventured on
trotting-matches, there will always be admirers of fast trotters, and without an occasional trial for a mile or two against another horse, they might as well be without them; therefore the method of riding a trotter to advantage, I thought would be acceptable to some of my readers.

The method of riding a trotter is to sit as close down to the saddle as possible; by which I mean, you are not to rise in the stirrups, nor stand in them, but taking a deep hold with the muscles of the thighs, sit as close and still as the action of the horse will permit, and the faster he goes, the less you will find your seat disturbed. The stirrup must not be too short, for you are never to bear more than the weight of your toe in them, and the rapidity of the horse going forward will give your body a little backward inclination, and your legs a little forward; for you must be mindful not to bring your legs near him, lest it should bring the haunches forward, which might cause him to gallop.
The next consideration is, to know the manner and trim of the horse; for, since horses contract habits as well as men, at such times as you want their utmost exertions they must not be put out of them. Therefore, a man will ride a trotter to better advantage after he has been used to him, than he will the first time: accommodating yourself to the horse's manner, you sit still, and give him whatever aid or support he requires, carrying your hands low, you encourage him to extend himself to the utmost, and your judgment is to discover when he over-rates himself so much as will, if not prevented, certainly cause him to gallop.

This requires some skill, for otherwise you would be sure to make him gallop; to prevent him, you must increase your pull, but keep your hands down. Were you to raise your hand one quarter of an inch to increase your power, you would cause the horse to gallop. If you find you have not sufficient strength, rather than raise your hand
hand, you may press your feet forward in the stirrups, to give effect to your pull; but closing the legs, or raising the hand in this situation, would immediately cause him to gallop. A horse is as liable, nay, more likely to gallop at times, when he is not near at speed in the trot, as when he is at over-rate, and this is when the jockeys say he is not settled; that is, when his haunches are too much under him, and his over-eagerness to get on, will not slacken the haunches to give the shoulders the lead.

These are awkward situations both for rider and horse, and they are rendered more so by the clattering of accompanying horses; the animation of the company increases the horse’s eagerness, which quickens the haunches, already too forward, that it requires the greatest skill to prevent the horse from galloping, and more so to settle him to the trot. Were you to ease your hand to give the shoulders liberty, the forwardness of the haunches would force the shoulders to gallop; if you pull at him,
you increase your disorder, by pulling him together when he is already too much united, and risque his galloping; if you raise your hand, or close your legs, he is sure to gallop. You have, therefore, to act with the greatest caution and delicacy, by keeping your hands down, and preventing the propensity of the shoulders to lift into the gallop; you must not be angry or impatient because your nerves would be thereby affected, which communicates to the horse, and he becomes more impatient, which prevents him from disuniting and extending himself; but if you are patient and cool, the restriction of the hand mild and soft, the horse will soon slacken his haunches, drop his head, and extend himself. This done, you must be careful that no unsteadiness in your hand or seat creates the disorder again. The generality of trotters, when they extend themselves, or as they term it, settle to it, take a steady support from the hand; this must be permitted, and the hand kept firm and still, that the horse may have a dependence on it. He will frequently refresh his mouth,
mouth, by yielding his nose, or moving his head, and then take a support again; whatever is accommodating to him may be allowed, so that it has not a tendency to make him lift before or behind, gallop, or abate his trot. When a horse is true on his legs, you may encourage and urge him to do his best, but if he over-rates himself (which you will feel and know by practice) he must fall, or gallop to prevent it; unless the rider, at the instant he perceives it, saves and prevents him, by the method I have before related. When a horse's powers are unequally distributed, which happens from different causes; from nature, when the hind quarters have greater liberty than the fore, or the fore than the hind; from habit, by bad riding, when a horse is suffered to trot before and gallop behind, or gallop before and trot behind, they are then apt to lift or hitch when pressed or tired. You cannot in these situations urge them on, for fear of making a complete gallop of it; and the lifting and hitching are liable to dispute, the one party denying it to be a trot, the other persisting
he did not gallop. In these situations, cool and patient endeavours will effect your purpose, and get your horse true in his trot, preferable to any other measures. You must not flurry a horse on any account, for that will surely unsettle him, and when settled, your seat must be as steady as possible, and your hand kept down, and attentive to correct every propensity to lift, hitch, over-rate, gallop, and the like. And whenever you feel these propensities, you must check them with the greatest nicety; for these checks certainly retard the horse's speed, consequently you must apply no more than just sufficient to prevent his galloping. Therefore all the operations of the hand must be low, to keep the horse down, as they term it.

From these remarks, a person by practice may the sooner acquire the art; but remember, a person must be a good rider to ride a match, whether galloping, or trotting, to the best advantage; and to ride well requires practice, for the theory is only the
the knowing how it should be done, and may want the ability to do it; but knowing the theory will certainly assist your practice.
ON THE SEAT WHEN LEAPING.

I now come to a part which is very interesting to young gentlemen who are fond of displaying their horse's abilities, and their own courage, but too frequently their rashness. I should call it rashness in me, who can sit a horse over any height or distance he can cover, to ride one over a rail, bar, or gate, were I not well assured of his steady and safe manner of leaping; and it is equal rashness in a person who has not the knowledge how to sit and support a horse over a leap, (be the horse ever so steady and safe a leaper) because the unskilful rider is not only in danger of being thrown, but likewise of baulking the horse, making him blunder, pulling him into his leap, and the like, which I shall clearly explain hereafter.
Leaps are taken standing or flying: the first is most difficult to sit, though always practised first, because the slow and steady leaping of a proper-broke horse, gives the rider time and recollection, and the master standing by the side can direct, and prevent accidents.

I have observed, that stirrups are no security to the seat in any situation on horseback, and those who cannot forbear pressing a weight in them, had better, when learning to leap, have none. I dont say but many gentlemen leap entirely by the help of their stirrups, but they leap very badly, and sometimes with great difficulty save themselves from coming to the ground—and when a horse makes a rough or awkward leap, they generally do fall. But I call any disturbance to your seat, whether you are thrown up from the saddle, or your body falls forward, or you get out of balance, equally as disgraceful as falling to the ground. For a person should sit so close as to carry a shilling under each thigh, just above the knee,
one in each stirrup under each toe, and one under his breech, and this, when practised on steady leaping horses, should seldom fail.

The position of the horseman when leaping, changes as the horse changes his position; for instance, when the horse is brought to the bar, your body is upright, exactly in the position as has been taught; your legs are to be applied, as I have before noticed upon these occasions, to the horse’s side, with such firmness as is to keep you down to the saddle, and in such place as the action of your own body shall not loosen or disturb them. The place of the legs, therefore, must be perpendicular from the knee; if you place them backwarther, the action which the body must take, would loosen them, and then you have no hold; for your thighs, unless you are very long, and your horse very narrow, will be loose when the body is thrown back. The toe must be pulled up, to make your muscles firm, and prevent the spur from approaching too near the horse.
If you find it necessary, you may turn your toes out a little to strengthen your hold, if you have stirrups, bear no weight in them, (when you practise to carry shillings over, you should bear no more than just sufficient to keep the shilling there,) keep your hand in the centre, and quite low, your reins not too short, but just by the pressure of your fingers to feel the horse's mouth. In this position you come to the bar, the pressure of your legs and the pressure of your fingers will invite the horse to rise, and as he rises your body comes forward, and preserves it perpendicular. Be sure to keep your back in, and your head firm. At the instant the horse takes his spring from his hind legs, you slip your buttock under you, and let your body go freely back, keeping your hands down, legs close, and body back, till the horse's hind legs have come to the ground.

Now I shall explain the consequences of omitting any of these precepts, without which, perhaps, you will not think them indispensably
indispensably necessary. The application of the legs to hold you firm to the saddle carries conviction with it; but while your body is upright, you will find a faster hold with your legs, when placed a little backward than I have directed, and you might therefore be induced to place them too backward; but you will perceive the impropriety of it if you lean the body quite back, for you can then only have a firm hold with your legs, where I have directed them to be placed.

What was directed for the toe was explained, I therefore come to the stirrups. It is evident, when any action of the horse tends to lift you from the saddle, that stirrups cannot keep you down; nothing but the gravity of the body presses to the saddle, the pressure of the thighs holds it down; and when the action is so violent that the hold with the thighs is not sufficient, then the legs are applied, which is a deeper and stronger hold. But bearing in the stirrup must operate to the lifting you from the saddle,
saddle, and loosen any hold you may take with the thighs or legs. Hence, if you take notice, those who bear in the stirrups when leaping, are thrown high from the saddle, and the use they make of the stirrups is to catch them on their return; they plant their legs forward to keep them from being thrown upon the horse's neck, and if they keep the body back, the reins hold them from tumbling backward; but a rough or irregular leap so disconcerts the best practitioners in this way, that if they don't come to the ground, they are thrown out of their seat, and scramble into it as they can.

The hand must be kept low, &c. This is an essential thing to mind, and I shall explain every consequence of its not being attended to. The hand is principally raised from fear; 'tis done with the intention of holding on by the bridle, or making the horse rise before. The apprehension of some of my pupils, that the horse should not clear his fore legs, has been so great, that having hold of their hand, I could hardly
hardly keep it down. The consequence is, that you raise the horse's head and nose out of place, which straightens his neck, in which position he cannot gather himself to rise, till he has dropt his nose and curved his neck, which your hand will not suffer him in that situation to do. Nevertheless, persons not sensible of the impropriety, nor aware of the danger, urge the horse to leap, and the horse, if you will not let him leap as he should, must leap as he can; the consequence is, that he makes an awkward short leap of all four together, which is dangerous, and exceeding unpleasant both to horse and man.

I do not mean to infer, when a horse leaps in this manner, it is always the fault of the rider; horses not in the practice of leaping, who are untaught, or ill made for leaping, will do so with the best riders; but horses who have been taught, and practised to leap properly, are frequently compelled to leap thus awkwardly from the unskilfulness of the rider. When horses feel this restraint
restraint from the rider's hand, many will refuse to leap, and it is well they do, for they prevent the risque of their own and rider's neck.

So far I have considered the baulk and impediment to the horse, now for the tendency it has to displace the rider. The hand raised in this situation prevents the body from going back; for, were the body thrown back as I have directed, you must check your horse, and prevent him from covering his leap. This the horse is very sensible of (and no uncommon thing either, for the horse to be more sensible of the two): therefore, he prepares himself to force the hand. The consequence is, your body is pulled forward, and the shock you receive when the horse meets the ground, tumbles you on his neck, if not completely off.

Now, to convince yourself of the truth of this theory, as your horse stands still, place your hand low, and lean your body back, and you will find you can do it, without giving
giving the horse any great disturbance, but only a proper support; nor is it possible for him to force your body forward. On the contrary, without altering the length of your reins, raise your hand and lean your body back; and you will find your body cannot go back without checking your horse; so that the hand, in this situation, must be forced by the horse or the horse cannot cover his leap. *The body comes forward to preserve its perpendicular, &c.* Were the body to hang back as the horse raises before, the weight of your body would hang on his mouth, and prevent his leaping at least, if it did not pull him backwards over.

*The back hollow:* were the body to be brought forward, with a round back and round shoulders, it would not be in a situation to get back in time, without much exertion of the rider; but if the back is hollow, when the horse springs forward, it will, of itself, fall backward if the hand is not raised to prevent it. If the head is loose, I have known the action of the body
to cause a small wrench of the neck, or occasion some to bite their tongue; slipping your breech or buttocks under you, gives the body more liberty to lean back; and without the body is well back, the shock, when the horse's feet meet the ground, will shake it forward, whereby you not only deprive the horse of the support, which at this time he should have from the hand, but are in danger of falling. If you recover your right position, or take your legs from their situation before the leap is completed, you will be liable to disorder, loss of balance, and the like.

This is the principle by which the seat is maintained in all violent exertions of the horse; some few remarks may be further necessary in particular situations, which I shall notice.
ON LEAPING FLYING.

The seat, in a flying leap, is exactly the same as in the standing; but easier to sit, because, the horse’s body keeps a more horizontal position; and if it is a leap of inconsiderable height, it appears no more than a springing stroke in the gallop. From this consideration, the rider has no occasion to bring his body forward at the raising the fore-legs, for the spring from the hind-legs immediately follows, and the body might not get back in time. Therefore, keep your body upright, take hold with your legs, be sure to keep your hand down, and, as the horse springs forward, your body is sure to take the corresponding action of leaning back; particularly if you, at the instant, slip your breech under you, and bring your waist forward with an exertion proportioned to
to the spring the horse makes. Bring not your body upright, nor slacken the hold with your legs, till after the hind feet have come to the ground. It is dangerous to let the body have a propensity to come forward at the raising the fore-feet, for sometimes a horse does not come fair, or will refuse to take his leap, and check himself; in which case, if the body is forward, you may tumble over his head.

The pace you should go, at a flying-leap, must always be moderate. You must never flurry the horse with a view of making him take a determined spring. By so doing you will often deter him from taking his proper distance, and make him leap at hap-hazard, right or wrong, to the great danger of your own neck. If a horse leaps willingly, let him take his own pace to it, and he will be sure to spring from his proper distance, and give himself that velocity that will assist his spring. For instance, twelve yards from the leap, turn your horse to it in a trot, he will strike into the gallop, and a stroke or
two before he springs, will increase his velocity, if he perceives that the height he has to cover requires that exertion. If a horse is indolent and careless, and you think he requires some animation, I would rather advise the application of the spurs to rouse his apathy just before you turn his head toward the leap, than while he is running at it.

A horse requires but little support or assistance from the hand till he is over his leap, or coming to the ground; then the support of the hand is proper and assists to bring the body upright: the assisting and lifting a horse over leaps, may be done by old practitioners, but the attempting it by young ones is improper; they cannot judge when, and in the attempt would, most likely, baulk rather than assist. It can only be done when a horse leaps free and determined; at other times the offer to assist would deter him from the leap.
MAINTAINING THE SEAT
IN CRITICAL SITUATIONS.

When a horse is addicted to rearing, kicking, bolting, plunging, and the like, the seat is maintained in like manner as in leaps; but the operation of the hands is to prevent, deter, and disarm him as much as possible; for this purpose, your arms are held firm to the body, your reins separated, and your hands kept up. The hands, thus fixed, is not to pull at the horse, if he does not attempt to force your hand and get his head, but give him the liberty to go forward, though not to get his head down, which would enable him to kick with such violence, as to throw himself down; but confining the head up disarms him from kicking so violent as to endanger his throwing himself or you down, and he makes a bolt from all fours, which is springing forward something like the awkward leap a horse makes when you confine his head to a standing leap, but not quite so rough; for, there being no bar
or gate in the way, the horse is not necessitated to jump so perpendicularly, but springs forward with intent to force himself out of your hands, and spring from under you.

When you feel the horse disposed to play these tricks, you consequently prepare yourself for the encounter, by separating the reins, &c. Now, the body must be kept upright, but very flexible, accompanying every action of the horse to be ready to repel every effort he may make; your balance is nicely preserved by the muscles of the thighs, and the legs kept near the horse, but not to grasp till you feel the necessity, for the horse is in alternate motion with his fore and hind legs, and you know not whether he will rear before, or kick behind; your body, therefore, should accompany the action of his legs, thus—when he lifts his fore legs, your breech must be thrust out behind, by which you are prepared if he rears, as the fore-feet come to the ground, you slip the buttocks under, which prepares you for his kicking or springing forward; if either takes place, your legs are in a situation at
the instant to grasp, and keeping a firm hold with your hands, you support the horse from falling, and keep a proper restraint upon him. Every horse has his peculiar mode of defence; some rear, some kick, some turn short to one hand, some on the other, some defend themselves only by refusing to do every thing you require them to do, and others will only contend when they think they have the advantage of situation.

The ingenuity of man could not devise more means, than the horse does to foil his rider. And though this subject properly belongs to horse-breaking, yet, as gentlemen have horses occasionally, that shew a disposition to be restive, it is proper they should, at least, know how to protect themselves from injury. I shall, therefore, continue this subject so far as I think necessary to their safety.

Of all the defences a horse makes, that of rearing is the most dangerous, when they rise rapidly and so unexpectedly, as you
are scarcely aware of them, and so high as
to endanger their falling backwards; it is
fortunate a horse that rears to this extreme,
seldom or never kicks; you have, therefore,
principally to guard against the rearing,
and, when he takes you unawares, your
body must come forward close to his neck,
and your hands forward, on each side even
to clasp him round the neck, if you find it
necessary.

To break horses of this dangerous vice,
I have been in situations where I found it
expedient to quit the horse, and alighting on
my feet, have pulled the horse backwards;
but these, though effective expedients, are
only to be attempted at a particular crisis,
and by persons perfectly collected, active,
and agile. It so frightens a horse to be thus
foiled, that he is wary of giving you the
opportunity of serving him so again. I do
not recommend gentlemen to attempt it;
but, whenever you are aware of the horse's
disposition to rear, have your reins sepa-
rated and be prepared for him, and the in-
stant you perceive him going to rise, slack
the
the one hand, and bend him with the other, keeping your hand low. This bending compels him to move a hind leg, and being thrown off his balance, he of necessity comes down. Twist him round two or three times, to convince him of your superiority. It likewise confuses and baffles him. By these means you may deter a horse from rearing to any dangerous height; and, after he has convinced himself by a few experiments, he will give it up for that time.

Every horse has a favourite side, on which he is prepared for defence; your attack must, consequently, be on his weak or unprepared side. Not only in this, but in every other instance. A horse that is addicted to kick high, seldom or never rears high, unless the firmness of your hand compels him to it. If your hand confines the head, as has been directed, you may bid defiance to his kicking; and, when a horse finds his defences do not avail, he wisely gives it over; but the twisting a
horse round a few times for this vice will have its effect; if you seize a favourable opportunity to attack his feeble side, and have the advantage to twist him without his power of resistance, his astonishment and confusion will deter him from farther contention, unless you provoke it by ill-timed correction, passion, exultation and the like.

Whatever passion possesses the rider, whether anger, revenge, cruelty, &c. it has the same effect on the horse's mind, as it would on ours, and prevents that concord and unity taking place, which ever should subsist between the rider and the horse. Therefore, the rider who should be the most rational being must always be disposed to amity, and should never suffer the most obstinate resistance of the horse, to put him out of temper. If the contest does not demand his utmost exertions of strength, he should be able to hum a tune, or converse with the same composure and indifference as though the horse was all obedience; by this means, the instant a horse finds himself
self foiled, he desists, having no provocation to contend farther, and is abashed at his own weakness.

What is termed plunging is seldom attempted but at their first backing or breaking; and then, by some horses to a most violent degree. It is so exhausting to the horse, that if he fails in throwing the rider, bursting his girths, or breaking any of his tackle, he soon gives it over. But, if he succeeds he is encouraged to try again. Till horses are broke of this, they are not rideable without proper assistance. You, therefore, seldom see horses that people venture to ride loose, make very desperate plunges. When a horse plunges, he gets his head down, cringes his tail between his quarters, sets up his back, swells his body to try to burst his girths; and, in this position, he kicks and plunges till he can hold his wind no longer. He holds his breath all the time, consequently, when he makes six or eight plunges he is done; his breath can hold no longer.

To
To sit these plunges, is to cure them; three days' trial, of which the first is generally the most violent, decides the contest. Success in their endeavours, or improper treatment, may provoke farther attempts, but otherwise, the contest is given up, and it is fortunate that not one horse in fifty, with proper treatment, is given to plunge, violently. To sit a horse when he plunges you must take a firm hold with your legs, and be mindful that in getting his head down, he does not pull your body forward. You are under no danger of his rearing. And, therefore, have only to keep your body back and hold firmly with your hands, to prevent him throwing himself down, which is not unlikely, if he gets his head entirely loose.

The next danger that gentlemen are exposed to is, when a horse, either by shying or restiveness, springs to one side, or turns short round. Their security, in these situations, depends on a strict conformity to the rules I have laid down, and the state of their
their nerves. Where the nerves are weak and debilitated, I can prescribe nothing better than a steady, safe horse, with moderate exercise and air every day, to repair and strengthen them. But, to young and robust habits, if they observe the precepts of not bearing in the stirrups, keeping the legs near to the horse to be ready on those sudden and unexpected occasions to lay hold, and yielding their body to go with the horse, they will be safe.

As a further assistance, let the eye be instantly directed to the horse's ears, and the body will go with them; but if the eye is directed to what the horse shys from, you will lose your balance. For the probable causes of horses shying, and the method of treating them, I shall refer you to the part where it will be treated on, and proceed to explain how you are to protect yourself from danger, when you have the misfortune to be on a restive horse.
DEFEATING A RESTIVE HORSE.

Restiveness in horses proceeds from a bad disposition or temper, which obstinately refuses obedience, where he finds the rider has not sufficient skill or address to compel him; and I believe there would be fewer restive horses, if the persons first employed to break them, knew the method of foiling their defences, for want of which, the horse is too frequently successful; which encourages him to repeated and more determined trials, and the oftener he succeeds the more he is confirmed in the vice. Horses of this disposition are exceeding subtle, and watch their opportunity. They first, as it were, feel for your firmness of seat and resolution; if they find your seat strong, and you determined, they wait their opportunity of situation where they can attack you to advantage, and are sure to defend themselves on that point which they expect you will attack them.

Now
DEFEATING A RESTIVE HORSE.

Now the great object of the rider in these contests, is to frustrate the horse's intentions, and protect himself from injury in the struggle. The horse commences his attack generally by stopping, turning short round, (mostly to the right hand) as taking the rider at the greatest disadvantage, because few men are so powerful with the left as the right hand, and the horse expects you will oppose the opposite hand to which he turns, to prevent him: he therefore designedly attacks your weakest hand, and is so prepared to defend against your utmost efforts, that it is vain to attempt it. But, instead of attempting to prevent him with your left hand, attack him rather with your right, and turn him completely round, so that his head is presented the way you was going. And here an application of the spurs may be tried, if it will compel him forward, but it seldom does. He generally turns round again, and you, in like manner, attacking his unguarded side, turn him two or three times, letting your heel and spur, if necessary, powerfully assist your hand, before he can
can arm or defend himself against it. Finding themselves baffled in the plot of their defence, some give it up, and go on; others will make a more obstinate resistance, and since he refuses to go the way you want him, you must studiously prevent his going any other: for which reason, finding him set himself against your endeavours to make him go forward, immediately change your attack, turn him about, and rein him backward. When a horse sets himself against going forward, he is easily compelled backward. Here his defence is again baffled, and this is ever to be your rule—never to contend with him on that point he is prepared to resist.

In these contests you must be collected, and have an eye to the surrounding objects, that you may not put yourself in an awkward situation, which through inattention you may do, without the design of the horse; but it frequently happens that restive horses try their utmost to get you into these situations, by sideling to other horses, carriages, walls,
walls, rails, the foot pavement, the houses, &c. &c.

Now it is so natural for persons to pull the horse from the object that he makes for, that we do not wonder to see it practised; but this gives a determined horse the completest opportunity of accomplishing his intention; therefore, admitting it to be a wall,—a riding-house is surrounded with wall, and a restive horse would be always crushing your knee against it, if we had not the means to prevent him. Therefore, whenever we find the horse so disposed, instead of pulling him from the wall, we bend his head to the wall, by which the side of the horse next the wall is in a concave position, which prevents his utmost endeavours from doing you an injury.

But in the streets, or on the roads, innumerable objects more dangerous than a wall, will present themselves, which you must be attentive not to come near. But the instant you apprehend or perceive him sideling to any object,
object, turn his head to that object, and back him from it. By this means you protect yourself from injury, and foil his intentions; consequently, after a fruitless contest, the horse is necessitated to submit. The application of whip or spurs in these contests, more than to shift the croup, or give efficacy to your hands, are of so little use, that I dare not mention them, for correction injudiciously applied does great mischief; and many people's passions have no bounds when they begin, and, since I know a horse's vices can be subdued without it, I recommend no correction, rather than an immoderate or ill-timed one; for it is impossible for me here to specify the instant it should be given, or the severity I might adopt myself. This must be left to the discretion of the rider, and discretion will seldom apply the spurs sharply more than twice, or three times.

I don't mean to infer, that correction is never to be given; some horses require it; others that have not a vice belonging to them,
them, are made desperate from injudicious punishment: the rider should have judgment to discover the temper and disposition of the horse, which is to determine, in a great measure, the nature and proportion of his punishment; but to repeat the spurs and whip, to make a horse go forward when he refuses, is certainly wrong. He must be immediately manoeuvred by the hands, by turning about and about, reining back, and the like, till he finds his designs, whatever they were, frustrated; he will then, finding he can go no other, reluctantly go your way, and when you present his head for that purpose, you may apply the spurs sharply, which is compelling him at last to obey the spurs, which he at first refused.

A horse's defences in the above instances, in a manner defeat their own purpose, because you immediately convert their defence to their punishment. But there are some few horses who fix themselves like stocks, setting all your endeavours at defiance to...
move them. There they set up a defence that can no way endanger your person; were they to move, you could convert that to your purpose, but while they stand as stocks, they defy you to move them forward, backward, to right or left. This defence must also be converted to punishment: let them stand, and make no attempt to move them, and you will find in a short space, frequently less than a minute, they will move of themselves. If you have patience to sit on their backs, and keep them there for a time, it is the most proper punishment for the offence, and will surely cure that mode of defence.

Though I have here set forth a method of manoeuvre, with little or no correction, I am sensible that many persons (if they possessed the skill) have not the patience to adopt it, but will let their passion overcome their reason, and the whip and spur will be rigorously applied. Some horses are of such an abject spirit, that they may be beat out of
of their sulks; others you are obliged to manoeuvre, and those riders that cannot keep their temper, apply the whip and spurs.

Now the pulling and twisting a horse about, is what beats him, and when done with judgment soon overcomes, and secures your safety. But when injudiciously applied, the contest is generally longer, and the rider exposed to imminent danger.—Should he escape unhurt, and worry the horse out, he attributes his success to the resolute application of the whip and spurs, which, I am of opinion, too frequently prolongs the contest. Nevertheless, the multitude are apt to mistake such temerity for skilful horsemanship, for they are eye witnesses of the resolution and courage of the rider, but are ignorant that the end might have been obtained by a more mild, certain, and safe method. For when the rider loses his temper, which a brutal application of the whip and spurs is a certain indication of, his thoughts are not collected, and his operations are without judgment; he provokes a more violent resistance, precipitates himself into dangerous
dangerous situations, (which, if he had been cool and collected, he might easily have avoided,) and the contest becomes imminently dangerous, and very doubtful; and if no disaster happens to the rider, it terminates by consent of the horse in a respite for the present; he submits for the moment, that he may recover strength to renew the attack, for he does not seem to consider himself defeated.
ON LADIES' RIDING.

The custom for ladies to ride becomes daily more and more prevalent. Thanks for this to our learned physicians, who have discovered that the exercise of riding is more salutary to the constitution of some of their fair patients, than any nostrums they can select from the whole catalogue of the Materia Medica, or any substitute which the ingenuity of man could contrive for their relief. Hence, the chamber-horse, the swing, the skipping-boat, the dance, and numberless other exercises, calculated to promote circulation, are found inferior and very inadequate to riding. And all whose condition in life, afford them the means, are no longer restrained by the former prejudices of "bold, masculine, and indelicate for ladies to ride;" but may enjoy a recreation which exhilarates the spirits, invigorates the
the body, amuses the mind, gratifies the eye, and contributes so much to the felicity of the gentlemen who are honoured with the care and attendance of our fair countrywomen in these salutary exercises. I think it incumbent on me who have had the opportunity from attending numbers of ladies, and studying the principles I taught, to explain and elucidate the precepts for ladies' riding; and, I believe, I may claim the honour of being the first that ever wrote on the ladies' system of riding, at least, I never met with any thing on that subject.

The first consideration which occurs on this subject, is the horse, which is generally left to the experience and judgment of some gentleman to provide; and, no doubt, whoever is entrusted with this commission, selects, agreeable to his ideas, a suitable one. But it requires a more than ordinary judgment of horses and riding, to suit a lady with a horse, and many undertake such a commission who are very unequal to the task. The difficulty will appear
pear obvious to the reader, when he is informed, that the constitution of the lady, the state of her nerves, the manner of her riding, &c. should be understood before the greatest proficient can ascertain what will be suitable and agreeable to the lady. If a horse possessed every quality requisite and desirable for a good horse-woman, a lady of a nervous habit or timid disposition, would be so alarmed at the sprightly action and delicate sensibility of the horse's mouth, that they could not forbear cringing; the cringing of their body, always to the near side, and also that of the hand, (for fear is sure to hold fast whatever it grasps) makes the horse restless and uncomfortable.

No assurances or persuasions, assisted by all the philosophy the lady possesses, can wholly, at the instant, divest her of her fears; and while she feels the least apprehension, the hand will cringe, and the body be out of centre. This renders it very unpleasant to a horse that gallops airy with his croup in
in and haunches under, and prevents his going in his accustomed easy, free, and smooth manner; but though a horse of this description will not suit a middling or timid rider, there are ladies that would esteem him in preference to any other.

When ladies are timid, some gentlemen provide what they conceive a suitable horse for the lady, viz. a dull, dead, unmettled beast, which they term a steady quiet creature; but these are the most unsuitable, as they can only be made to go by active sprightly riders, who have lively hands, and can use the whip smartly. This, few ladies like to do.

Others conceive the horse they ride themselves suitable for a lady, because he goes safe and has no vice. Many horses indeed have these qualities, which are unfit for either gentlemen or ladies' riding, that know what horses should be; such, therefore, that pull at the hand (a quality which some gentlemen admire) would not be sufficient-
ly tractable, must render a lady very uncomfortable, and expose her to some danger, though the horse with truth may be said to be one of the gentlest creatures in the world.

I shall endeavour to describe, first, the essential qualities, and next the desirable. A lady's horse should be good-tempered, free, and willing, for a sluggish horse is the most unpleasant of any to a lady; but he must be nowise choleric, restless, or impatient in company—he should be steady and safe on the road—smooth in all his paces; with these natural qualifications he must be suitably drest or broke for a lady's riding; that is, he must be properly supplied and united, particularly to gallop with the right leg, the mouth made light and obedient. These are the essential properties of a lady's horse.

The desirable qualities of such a horse are infinite, and constitute his value. For he is rated in proportion as possessed of such
such qualities, as elegance of figure, powers, action, speed in the different paces, and the like. To describe these would fill a volume, and is a province I do not mean to enter upon, nor do I think it would be of any utility; for persons, unexperienced in horses, are continually in search of a perfect horse, and where they discern the most trifling defect, no consideration of other excellencies avail, and a farther knowledge would only deter them from ever suiting themselves.

Having thus considered the horse, the placing a lady on horseback with ease, and that her clothes may not bind, or be uncomfortable, requires some little practice; which the following directions and observations may greatly assist.

Let the assistant adjust the reins of the bit smooth, and of equal length, taking it up within the bridoon rein and dividing the reins with the fore-finger of his left hand; the lady receives the reins from him with her
her right hand, just before the pommel of the saddle, the whip being in it, which passes over to the off-side, putting her forefinger between the reins, and gently letting them slip, not to disturb the horse, till her hand rests, and lays hold on the near crutch or pommel of the saddle, standing then close to the horse, upright, with the face half turned from the saddle; the assistant places himself before her, and, where practice has been wanting to make either expert at this business, it will be best for the assistant to place both his hands together by the intersection of his fingers. He then stoops to receive the lady's left foot, which must be placed full and firm in them. The lady then places her left hand on his right shoulder, by which, and the hold she has on the pommel of the saddle, she steadies herself, while she bears all her weight on the assistant's hands, straightening the left knee and keeping it firm. The assistant now by raising himself, raises the lady to the saddle, where she pauses, while the assistant places the stirrup on her left foot.
This done, she shifts her right hand from the near crutch of the pommel, to the off crutch of the pommel, and the assistant placing his right hand under the lady's left arm, by the support of which, and hold she has with her left hand, she will raise herself upright in the stirrup. The assistant now with his left hand draws the cloaths next the saddle forward, which done, the lady places her right knee over the pommel of the saddle, and then seats herself; by which mode, if properly attended to, you will find several inconveniences avoided, such as the binding of the cloaths under the right knee, the difficulty of raising the knee over the high pommels now in use, &c.; should the cloaths want any adjustment behind, the lady with her left hand takes hold of the assistant's left hand, her right hand having hold of the pommel, and raising herself forward, the assistant at the instant with his right hand adjusts them smooth.

Young ladies, after a few times practice, become so alert, that the most trifling assistance
ON LADIES' RIDING.

ance raises them to the saddle; but others less active, or more fearful, have only to bear the whole weight in the assistant's hand as directed, and the assistant must not attempt to raise them till the right foot has quitted the ground, and the left knee nearly straight; otherwise he will prevent the lady from raising herself in his hand.

Should the lady be heavy or inactive, the more particular care is requisite in both, on the lady's part, that she bears her weight centrically, and perpendicularly in the hands, not putting her foot forward as she raises it, by which she would shove the person from her, and the assistant must be careful to place himself in such manner, that the lady may be between him and the saddle; his face directed so that he can stoop to assist the lady, without removing himself to a distance, for the closer he stands, the greater his power to assist.

Pinning the cloaths to prevent them ris-
ing uncomfortably, has a degree of skill attached to it, and is worthy the remark of those who have the assisting of ladies. The cloaths being properly adjusted as above described, a pin is placed under the right foot, at the narrow part next the heel; but care must be taken first to pull down and adjust the under cloaths in such a manner, that the pin may confine the underside as well as the outside, in like manner as it does the skirt of the habit, or the lady in a short time will find them rise very uncomfortably. Should the lady wish to have the skirt pinned snug, which somewhat prevents the cloaths rising behind, or holding so much wind in boisterous weather, take hold of the bottom of the skirt, extending it as far behind as it will reach with the right hand, the left hand in like manner adjusts the coat, then the left hand marking the fold, having hold of the under part of the skirt, the right hand smoothly folds the garments under, bringing the fulness of the skirt to be pinned before the left leg, below the knee, Holding them in that situation
situation underneath with the left hand, while you pin them with the right through all the garments; suitable pins should be provided for the purpose, long enough to pass several times through the garments.

Precision in these particulars needs no apology, to ladies who have experienced the inconvenience of having them pinned by persons not much acquainted with it; others may think I have been tediously particular; but be it remembered, though some persons are fertile and ingenious of invention to effect their designs, others are slow of conception, and destitute of contrivance—such want every assistance to accomplish handily the adjustment of a lady on horseback.

When ladies become expert horsewomen, they can adjust their cloaths when they become uncomfortable by riding, without assistance, consequently are not so necessitated to have their cloaths pinned. This they can do when riding at any pace, or standing still, at their pleasure. The method of doing
doing it, is to take the reins in the right hand as directed, when mounting, holding by the off crutch, or pommel of the saddle, and raising yourself up; the action of the horse, if moving, will then considerably assist you. With your left hand, each time you rise, pull and shake your cloaths down, and endeavour to raise yourself as high as you can for that purpose. When the cloaths rise before, it may be necessary to remove the knee from the pommel; this few ladies choose to do (nor is it advisable, but when the horse stands still, or is only in a slow walk,) you then, having hold as before, and leaning the body back—but raising yourself upright in the stirrup is best—you remove your knee, and thus standing, let the garments fall down by a momentary shifting of any part that presses them to the saddle, which done, place your knee again, and seat yourself. Pouches in the skirts of the habit, with leads in them, are very convenient; the habit flows more graceful than when pinned, and the coats may be pinned under the skirt, if the lady prefers it.
Ladies dismount their horses with or without assistance occasionally; they then first shift the reins to the right hand, and apply it to the off crutch of the saddle, then displace any pins that were employed in the habit; the gentleman will officiate in this, if present, likewise of clearing the lady's cloaths from the pommel of the saddle, as the lady raises her knee over; then taking the stirrup from the foot, the lady shifts her right hand to the near crutch of the pommel.

In whatever manner the lady may choose to dismount, it is necessary at this juncture to be particularly careful that every pin is clear, and the cloaths off the pommel of the saddle, and the stirrup free of any entanglement.

If the lady is alert and active, she may dismount very gracefully by giving her left hand into the gentleman's left hand, and springing just sufficient to clear the saddle, she will alight on the balls of the feet, with
the knees a little bent, so as to drop a small curtsey, which will prevent any jar, which might otherwise take place. The gentleman must have his right hand ready to apply under the lady's left arm, as she alights, with which he not only lightens her down, but prevents any accident that might occur by the lady's foot alighting on any thing that might occasion her to slip. Should the lady not choose to spring in this manner from the horse, she will lean forward, and the gentleman will receive her with a hand under each arm, and lighten her to the ground.

When the lady dismounts without help; after clearing her stirrup, and every thing as above described, she will turn herself to the right in such manner, that she may lay hold with her left hand, of a large lock of the horse's mane, keeping hold at the same time of the near side of the pom-mel; then springing from the horse to clear her cloaths, she will alight on the balls of her feet, with her knees a little bent for the purpose
purpose as before directed, and her face to the horse's withers, keeping fast hold with both hands till she is firm and secure on her feet.

The position our British ladies ride in, seems to be adopted for delicacy more than security. Foreign ladies ride astride like gentlemen, but though their seat may not be sufficiently strong to contend with violent plunging horses, I can assure them it is perfectly secure to ride such horses as are proper they should be put on, or to leap any horse that practice has taught to leap aright. And to the honour of the ladies be it spoken, I have ever found less difficulty in teaching them than gentlemen, and in general as little apprehensive at their commencing. The reasons I assign for this, are, that their balance is better preserved by the pommel of the saddle, than the gentlemen are at their first riding, even with the stirrups, which they are sure to make an improper use of. The care taken during infancy that they should carry them-
selves upright, and let their shoulders and arms fall in a becoming and graceful manner, relieves the riding-master of much concern in that particular; then, the delicacy of their texture makes them less prone to hold hard by the bridle, by which they sooner acquire a proper correspondence with the mouth, and that effective operation of the hand which governs by the lightest touch.

To describe the ladies' seat, I shall make three divisions, but different from those of the horseman.

The first I shall mention, is the left leg entire, on the foot of which the stirrup is placed. This part is nearly, if not wholly, useless; for though a stirrup is placed on the foot, the only use I know it to be of, is to ease the leg a little, which, for want of practice, might ache by dangling and suspension; and I can assure the ladies the deprivation of that limb, will be no detriment to their riding. Nevertheless, the keeping it steady in that position which it will naturally
ly assume, will be requisite for their ease, and the support of the two will brace the muscles, and contribute to effect such purpose; but where ladies become great proficient in horsemanship, this leg may be employed to aid on the near side, and the whip on the off.

The second I shall notice, is the right leg entire; including the knee and breach, on which the weight principally rests, the knee over the pommel and the leg kept back, with the toe raised, grasps the pommel, and laying close to the fore flap of the saddle, which in the best sort is stuffed and quilted for the ease thereof, can take a very firm hold, and is the lady's principal support and dependance; this part is stationary and immoveable, varying only the strength or exertion of the muscles as the action of the horse or circumstances may require.

The last is the body, from the seat upwards, the position and properties of which
are exactly the same as have been described for gentlemen, a repetition of which is needless. I shall, therefore, only make such remarks as may correct the erroneous propensities, and corroborate the facts. The body being upright, the weight must rest on the centre of the saddle, independent of the stirrup, and the body keep square to the front or head of the horse. When the lady sits too far over the saddle, she will neither be square to the front, nor upright, a circumstance that should be carefully avoided, as it causes her to lean to the near side, to the destruction of every property of the hands and aids of the body.

On the other hand, the lady must be mindful not to bear any weight in the stirrup, nor hang by the pommel, a circumstance which must occur whenever she leans to, or slips from the centre to the near side; which will, doubtless, render the horse very uncomfortable, and wring his back and withers. A greater apprehension of falling on the off side, than the near side, occasions these
these propensities; and the following lessons to correct such propensities or avoid contracting them, if ladies will forego the pleasure of riding till they have acquired a true balance and correct position, will be found the best. But the desire young practitioners have, in every science, to proceed to a new lesson before they are perfect in the old, frequently prevents their ever becoming proficients, and, I believe, no art has more smattering professors than horsemanship.

Riding in circle is preferable for ladies as well as gentlemen to acquire the balance; and, as managing the horse cannot be expected at the commencement, a rein must be affixed to a cavison, or the bridoon, and the attendant will direct the horse in circle, which should be one accustomed to the longe, as going more regular and steady.

Practising without the stirrup, and endeavouring to acquire a steady seat without any assistance
assistance from the reins will be best; for this purpose, sit upright and direct the eye and present the body to the horse's nose, which in the circle will be more or less bent within. Ladies should be practised first, and mostly to the right, to divest them of the natural propensity they generally have of leaning to the near side of the horse, beginning first with a walk, then a slow trot, and increasing the action, as the lady acquires firmness and freedom in the saddle.

When the lady in a smart trot has acquired the freedom of leaning to the right, so that she can see the feet of the horse on the off side, there is reasonable appearance of her seat being correctly established. Occasionally trying this, will discover the great and principal support the lady has from the right leg, which must then be kept back and pressed close to the fore flap of the saddle, a small shifting of the seat to the left, will be found a necessary proportion to that degree of inclination the body may take to the right, and the seat returning to the centre
centre as the body assumes an upright position by the support of the right knee, shews the stirrup to be unnecessary, further than for the ease and support of the toe, or rising in the trot, but useless in point of security.

After a lady has acquired a good seat in the longe, the theory and properties of the hand must be clearly explained, that she may be able to manage and govern the horse by the aids of the body, which in no instance, differ from what has been described for gentlemen, and the lessons directed for the improvement of their hands, may, in like manner, be practised by ladies. The pressure of the whip on the off side, behind the girths, may be substituted for the gentlemen's right leg, for which purpose the whip must he carried with the lash downward; at other times the whip may be differently carried, but never in such a manner, that the lash may touch or tickle the hind quarters or flank. The situation that gentlemen carry their whip and hand is equally
ly proper for ladies, in addition to which, the ladies may occasionally carry their whip arm strait, hanging pendulous from the shoulder; the thumb turned outward will prevent the arm shaking, and the whip held in the manner you would a pen, with the lash downwards—this position is esteemed very graceful in a gentle trot or a slow gallop.

When ladies, by theory and practice in the trot, can keep a proper correspondence with the mouth, and have acquired an effective operation with the hand, it is proper for them to gallop. Not but most ladies (and gentlemen likewise) are put to the gallop before they have attained such proficiency. But then, if it is not through the ignorance of the teacher, it is at the desire of the pupil; and, when you have to teach adults, who pay you for attendance, the object of pleasing them, is as much your interest as teaching them. And this is one reason that so few make so little proficiency in riding.
The instructions already given for gentlemen, are applicable to the ladies; therefore, the same rules, without further explanation, must be observed—viz. thrust the rump out behind, raise the chest, keep the back hollow and the muscles firm; but not so much as to occasion too great a stiffness or fatigue of the muscles.

In leaping the bar, the hand and body act in like manner as the gentleman’s; a firm gripe with the right knee must be observed, but no stress to be put in the stirrup.

The rise in the trot is all that further appertains to ladies’ riding, and this, certainly, is not so easily acquired by ladies, as gentlemen; nevertheless, practice will soon overcome the difficulty.

The observations I have made for gentlemen, on this subject, are necessary for ladies to be acquainted with, I must therefore refer them to vol. i. p. 77, on the subject, and
and at the sentence of your bringing your body a little forward, when the action of the horse raises you from the saddle, a greater portion of your weight will be received by the right knee, by which, and a light pressure with your left foot you ease your return to the saddle. Ladies must be mindful in rising, that they do not twist their bodies, nor rise to the left side, a fault many are addicted to. To avoid such a practice, endeavour to keep the right shoulder back, and raise the body in a line to the horse's right ear.

Avoid laying hold on the off crutch of the saddle on any occasion (unless you are absolutely likely to fall) for you certainly will imbibe erroneous habits if you accustom yourself to that practice.
REMARKS AND DESCRIPTION

OF

UTENSILS USED IN BREAKING AND RIDING.

I now come to the part of breaking horses; and, to begin systematically, I shall give a description of those things which are used in breaking, riding, &c. The first thing that occurs, is a common hempen halter, a utensil so universally known that it needs no description; this is the first thing that is applied to a colt, and, as it may be some weeks before it would be prudent to take it off; it should be sound, and a webbed one is most suitable to sit easy under the stall-collar, bridle, and cavison. For, till such time as the colt is familiarized, you would have much trouble to put these things on without his getting loose; therefore, the halter is not to be taken off that you may have something
something to hold him by, till he is accustomed to be handled. Since the halter is to remain on, you must fasten it by taking a one-turn knot, to prevent it getting too loose, or drawing too tight when you hold him by it, which would frighten and alarm him very much at first. It must be sufficiently slack not to incommode his feeding. The end of the halter, at those times, when you do not use it, is to be loosely fastened round his neck, in such manner, that it may not be in the way nor incommode the colt.

The next thing that presents itself is the stall-collar; this, also, is a thing so well known as to need no description. But it may be necessary to caution those who have not been accustomed to the first handling of colts, that it should be uncommonly strong, and securely put on, the reins sufficiently strong to hold him, the rings, staples, manger or whatever he is fastened to, so firm as not to give way to any effort he may make to get loose; for you may reasona-
bly suppose he will make a trial; some do to the utmost of their strength, and when any thing gives way, it encourages them to future trials. I have known colts, after breaking loose, could not be held by any common new hempen collar reins. In these cases we are under the necessity of swinging them, to break them of this habit.

The method of swinging them is to get a farrier's halter, (some of them are stout enough to hold half a dozen horses) and make him fast to any post or tree that will not give way, and irritate him to hang back; after a trial or two, at his utmost, he will desist, nor will you be able to provoke him to future trials.

This leads me to notice the placing of the halter or collar, for I have heard instances of horses dislocating their neck from the halter being improperly placed. On these occasions, therefore, you must be particular; and at all times it is best, to be mindful to place the headstall of the halter or collar
collar close behind the ear, should it be far back on the vertebra of the neck, a sudden and violent pull of the horse might occasion a disaster. Stall-collars have, or should have, fronts to keep the headstall in its place, and to fasten a horse that is accustomed to hang resolutely back with a halter: a stall-collar without a front, for a whole night, is dangerous, though you might be careful of placing it right, because you are not certain of its continuing so.

The cavison is the next implement that comes to be used; the use that is now made of it is to securely hold colts, or stiff and untractable horses; formerly, they made use of it, to bend and confine the horse's head, in situations very unnatural and painful; but as this old system is laid aside, and a much better one adopted, I need only explain the modern cavison.

It consists of an iron nose-band, having a joint in the centre, and loop, or eye, to buckle the rein to; the edges of the band on
on each side this centre-joint, which fixes on the nose, is turned in and jagged to operate severely, as the horse makes resistance; two other joints, one on either side, from which joints the iron part is continued smooth and flat, from three to four or five inches, agreeable to the size of the cavison. At the end of which, there are eyes for the fixing a leather strap to the near-side, and a buckle to the off-side, which buckles under the jaw; two other loops, or eyes, are made in the iron strap close to the joint for fixing the head-stall to. The head-stall, fixed as above, is made to take in or let out with a buckle and front, like unto a bridle. The throat-strap must be fixed at that part of the head-stall, on each side that comes nearest the eye, that when buckled tight under the jaw will prevent the head-stall chafing the eye by the play, which the cavison must unavoidably have. A rein or rope, about fifteen feet long, and sufficiently strong, fastens by a stout buckle and billet to the loop in the nose-band.
To take off the extreme severity of the jagged edges of the nose-band and prevent chafing the hair, it is covered with stout leather; so that if it is buckled moderately tight it sits easy and only operates severely by the resistance of the horse. I have been particular respecting the mounting, because it being a thing not in such general use as a bridle, I have found it necessary to direct some saddlers how I would have them mounted. And the next article being made by saddlers and collar-makers, principally by direction of those who want them, I shall likewise be particular in that also.

A circingle and crouper fitted up for the longeining of colts; this with the cavison and bridle used for such purposes are together called the longeining tackle.

A common padded roller may be made up for this purpose. Gentlemen for their private use may have them made of what materials they think proper, as broad girt webb, elastic worsted, with four straps lined and
and faced, agreeable to their taste, &c. The elastic worsted is certainly most pleasant and comfortable; but where there is much and a continued use for them, they are usually made of leather.

A comfortable padded roller of such material as you think proper, may be fitted up as follows:—two very strong leathern loops fixed on the hinder part of the pad, about four inches from the centre, on either side, for a double-secured crouper. The leather may be continued across the pad to form two other loops in the front, for the reins to be fastened to. Two stout double-crouper straps, which are passed through these loops, are to intersect each other on the horse's rump, and the splicing and sewing must be neat and smooth, not to chafe and rub the hair more than cannot be helped. The part that receives the dock should be large, stuffed with cotton and tallow, or as is usual, to sew a candle in, and must be made to pass under the tail, and buckle on the near side. A loop may likewise be made on
on that part of the crouper where the straps intersect for the purpose of making a rein fast to, should you have occasion, as may be hereafter pointed out; other loops, as many as three or four on each side, at three inches distance from each other, may be placed on the fore-part of the pad and circingle, for the purpose of fixing your reins high or low as you may think proper; the loops must be made sufficiently large for stout reins, and the buckle at the end to pass readily through. This is the fittest manner I can devise, and if the circingle was made to buckle to the pad on each side, it might, by taking up and letting out, on both sides, suit a greater variety of sized horses; which may be a consideration to those who have but one. That strength may be attended to, I have to observe, that some descriptions of horses might be spoiled for general use by finding themselves capable of breaking the tackle.

_Bridles for Longeing._—The properest bridle for longeing is a snaffle-bridle, with running
running reins; that is, a snaffle-bridle with long separate reins, one end of each rein fastens by a buckle and billet to the saddle, or longeing-pad; and the reins passing through the eyes of the bit, the other ends buckle together for riding, or each end is fastened to some part of the pad or crouper, as may be convenient for longeing. The length of each rein for riding, should be about seven feet long; and those for longeing nine-feet; or as long as the hide will admit them to be cut, for there should be no joint if it can be avoided; because every part of the rein, one time or other, may have to traverse through rings, or tie in knots which should readily slip.—Splices, therefore, will be found impediments.

A bridle of this kind, fitted up for the purpose of breaking a variety of horses, should have buckles and billets, to apply what bit you please; there should be small rings or D's, sewed on the head-stall, on each side where the front comes, with a slit in the front for them to come through: these D's are
are occasionally to buckle rings of an inch and a half diameter, by means of a strap that will suspend the rings, and take up to two, or let down to six inches in length; when these rings are used, the reins which are buckled to the saddle or pad, first pass through them, and then through the eye of the bit; the meaning is to make the reins operate higher. With horses that are inclined to carry their head too low, to this bridle must be attached a bit suitable for the purpose you are aiming at, or the subject you have to work on. — This leads me to a discussion

**ON BITS.**

Bits are of two kinds, the one operating on the horse's lip, by compressing it against that part of the horse's jaw, called the bars, which is the gums between the tush and grinders; these go under the denomination of snaffles and bridoons.
The other, compressing the bars and the beard by the assistance of the curb and power of a laver, are commonly called bits; but, as the ingenuity of man has, from time to time, varied the construction, fashion, and sometimes properties, very injudiciously, they have received names and appellations which have been applied sometimes to one bit, and then to another, that a bit-maker now cannot be certain of what bit you mean, except enquired for by its distinguishing name, viz. the Cannon Bit, the Pelham Bit, the Pembroke Bit, the Weymouth Bit, the Hard and Sharp, the Portsmouth, &c. &c. Leaving, therefore, any enquiries about names, I shall proceed to notice those only which I conceive useful and consistent, and omit all the petty whims and inventions, which are innumerable, and originated some from the bit-makers to promote trade, (since many will have whatever is new) and others from conceited horsemen, who require a bit to make up for the deficiency of their hands.

Though
Though I admit but of two kinds of bits, yet their construction may give mildness or severity in their operation. I shall, therefore, begin with the mildest bit, which is sometimes called a colt's bit, or mouthing-bit: the part that compresses the lip against the bars is made large and smooth, for the larger the mouth-piece of the bit the milder it operates, as you may judge by only lifting a heavy weight, first with a thin ring and then with a thick one. This bit is rendered still milder by the centre of the mouth-piece being united by a ring, which renders the pressure less severe. There is usually to a colt's bit, a flat triangular piece of iron suspended to the ring, and three or four drops suspending from that; these are intended to stimulate the tongue to move, which promotes slaver; by which means, the mouth is kept cool and refreshed; for when the mouth is dry and hot, it becomes numbed and insensible. The cheeks to this bit, and all snaffles, should be six inches long, and the eye to fix the head-stall and reins sufficiently
sufficiently large that stout reins may freely traverse.

I shall next notice, the common plain snaffle; the mouth-piece of which is generally about the thickness of one's finger; they are so well known that they need no description. If you take the mouth-piece in your hand, and pull by the reins with the other, you will comprehend immediately their operation; and, if you try the colt's bit in like manner, you will perceive how mild that is rendered by the ring uniting the mouth-piece. This snaffle may be used after the colt's bit, and is proper to ride with by those who prefer snaffles; some variation in the powers of this bit will be occasioned by the length and thinness of the mouth-piece, which renders it sharper—thick and short will be mild. To render the snaffle more severe, a twisted one will be found to answer; the deeper they are indented, consequently the more acute will be the operation. These, therefore, are proper for horses that have hard callous lips; some are more
more callous and insensible by nature than others, but many are rendered so by heavy dead hands.

Horses that have their shoulders well back, their crest rising, and neck arched, so that the nose, when they are united, does not exceed forty-five degrees from a perpendicular to their forehead, will ever ride pleasant and manageable even a hunting with the snaffle, and it is the preferable bridle to ride such horses with.

The bridoon is a snaffle without the cheek; this is only used with another bit, and the cheeks would interfere and be more incumbrance than use.

The mouth-piece of the snaffle must be placed in the mouth, not to gag or wrinkle the corners of the mouth, and it is of no consequence how low, so that the horse cannot get it over his tush, for the operation of the reins brings the snaffle to the place it is to act.

This
This is all I see necessary to take notice of respecting snaffles; all other inventions that I have seen, I consider useless—mere whim or fashion. A man may tell me he cannot hold his horse without a double mouth-piece: I shall answer, that he prefers governing the most noble and generous animal in the creation by torture, rather than submit himself to be taught how to manage him by milder means.

I now come to notice, what goes under the general appellation of the bit. This, also, is universally known to those conversant with horses, but not so universally considered. Its parts are, the mouth-piece-curb, curb-hook, cheeks, and branches. The mouth-piece is that part received within the mouth, the length of which, should be agreeable to the size of the horse, usually about five inches, and round; the ends of which should rest on the bars, and the middle form a cavity for the tongue to lie easy and undisturbed.
The cheeks are the upper part of the laver, above the mouth-piece, on each side the jaw; the branches are the lower part, and are straight or crooked agreeable to fancy: the power of the bit chiefly depends on the length of these, and I have seen some only three inches in length, others twelve, both of which are inconsistent extremes. Each end of the mouth-piece is fixed into cheek; which should be at the distance of two inches and a half from the top, and soldered or rivetted to be as firm as one piece. The curb is a chain, so constructed as to lie smooth and flat under the jaw; one end of the curb is clenched fast to the upper part of the off cheek of the bit, and a hook is clinched to the near cheek, to link the curb-chain to. Rings at the extreme ends of the branch, for the reins to be sewed to, are preferable to loops.

The powers of the bit increases in the proportion as the length of branch exceeds the distance the curb is fixed from the mouth-piece; so, that if the curb is fixed
fixed two inches and a half above the mouth-piece, and the reins operating from the lower part of the branch five inches below the mouth-piece, for every ounce you pull on the rein, you press two with the curb on the jaw, and three with the mouth-piece on the bars. By this rule, you will say that the length of the branch and cheek is of no consequence, so that the mouth-piece is fixed at that part which gives the branch double the length of the cheek. According to the mechanical powers of the laver, it certainly would not: but then we must suit our laver agreeable to the purpose we want it. For were the curb-chain to be fixed at only one inch above the mouth-piece, you could not hook the curb so tight as to operate with any power on the jaw; or, if you did, you would confine the branch in a situation that loses its power, as will appear presently. It will be found from the under part of the mouth-piece, which rests on the bars, to the eye, that the curb and the hook which it is fixed to, must not be less than two inches and a half; by reason, a less radius moving forty-five
five degrees, will not give a chord sufficient to operate against the play the curb must unavoidably have. This being determined, you may have a bit made of what power you please. The distance of two inches and a half for the curb to be fixed, being found sufficient; to give it a greater distance would diminish the powers, or give enormity to the branch.

The length of branch may be varied according to the powers you want in the bit; for general use, or what I would recommend for the army, is about five inches; which, with the loop the head-stall is sewed to, the cheek and branch, makes together about eight inches in length.

Gentlemen who have heavy hands, and light-mouthed horses, must have their branches shorter by an inch; and those who cannot govern their horses, but by the extreme powers of the bit, must lengthen the branch an inch.

Respecting
Respecting fashion, it makes good for trade, and a variety of forms may be invented that would not alter one property; consequently such cannot be objected to. The cheeks should have round loops for the head-stall, rather than square ones, because the leather sits smoother and pleasanter, as the bit operates. All corners or edges that can possibly rub the horse's cheek, or chafe the hair off, should be avoided. The cavity in the mouth-piece for the tongue, I by no means would be understood to be a high portmouth. Those high portmouths were invented to force the jaws open, and render the horse very uncomfortable, but that is no consideration to the man that cannot hold his horse by other means. Smooth rollers on the mouth-piece are immaterial—they effect neither good nor harm; I have been induced to enquire of the saddlers and bit-makers, if they could point out a use which I could not discover, but have never been answered to any purpose. One man told me, if the horse got the mouth-piece between his teeth, the branch and curb
would not be obstructed from operating, and I suppose such an idea as this caused the invention. But as the horse cannot possibly get the mouth-piece to his grinders; and the head-stall, if buckled to a proper length, will not permit him to get it between his tushes, much less his gatherers, they are useless in that respect.

The form of the branch may be after what fashion you please, so that you retain the power you require; variety of curves and and figures have been invented, some only for fashion, others to prevent the horse lodging the branch on his gatherers. This is what many horses will do, without having any mischievous intent. But as the bit does not properly operate, it should be prevented; which is easily done by a small chin-strap, if properly placed and buckled; but many are so constructed as to be of no use. Should a person be unprovided with a chin-strap, and the horse addicted to get the branch on his teeth, you can dislodge it by slacking the hand, and shaking the reins, but
but the harder you pull, the firmer it holds on.

With the bit, a bridoon is usually mounted; this leads me to a few remarks on mounting a bridle.

Here I shall avoid interference with fashion, and only note convenience. There are two methods of mounting a bit and bridoon bridle: the first, and the most usual, is adapted for riding the extended paces, and hunting—this has the longer and stouter rein fixed to the bridoon, and the shorter one to the bit. I see no occasion to say more on this method, being universally known.

The other method is calculated to ride in the united paces, consequently is used in the manege, the army, and for ladies' bridles, &c. It is usual to fix the bridoon to a separate head-stall from the bit; this has its inconvenience, for we use but one rein of the bridoon to support the position, and if
the horse is stiff, or reluctantly bends the the bridoon, having no cheeks, will draw through the mouth. But the more old-fashioned way was to fix the bridoon to the same head-stall, having it sufficiently wide to divide at the ends, one to receive the bit, and the other the bridoon, and by this method the bridoon cannot be drawn through. If the former method is adopted, you must have a nose-band, with loops in the head-stall of the bridoon for it to pass through, and that may prevent it. The shorter and lighter rein is to be fixed to the bridoon, the stouter and longer rein to the bit. This rein is usually joined in the middle, by putting end to end, with a piece of leather between to thicken the substance, that a slider on the reins may not pass over. This method is readily to ascertain the middle, to adjust the reins even.

But there is an oversight committed in this, for the near or left rein should be at least half an inch longer than the other, by reason it has to pass under the little finger, and
and on the outside of the left rein over the fore finger, which will make a difference from half to three quarters of an inch.

I think further remarks would be tedious, and therefore shall proceed to the adjusting the bridle and curb: this is a material thing, since the powers of the bit may be lost, or the bridle rendered very uncomfortable to the horse for want of being properly adjusted.

In the army they are very particular to see that every horse has his bridle adjusted, and it is very proper they should; but I have seen them adjusted, not agreeable to my notions and opinion, therefore I shall speak fully on this subject.

To guard against what is termed the horse running through his bridle, that is, the curb being too slack, so that the branch loses all its power before the curb takes any effect, they run into the opposite extreme, where the branch loses great part of its power, and the horse rendered uncomfortable by the 

\[ \text{k} 2 \] gagging
gagging of the bit. Uniformity is much regarded in the army, since the whole regiment has an uniform bit of the same powers and dimensions in every part, but the horses may vary widely, some carrying their heads high, others low, some poking their nose out, and others bridled to the chest—these circumstances require a trifling difference in the adjustment of the curb. It therefore requires some knowledge of the horse, to know precisely how to adjust his bridle.

I shall first remark what I noticed to be the standing orders for the serjeants to see that every horse's bridle should be adjusted agreeable thereto. The bits were placed so high in the mouth, that the bridoon wrinkled the corner of the mouth, and the curb was so tight as to keep the branch in a line with the head-stall of the bridle, nor could the operation of the reins have forced it more than twelve degrees back; this, no doubt, was considered the best and properest for general adoption, and certain to prevent the horses running through their bridle.
Now let us examine the propriety of it, or rather impropriety: first, the taking up the head-stall to place the bit so high in the mouth, interferes with the operation of the branch. For only unhook the curb, and pull on the branches, and you will find they are obstructed by the tightness of the head stall, and the mouth-piece must rise to gag the horse before they can operate with power. The curb must unavoidably have that slackness which the depth of the curb-hook gives it, which, to a stout bit, is nearly an inch. Now from the straightness of the bit, a considerable operation must take place on the branch, before the curb has any operation. And the operation which takes place, though the powers of the bit are diminished, affects the horse unpleasantly, gagging him, and causing him to raise his nose. Beside, if one part of the jaw is more feeble than the other, it certainly is the lower part, and therefore we would wish the bit to operate as low as it consistently can.

If we examine in what situation the bit operates
operates with the greatest power, it will be found, when the direction of the reins form a right angle with the branch of the bit; and the more acute or obtuse angle it makes, the more power we lose. To elucidate this, I have given a print with a moveable head, and described the branches of the bit in two situations, the one in the manner I have seen horses directed to be curbed, and the other after the manner I recommend them to be curbed, the threads passing from the situation of the hand to the branches, represent the reins; and if you move the head in any possible situation that the horse can place it, you will find the branch (No. 1), which is the manner I recommend, has the greatest power, the reins operating farther from the centre, and forming an angle with the bit, less acute than the other.

In adjusting the bridle on the horse, the head-stall must be of that length that admits the mouth-piece of the bit to rest on the bars, a little above the tush; the bridoon a little shorter, but not so high as to wrinkle the
the corner of the mouth, the throat-lash buckled rather loose, to admit the horse when going to bridle his head. The mane is usually cut close where the head-stall comes, and the finger should clear any part of the mane, or fore-top, that may interfere with it. The foretop when combed smooth, may be put over or under the fore-top; the curb is the last thing adjusted, and though a trilling variation may be proper, according to the manner the horse carries his head, I shall set down that criterion which suits the generality of horses.

The curb-chain, observe, is to pass under the bridoon; therefore, put your right hand under the bridoon reins, to take hold of the curb-chain; and, with the left, put two fingers within the cheek of the bit, and with your thumb take hold of the curb-hook.—The end links of the curb-chain being in your right hand, turn the chain to the right, or as you would turn a screw, till every link lies smooth and flat, as though it was a strap, and ther without losing a half turn,
put that link on the hook, as appears to be most appropriate, i.e. neither tight nor slack, and examine how the branch operates. If the branch has liberty to move 45 degrees, and no more, it is the criterion I judge most proper; but a few degrees, more or less, is not to be regarded. Nevertheless, if one link of the chain confines it to 35 degrees, and putting it one link looser, gives it liberty to 55 degrees; the manner your horse carries his head must determine which of the links is most proper. If the horse naturally carries his nose high, let the branch have 55 degrees; if he brings his nose in, 35 will be best.

If there is a chain-strap, the strap must be placed so high on the branch, that when passed through the ring in the curb-chain, it must be buckled to that tightness that precludes the possibility of the horse lodging the branch on his teeth. Unnecessary tightness should be avoided, as it renders the bit less comfortable to the horse.
It is necessary that every gentleman should not only know when his bridle is properly adjusted, but also be able to alter it; and having in my professional practice, witnessed the awkwardness of young horsemen, I have been more explicit in this than some may think there was occasion.

Now if we take a review of the bit, as I have directed it to be placed, it will be found perfectly pleasant and agreeable to the horse; for while he is obedient to the light and delicate aids of the hand, he can champ on the bit, and move it with his tongue, which enlivens the bars, promotes slaver, and keeps the mouth cool. And should circumstances occur, by being put out at speed, or otherwise, that you want the powers of the bit, you have it to the greatest advantage; for the lower the bit is in the mouth, it operates on the more feeble part of the jaw; and the branch having 45 degrees liberty, has its greatest power, nor can the horse put his head in any situation, but the bit will retain a sufficiency of power.
To demonstrate this, move the head to what situation you conceive it possible for the horse to put it, and you will perceive the branch at forty-five degrees will operate farther from the centre, and upon a less acute angle than the other, even in the natural situation of the head, which is when $45$ is placed against $45$, you will perceive the branch at $15$ loses one inch, by the reins operating one inch nearer the center. The circles are placed at half-inch distances, and will convey an idea of the power you lose by the horse throwing his nose up, and accounts for his so doing on every abrupt and harsh operation of the hand.

I cannot perceive one advantage the bit has in being placed high in the mouth, and curbed so tight; but, on the contrary, exclusive of the powers you lose, you benumb and deaden the mouth by the bit being so confined that scarcely the tongue can move. The visible uneasiness of the horse from the operation of the reins, may be thought to be occasioned by the severity of the bit, but this
this is a mistake—it is the unpleasant gagging
the bit that causes his uneasiness, and not
the pressure of the curb on the chin, nor
the mouth-piece on the bar.

Though I object to the curb being too
tight, I must caution you against having it
too slack; for though the horse could not
run through his bridle, if the branch went
seventy-five degrees back, if the horse car-
rried his nose high, yet if he bridled his head
in, your reins would form such an obtuse
angle with the branch, that you would lose
the power of the branch: therefore, adher-
ing as near as you can to the medium of
forty-five degrees will be found best.

ON SADDLES.

The modern saddles now in use, when
they first came up, were distinguished by
the name of hunting-saddles, and the old-
fashioned ones, with one deep skirt, were
called road-saddles. The inconveniences of
these saddles have put them out of use,
so that you rarely see one now, but

with
with old post harness. Those who have never rode on these saddles, may not be aware of their inconveniences, and those who are fond of singularity may be induced to order one on the old construction. The absurdest whims are followed, if set on foot by those who lead fashions; witness, a short time since, every horse must have a collar and martingale, let his head be placed by nature in the most desirable manner. At another time, every horse must have a breast-plate, though his belly was like a mare with foal; others with croupers, though the horse was tucked up, and run through his girths.

Now the inconveniences of the old single-flap saddles are, that if the flap is short, your knee is not protected from the girths and straps; if the flap is made deeper, it unpleasantly interferes with the top of the boot, if you have the flap still longer, the stirrup-leather will cause it to rub and chafe the leg. If you have a sircingle to prevent it, the stirrup-leather is confined and unpleasant; and should your foot quit the stirrup,
rup, you cannot, without stopping your horse, conveniently get your stirrup again. These inconveniences have done away their use for the present.

The modern saddle does away all these inconveniences, by the stirrup-leather being outside the deep flap; and though the flap be cut ever so deep, it needs no sircingle to keep down, provided the leather is of that substance it ought to be; but if it is a thin flabby piece of leather, it will rise with your knees, and be unsafe to ride a horse over leaps, &c. The short flap covers the aperture where the stirrup-leather comes through, and when properly made, you feel no inconvenience from it; but I have rode on saddles where the edges of this flap have chafed me—I believe it might be occasioned by the flaps being too short.

I have seen a single-flap saddle, with a small neat hole cut for the stirrup-leather, to come on the outside. I see no other objection to this than the eye-sore, which would
would be thought nothing of, if general, and the preclusion of altering your stirrup without dismounting. Now, gentlemen have done away this convenience in the modern saddle, by having the ends of the stirrup-leather put under the deep flap, and when there is occasion to have them altered, it is attended with some difficulty, and the flaps are liable to be, and are frequently torn when they become hard and dry with doing it. But I prefer the end of the stirrup-leather on the outside, that I may alter my stirrup as I like, in a full gallop if I please.

It is certain, were any thing constructed and brought to the highest perfection, the most ridiculous absurdities would be substituted for fashion's sake. But a few years ago, the pommel of the saddle was made to a point, as small as the end of my finger, which might mortally injure a person were he to have the misfortune to be chucked upon it. If a regimental saddle had a high cantle, to prevent the forage and necessaries a soldier carries on his march, riding.
riding on the saddle, what necessity can there be for the gentleman to adopt the same, who will not carry his great coat behind him. These absurdities have taken place, and others will, when stilish people shall introduce them.

Let us consider the use and utility of the saddle, and we find it intended to enable the horse to carry his burthen with more ease and comfort to himself; this is the first consideration—and the next is, to make the seat pleasant, secure, and comfortable to the rider; other considerations are convenience and fashion. I had an ingenious acquaintance, a riding-master, who has since served in the army; regretting the injuries horses sustain by saddle-trees, he told me he had invented a saddle without a tree, and I expected an invention of this sort to appear; but finding it did not, I was inquisitive to be informed of my friend's invention, and found he had overlooked the first and original intention of the saddle, and had constructed a pad in the form of a saddle, whereon
whereon a person might ride pleasant and secure enough; and, were the rider's security the first consideration, a dealer's show-cloth properly buckled on, affords as secure a seat as a peak saddle, and we need seek no further.

But in what manner does the saddle relieve the horse?

First, he is relieved from the friction of the thighs. The action of the horse always gives the body motion, and the saddle prevents the horse receiving the friction he would endure if bare-backed, or only a cloth on.

Next, the weight of the rider is distributed and conveyed to parts more capable of sustaining the weight. For instance, when you ride without a saddle, the horse sustains your weight in the middle, or most weak part of his back; but when you ride on a saddle, your weight is distributed, for the saddle has bearings before and behind,
but none in the centre, or weak part of the back.

From hence we may infer, that the saddle should be proportioned to the size of the horse; and the short saddles used for racing, are constructed more for lightness than ease. Not that I would have a saddle too long, as to reach from his withers to his rump; but that the bearings before are clear of any interference with the shoulder or plate-bone, and behind not to extend to the hips by four inches.

The fitting of the saddle greatly contributes to the ease of the horse, and this commonly is only partially considered; for when a strange saddle is put on a horse, if it is not likely to crush his withers before, and come down on the back-bone behind, it is judged sufficient. But if a horse has a weight to carry, or a long journey to perform, particular attention should be paid to the fitting of the saddle, for a horse may be rendered very uncomfortable, though the saddle
saddle neither presses on his withers or his chine.

For the saddle to fit well, the bearing should be equal on every part that is intended it should touch; and the closer it comes down, so that neither the weight of the rider, nor settling of the pannel, cannot bring it to injure the withers or chine, the better.

Examine, therefore, with your finger from the bearing of the side of the withers, to the point of the tree, if it appears to have equal pressure; and the same all round the hinder part of the saddle. If there is space for your finger between the pommel and the withers, and likewise between the chine bone and back part of the saddle, you may reasonably suppose it will not come down to injure the horse, unless the tree is weak, and spreads with the weight of the rider, or the pannel is newly stuffed.

On the other hand, if you perceive the points
points so narrow, that the saddle cannot come to its bearings till the girths or weight of the rider brings it down, the extra pressure at these points for a considerable time or distance, must occasion heat and inflammation. The same remark will stand good for the hind part of the saddle.

Again, should the saddle come down on its bearings, and the points stand so wide as not to touch, and the pommel stands high so as not to injure the withers, it is said this saddle will not hurt him. Agreed—it will not, to ride a small distance, or to exercise, or to give a horse a lesson, for on this principle the saddles for general use are made, to suit all horses; the points of the tree are short, and sufficiently wide, the pommel cut high, so that a bearing is sure to take place, without crushing the withers. But these cannot be called saddles to fit. And when long journeys are taken in hot weather, with saddles that have such contracted bearings, expect to find inflammation and warbles.

l 2 A lady's
A lady's saddle requires the most particular exactness in fitting, or the horse will be cruelly galled by it; this makes people attend much to it, though many err in their conception of the saddle fitting. A lady's saddle should be very deep in the points, and should sit close from the top of the bearing to the extreme ends of the points. The manner a lady rides will ever give the saddle a preponderance to the near side, at which time the saddle is sustained by the point on the near side, and the bearing on the off, which may be compared to a hook; the depth and closeness of the near point, preventing the bearing on the off side unhooking itself. The closer the pommel comes down to the withers, so as neither weight nor settlement can make it touch, the better; and a trifling easement may be given on the off side of the pommel, but not to extend to any part where the bearing should be, lest you loosen that bite or hold, which sustains the saddle.

If the tree does not fit in the manner described,
scribed, you cannot stuff the pannel to insure its not injuring the horse; and where the tree fits, all superfluous stuffing in the pannel, under the idea of rendering it soft and pleasant to the horse, must be avoided, as the elasticity of the stuffing permits the saddle to get out of place. Thick-stuffed pannels are not always easy for the horse in gentlemen's saddles, for it is difficult to be certain of so much stuffing being regular; and those parts that happen to be thickest, when they settle and become hard with the sweat, must be uneasy, and occasion warbles.

Respecting saddles keeping their place on the horse's back, there are two contrivances: the crupper, to prevent it getting too forward; and the breast-plate, to prevent it getting back: but neither are wanted by gentlemen for road-riding, who keep their horses in condition, and have their saddles fitted to them. For hunting, some horses require a breast-plate; deep-chested horses climbing hills, their bodies tucked up by running,
running, their saddles will get back, and require a breast-plate, which should be of worsted, for its elasticity.

The crupper is useful: in breaking we use it, because every horse should be accustomed to it, and because the saddles we use are not fitted to the horses we ride. Many horses when full of flesh, and out of condition, cannot keep a saddle in its place without a crupper. But dry wholesome food, and sufficient exercise, with good grooming, soon alter the shape and condition, that a horse can carry the saddle without the crupper.

Ladies' saddles, when properly fitted, will not require cruppers more than gentlemen's, but the girths crossed from the hind part of the saddle to the front, will keep them more steady; or a strap from the hind part of the saddle to the fore girth on the off side, may prevent the saddle twisting to the near side, as it usually does.

Having
Having considered what relates to the ease and comfort of the horse, the rider's accommodation comes next to be considered; for a saddle may fit a horse, yet be a most awkward, unpleasant seat for the horseman. Those who have rode on a variety of saddles, both of the old and modern make, are sensible of this. The modern saddle of our best makers, are hardly to be improved upon; I dont mean to attempt it, but shall leave it to the saddlers, whose more particular province it is, declaring I cannot suggest any ideas to assist them therein.

But, for the information of gentlemen, I shall develope the seat of a saddle, which will shew that the comfort, ease, and security of riding, depend much on the ingenuity and skill of the saddler. The upper part, or seat of the saddle, is formed or shaped by the straining of what is called web. Web is first strained from the pommel to the cantle of the tree, and other web crossing those to the bars of the tree on each side, by the
straining of these, the hollowness and propriety of the seat is formed. The propriety of the seat is, when the rider without his stirrups, or any effort of his own, naturally settles, and keeps his proper situation in the saddle; but when the seat is improperly shaped, he will be shifted (too forward mostly), and will have an insecure and unpleasant seat. Therefore, when the saddle is on the horse's back, if your cantle is ever so high, the lowest part of the seat should be rather behind the centre of the saddle, where the gravity of the body will settle, and permit the thighs to keep their proper situation and position.

You will observe, the web sustains the weight of the rider, protecting him from the tree of the saddle, and to render his seat easy, it is first covered with flannel and stuffed with wool; the sides of the seat on each side are stuffed pretty full, to keep the upper part of the thigh clear from chafing, by the edges of the upper flap. The centre covering of the seat is usually hog-
hog-skin—some may be induced for their ease to have them covered with doe-skin, but I apprise such, that it is difficult to keep them decently clean; beside, if caught in the rain, they imbibe so much wet, they must be several days drying.

The seat of a lady’s saddle, exclusive of the head, is differently formed from the gentleman’s. A deep hollowness in the centre of the seat is unnecessary; the seat is stuffed on each side full, that the rider may be less liable to slide to the near side: and particular regard should be had that the saddle is proportioned to the size of the lady; for a tall lady, though ever so slim and light, must not have a short saddle, because she cannot keep herself from off the cantle.

The improvements in the ladies’ saddle have, I think, exceeded those of the gentlemen’s. If we look at the old-fashioned sidesaddle, and the modern one, a great difference appears; but the improvement may not
not strike the person unacquainted with them. I shall endeavour to point them out.

The modern ladies' saddles, exclusive of the heads, are made high in the pommel; the intention of which is, to prevent the seat from shifting forward, on even ground, or small declivities, which it unavoidably will in riding down steep hills; and when the seat is thus forward, the knee loses its grasp, which is the lady's principal security. The head of the modern saddle, which is the part that receives the knee, are made high (from six to eight inches) which secures the knee from being displaced by any little unexpected roughness, that sometimes unavoidably happens. And lastly, the head is placed more upright, or over to the off side, which assists the lady in keeping her centre in the saddle, and not hanging to the near side. Beside which, the modern saddle has a flap on the near side before the saddle, which preserves the habit from the sweat of the horse, and the leg from the front of the saddle;
saddle; the inside of this flap is sometimes lined with flannel for the accommodation of the horse; and the outside with hog-skin, stuffed for the accommodation of the rider. The head, and every part of the ladies' saddle, should be stuffed, to render it as comfortable as possible, but no part should be covered with doe-skin, because, exclusive of the disadvantages I pointed out in the gentlemen's saddle, the lady's habit will cling to this kind of leather, and ride up beyond a possibility of keeping it comfortably down.

For a lady's stirrup, the slippers now in use are pleasant and secure; the iron cannot gall the instep, nor the foot hang in it in case of accident, provided the iron is wide enough for the foot. My method is to have the stirrup fixed, and hang the leather over the off head of the saddle, the buckle under the head, by which method I can alter a lady's stirrup without displacing her, or dismounting myself; and thus there can be no occasion for a double-flapped saddle, but all
all ladies' saddles must have sircingles to confine the flaps.

Other saddles are rarely used now, except in riding-houses, which are called peak saddles, and demi-peaks. These saddles have a peak, or raised work round the seat, shaped to the thighs; the seat is usually covered with stout doe-skin, soft stuffed and quilted; the peak is continued beyond the tree, a little down the thighs, by leather, whose elasticity preserves the balance without galling the thigh.

The demi-peaks have only burs before, to keep the thighs from coming forward, but the full-breasted peak has a raised work continued from side to side over the pom- mel or front of the seat. The peak and adherence of the soft-stuffed doe-skin seat, preserves a secure balance without stirrups, and the breast-work preventing your knees rising or coming forward, certainly gives an additional security to the seat, and therefore these saddles are preferable for backing young
young horses, breaking in general, and riding the manege lessons very high. Stirrups are not always used with these saddles, and therefore they are looped to a brass knob fixed over the pommel for that purpose, or removed at pleasure. The skirts of these saddles are usually Russia leather, curiously stitched; in general they make the skirts too short, a fault that is easily remedied by giving orders accordingly. This I look upon to be the ancient war-saddle, and, I believe, is still used in many parts abroad as a state-saddle, superbly decorated.

Were I to remark every little fancy that I have seen adopted by horse-breakers, grooms, fashionable riders, &c., I should swell the page to little purpose. I intended to be silent on whatever was useless, but to pass over the martingale would be thought a grand omission, and what I shall say upon it will occasion some to impeach my judgment—this I cannot help, but must say what I think, that the martingale is useless to a horseman, detrimental to the horse, and
in many instances dangerous to use. It certainly was invented by those who had no hands to govern the mouth, and now the like deficiency and fashion continue the use of it. I hold myself bound to make the three first assertions appear—the following ones are suggested for that purpose:

First, *the martingale is useless to a horseman*. By a horseman I mean those who have a seat without the bridle, and hands at liberty well informed, to work upon the horse's mouth, and bring it to a proper *appui* and obedience, by which the horse will carry his head in that situation nature intended he should. I don't call every description of riders horsemen. To such a person the martingale is more than useless, because it prevents the hands operating effectually on the mouth; for any interference with the rein between the hand and mouth, must destroy some property of the hand; the situation of the hand variously affects the horse, but if the rein is confined to a certain direction by a martingale, the raising
raising of the hand has not its intended effect.

*It is detrimental to the horse.* This is proved by the effect: for let any person that has confined the reins down by a martingale, and rode the horse thus for years, take off the martingale, and see if the horse will not throw his nose up; even a horse of the most favourable make will do this after the continued use of a martingale. Thus a martingale will never bring a horse to carry his head in place without a martingale, and those who naturally carry their heads well, are spoiled (for a while) by the use of it.

*In many instances it is dangerous to use.* A horse should be uncommonly safe that is rode with a martingale, for should he trip, the rider cannot assist him; the operation of the reins would draw his head down, instead of lifting him up, and any endeavour of the rider to save him would be a detriment to the horse saving himself; should a horse set to kicking, the martingale prevents the
the rider from disarming any part of the defence, by keeping the horse's head up, but gives the horse liberty to kick, till horse or man, or both fall together. Should a horse be restive, the reins are the horseman's only security to protect himself from any injury the horse may meditate; therefore, any confinement to the reins must be an obstruction to the rider, and render his situation somewhat dangerous.

I dont know that what I have said on this subject, though it carries reason and conviction with it, will satisfy some imaginary horsemen; for some have told me, it was impossible for any man to ride their horse without a martingale: such, I presume, will not be satisfied unless the art is practised on that identical horse. And I must confess great allowance must be made for their positiveness, for scientific horsemen are very few, and courageous, bold, daring riders very many; if, therefore, a man has been in the habit of riding several years, and a continual variety of horses, having a strong
strong seat, and resolution to ride any horse, it is natural for him to suppose himself as good a horseman as any in the kingdom, and what he cannot accomplish, no other person can.

I remember a dealer having a little blood horse, that I dare say had never been rode without a martingale, and when a horse will not show without a martingale, it is a great hindrance to the sale. On this account it was offered me a bargain, and a bargain it turned out, contrary to the expectations of the dealer. To convey an idea of the awkwardness of the horse, occasioned by the martingale, when I rode it the first time in a snaffle bridle, the nose was thrown up above the forehead, in which state—the mouth totally ungovernable—the horse run himself right against the wall, for it was in the riding-house. But how was the dealer surprised at the end of a week, to see his own wife riding it without a martingale, and the horse carrying his head most desirably, and the mouth obedient and pleasant; he declared
declared if he had not seen it, no one could have persuaded him it was possible. Many have I convinced in, like manner, that their horses would ride without martingales.

Nevertheless, there are some horses that have their head and neck formed and set on so unfavourably, that none but professed and good horsemen can bring the mouth to any tolerable degree of obedience: for observe, when the mouth has an appui, and obedient thereto, the head is surely in the place nature intended it should be. From the awkwardness of their make, their mouths are very fickle, and any severity of the hand, or abrupt touches of the bridle, occasions them to throw up their heads, sometimes so violent as to hit the rider in the face, if he does not sit upright. If I admit a martingale, it must be on a horse of this description; but then the martingale must have no interference with either of the reins; it must be confined to a nose-band, and never so short as to prevent the horse raising his head, but to check his throwing it
it back. A horse's head is never to be confined by violent means to any one situation, for his head is to be carried agreeable to the pace and manner he carries himself. If he is extended or disunited, he will carry it low; the more he is united, the higher he will raise it, and the head cannot be too high if the nose is brought in as far as the thropple, or setting on of the head will admit.

Every thing that I conceive absolutely necessary for riding or breaking, I have remarked, except whips, gloves, breeches, boots, and spurs; these are things that are well known, and fashion would prevail let me recommend what I would. But I think the adjustment of the spur worthy remark, because fashion has invented, and may again invent spurs, and place them in situations truly ridiculous: I am alluding to the straight-necked spur, four inches long, placed as high as the ankle.

The situation the spurs should be placed on the heel, occasions the form of the spur
to be a consideration. Now the spur should be placed not more than one inch above the heel of the boot, because it should not be liable to touch the horse when you strengthen your seat by the grasp with the calves of the legs, in which situation, if you aid with the leg the toe up as directed, the spur will only scratch, when you drop the toe for that purpose.

The spur being placed high on the heel, will not only touch the horse when you may not mean it, but likewise hurt your heel, or the leading sinew at the back of the leg, when you give the spur sharp and strong.

The situation of the spur thus considered, I shall give reasons why the military spur, now generally adopted, is preferable. The neck craned must project from the heel from one inch and a half to two inches, because a less length than this in the situation the spur is placed (for it generally drops lower than I have mentioned,) would render it difficult to give the spur. And the neck is craned
craned, to compensate in part for placing it so low on the heel, and to prevent the rowel of the spur touching the ground when you are on foot. The part coming next your heel should be moderately broad, not to injure your heel nor boot. These are the conveniences which I thought proper to remark, and fashion that does not interfere with them, I cannot object to.

The pillows, lines, staffs, &c. for working in hand, and dressing horses to the high and ornamental airs of the manege, will be spoken of as they occur.
To begin systematically with this part of horsemanship, I shall treat of the first handling a colt. These come to our hands in various states, some from the forest or park in which they were bred, remote from any dwelling, and unaccustomed to be constrained, or even touched by man; they are sometimes drove up with other horses, and never had a halter on.

Take a review of them in this state, and you will find them perfectly inoffensive and harmless, but fearful and apprehensive, watching you with the greatest jealousy, and not suffering you to approach their heads. The first thing, therefore, to be done, is to render them familiar, and this must be effected with the greatest mildness, caution, and patience. Let them have the company
company of steady, familiar horses (if those they have been used to, the better) in an open stable or barn; visit them frequently with hay and water, feeding the old horses from your hand, and inviting the colt to partake; hunger is a great reconciler. In a little time he will approach you with caution and jealousy, and be mindful not to alarm him, but treat him thus gently for a few days till he gets a little confidence, and will let you stroke him. By this means you may get the halter on without much alarming him; every thing you do creates fresh alarms, particularly if any degree of violence or harshness be used, or even a hasty attempt made; as the halter is to remain on for some time, fasten it as has been directed.

Colts in this state cannot be visited too often, nor handled too much with gentleness and caution. The persons officiating in this business should be those accustomed to horses; such know how to approach, and placing themselves in safe situations, are not alarmed at every little start or struggle the colt
HORSE-BREAKING

colt makes. Persons unaccustomed to handle colts, first alarm them by their own apprehensions, and then the colt, perceiving their fears, will ever practise what he perceives deters their approach. You cannot deceive a horse by an assumed boldness; harsh menacing words will not daunt him, much less make him fond and familiar, which is your first aim. Therefore the halter, the stall-collar, the cavison, or whatever you are placing, altering, or adjusting must be done by coaxing and caresses, with all gentleness; and they must be handled so light as though they were cobwebs, and you fearful of breaking them, that the colt may not be alarmed. You will perceive his eye, and whole attention is upon you, watching every motion with the greatest jealousy. Those he is most accustomed to, he is least alarmed at, and the fewer about him the better. I prefer being alone to bridle any colt or difficult horse.

Some colts that have been bred at home, housed in winter, fed from the hand, and been
been the pet of the family, are made familiar from their earliest days; these you may handle, with moderate caution, like old horses: and they sometimes come recommended as the tamest, quietest, gentlest creatures that can be; that their boys used to ride them with all safety, and that they wanted no breaking, except teaching them their paces. I dont doubt but such assertions were true, but I have frequently found these quiet pets to be the most troublesome and dangerous to break, and I mention it that persons may not be off their guard from such characters and appearances.

It is easily accounted for. The colt has been handled and played with, fed from the hand, and made familiar to the whole family; you may get on the back, ride it on the premises, or with the other horses to water, and the like; but you are to observe, there is no disagreeable constraint put on the colt, he takes no alarm from the persons he has been accustomed to, feels no confinement of crupper, girth, constraint of the bridle,
bridle, and working him contrary to his inclinations—No, he goes at his own will, considers himself at play with his intimates, is as proud of being rode as they are of riding, and as they do not press him to any thing that would be disgusting, they do not quarrel.

But it is otherwise when he comes to be broke: he is removed from home, has strange persons about him, is confined with longeing-tackle, bent and worked quite contrary to his will. If he has spirit and inclination to resist, he does it more resolute and determined, in proportion as his freedom and familiarity with man have divested him of all respect. The same as you observe in a pet lamb, or fawn; when they grow up they will butt at any of the family, or face the dogs, contrary to their nature, for before it would flee at the approach of a child or lap-dog.

Having, by the gentle means prescribed, put on the halter, you by the like methods proceed
proceed to put on the cavison, and when you effect, (if but in part,) what you aim at, never fail to give a profusion of caresses, and that you may not give the colt any disgust, never teaze him too long at a time; if you succeed ever so little after a tedious trial, it is better to desist for that time, that you may have greater success the next, than worry him till he takes a dislike to you.

The cavison being on and properly adjusted, the throat-band being sufficiently tight to prevent it chaffing the eye (should the colt endeavour to disengage himself,) you can securely hold him by the cavison rein; nevertheless, be cautious not to provoke him by making any such attempt. But when the colt seems to know, and has little confidence in you, which you will perceive by his apparent satisfaction after smelling to you, you may endeavour to lead him, holding the rein short in your right hand, and the residue coiled in your left; but this must be done more by invitation than compulsion, and he should be led kindly: do not fail
fail often to stop and caress him, but should any circumstance occur to give him alarm, or his disposition excite him to endeavour to disengage himself, you must be prepared to hold him fast, and so short that he cannot turn his croup towards you, for in that situation you might not be able to hold him, but while his head or side is towards you, you will find he cannot disengage himself. Let him convince himself of this, but by no means provoke or irritate him to further trials; but let his temper subside, and in a short time he will work in circle round you, at the length of the longeing rein; by soft words and a gentle hand, you will soon bring him to a mild temper, and then don't fail to caress him.

Should you pursue a different conduct, and irritate him by harshness and severity, because you defy his utmost efforts, you prolong your work by making the colt for a while irreconcileable, and a perseverance in such treatment might so disgust and discourage him, that he would not comprehend your
your will, but only meditate how to defend himself, and thwart your purpose.

Mildness, therefore, is always to be preserved by the horseman, and let the temper of the horse subside of itself, as though you took no notice of it. Treating him in this manner, and letting him work round you for a few days, not fatiguing him too much, but frequently caressing him, you will make him so familiar as to be able to put the bridle and longeing tackle on without much difficulty.

The like caution and delicacy must be observed in putting on the bridle and longeing tackle; the colt will watch every motion of you with a jealous eye, and apprehensive mind. Endeavour to dissipate his fears by caresses, and handle every thing so gently as though you were putting them on by stealth. Every hasty motion will startle and alarm him; and, by the same rule, if you are not conversant with the handling of colts, his motions or starts will alarm you. The time you
you are engaged in placing and adjusting the bridle and tackle, is well occupied, were it an hour, for your present aim is only to become intimate and familiar with each other.

The putting the crupper under the dock requires great precaution, lest he should attempt to strike you; you will therefore stand forward, and distant from his hind quarters to the utmost distance you can reach. Raising the dock with the right hand, while you pass the crupper (being unbuckled for the purpose) under the tail, close up to the croup, and then gently let the tail down, he will then cringe it to his quarters. Should you let the tail go hastily, he would take alarm, and most likely set to kicking. The crupper being passed under the dock, buckle it, that it may not disengage itself by the colt raising his tail, or otherwise.

This done, you can take all necessary time to clear the hair of the dock from under the crupper, passing your fore finger on each
each side between the dock and crupper, to be certain that no hair is left to chafe, or make him uneasy. Then raise the crupper close up to the setting-on of the dock, letting, as before, the tail gently down. You can now adjust the crupper to its proper length, which before was lengthened to facilitate your placing it under the dock. In adjusting his longeing-tackle, which comprises the bridle, and running reins, the rollar and crupper, be mindful at the first to leave every thing moderately loose and easy, that the colt may find no uncomfortable restraint, your first aim being only to reconcile him to them. Work him round you at his own pace in the trot, not compelling him to quicken his pace beyond his inclination; change him frequently, and work him equally to both hands; as often as you stop him for that purpose, caress him. And though his tackle being loose, and no ways confining, yet move and adjust, to accustom him to be thus treated, when it becomes necessary.

I think
I think it necessary to notice the properest places to longe and break horses in; and, though no place is so proper as a riding-house, when fitly constructed, having no abutments or irregularities, whereby a horse might injure or bruise himself or rider, yet as this convenience every one cannot procure, the most suitable place should be chosen for the purpose. If a barn or out-house of any description, having an earthen floor, and not less than thirty feet square, can be procured, it will be a good substitute to longe a colt in. An inclosed place is to be preferred, in order to shut out intruders, and lookers on, two persons being all that are necessary; a greater number tend only to alarm and disturb the colt. Beside, the colt will work kindlier when inclosed by walls, than in an open space, where he would be striving to enlarge his ground, or disengage himself; but though a place bounded by walls is desirable, yet regard must be had to the ground that it is pretty level and secure footing; pavement, or hard gravel being very improper, not only from the injury
jury it might do the unshod hoof; but the awkwardness and carelessness of colts, together with their intractability, subjects them to occasional stumbles, and sometimes falls, whereby they might receive injury. Soft ground that is not slippery, that does not sink deep, or become miry, is to be preferred; a ploughed field is used by country colt-breakers, but this is highly improper for a colt, as it would fatigue them excessively, which should be carefully avoided; besides, on the fairest ground, colts when bent, particularly if you proceed too rapidly in bending them, are liable to strike their inner fore foot, against their outer shank, and thereby occasion bruises and splents. Horses at maturity, that have been accustomed to level roads about London, and by a slovenly habit go too near the ground, may be improved by longeing on a rough cloddy ploughed field, for we find such horses, if hunted a few times in the winter, by going over all descriptions of ground, lift their feet, and go much better. I do
not, however, recommend it for colts, for reasons before assigned.

The colt being somewhat accustomed to his tackle, you will proceed to shorten the reins by degrees; first, that he may feel the smallest confinement from them, and then progressively, till the head is properly supported by the confinement of the reins.

But what I term properly supported may be misunderstood, and therefore I must explain.

I do not mean to confine the head down, bringing the chin into the chest, as you too frequently see done; but merely so to confine the head that the colt may feel the effect and operation of the reins, permitting the head to rise, but not to poke out the nose.

These things properly understood, and carried into effect in your daily workings, you will observe his fears gradually subside, and
and he will work so kindly and so gently, that one person that has practised and been accustomed to longe horses singly, will do as well as two, and better than with an awkward assistant.

You should take notice in what manner the colt carries himself, that you may adjust the reins accordingly. The different make or formation of the forehand, occasions the head to be carried more or less desirably. If the shoulder lie back, and the neck be long and arched, the colt cannot but carry his head in a most desirable place; but if the shoulder be too upright, the forehand will be low; if the neck be short and straight, the nose will be carried high: therefore the greater the deformity in the make of the forehand, the more judgment will be required to place the head properly. For, under the circumstances of unfavourable make, you cannot get the nose in without drawing the head down lower than nature intended he should carry it; nor do I conceive a horse to go safe with his head in
such a situation. On the other hand, if the head be raised too high, the nose will poke, and the mouth will be fickle, and such horses are extremely unpleasant to those who have not masterly hands.

It will therefore be advisable to draw a line between the two extremes, which will be the more natural situation; and if it is not the more desirable, it will certainly be more proper. These considerations determine the manner the reins are to be placed and adjusted; if the head be carried so high, that the nose and eyes are nearly horizontal, you will buckle the reins low, for the purpose of drawing the nose in; if the head be carried too low, the reins must be placed high, and passed through the rings affixed to the head-stall of the bridle for that purpose. The most esteemed or desirable situation or position for the horse to carry his head in (when the formation of the forehand will permit it) is the head to be highly elevated, and the nose and forehead in a perpendicular direction. But scarcely a horse
horse of the English breed has a forehand formed by nature to carry it so without drawing the head down from its natural elevation. Nature directs the situation or elevation that every horse should carry his head, and this will be the most pleasant and easy to the horse; and a judicious and skilful horseman never attempts to work the head out of its natural position, to achieve one point of excellence at the expense and destruction of every other.

By what I have said, I would not be understood that you are negligently to let the horse carry his head abandoned, and unsupported: this would be working a horse to no more purpose, than if he were running loose in the park or common, but to adjust the reins in such manner as will support the head in its most elevated situation, and not for the sake of drawing the nose in to a perpendicular with the forehead, pull the head down with it. To raise the head to its proper elevation, is not practicable in the longe, and therefore you have only to guard against
against drawing it down more than may be avoided.

Many persons, and some that undertake to break horses, mistake the meaning, design, or intention of longeing a horse, and suppose it only to tire, fatigue, and worry the horse into subjection; such conduct must be carefully avoided. Your first design is to make him familiar, and accustom him to be handled, by putting on, adjusting, and carrying the tackle and bridle. You then proceed, as has been directed, and next to extend him in the trot, not for the purpose of fatiguing him, but to give him a free extension and use of his limbs.

You next proceed to bend him, for the purpose of suppling the shoulders; in short, every part is suppled by these lessons, and the horse capacitated to perform what he otherwise could not. I have seen injudicious persons rein a horse's nose in, beyond where nature intended he should carry it, and thus drawing the head down; to remedy that evil they
they have turned him about in the stall, and having his head buckled up with the stall-reins, let him stand in this manner till the anguish has been so great, that the sweat has rolled off like peas, and run off his hoofs in a stream. A man picketed never stood in more pain, than a horse does thus served.

The purpose here aimed at will be better achieved by more mild and gentle methods. For admitting that habit capacitates a horse to carry himself with more ease, in a position he has been gradually accustomed to, the same as the taylor by custom can sit at his ease with his legs across, so the horse, when properly reined up, as he should be in all his longeing lessons, will gradually have his nose brought in as far as the throp-ple will admit. But this, as I have observed before, must draw the head down; never-theless, it will supple and bend that joint that unites the head to the vertebrae of the neck.
When you raise the head by lessons, and means hereafter mentioned, the suppling and bending the joint last spoken of, will capacitate the nose to drop as low as the construction of the forehand will admit. These remarks attentively considered, it will appear that you are not to aim at two opposite things at the same time, i.e. while the nose is confined to any particular point, invitation only, but no compulsion is to be offered on the opposite. Hence, if you support the horse in a bent position with the right rein, the left rein must be comparatively loose, for thereby your intention is fully answered, and the horse will have liberty to move his head for his own ease and refreshment, and likewise to exceed that degree of bend you compel him to.

For the more ready acquirement of the young practitioner, I shall make some further remarks for his observance, when working a colt in the longe.

As soon as the colt is sufficiently reconciled,
KORSE-BREAKING.

Ciled, so that you can put on or alter his tackle without the necessity of a person standing at his head, I ever found it the most convenient to work him alone without any assistant (unless in aged or restive horses, where sometimes, by way of facilitating my work, I have bent or required more than he would patiently submit to) in which case you hold the longeing rein in the hand to which you are working the horse, and the long, or longeing whip, in the other. To set him off, you extend the arm you have the rein in, towards his head, and the other arm and whip as far as you can behind his croup; as the horse or colt moves, you move towards his croup, and the horse moves round you. You then, by presenting the whip, and letting the rein slip, and moving, as it were, towards his croup, make him enlarge his ground to ten or twelve yards diameter, you walking a circle from the same centre of about two or three yards diameter, so that the horse moves over about four times the space of ground you do.

By
By the representation in the plate, you will observe, the horse is from fifty to seventy degrees forwarder on his circle than the man, by which means the man appears to follow or drive the horse; for were you to be in the centre, or on any part of the line from the centre to the horse, the horse would not work without an additional hand to follow his croup, and drive him. Nor will the longeing rein operate to so good an effect from the centre, as from the situation I have directed. You must, therefore, be mindful to keep your proper situation, and move as the horse does. If you advance too forward, the horse will stop, and face you, and should he be much bent, he will turn about. If you lag behind on your ground, you will make the horse shift his ground. The horse's eye is always attentive to you, and your eye must be equally attentive to him, or he will break his time, or hesitate in his step, which will throw you out of your proper situation; the instant you perceive it, pause, and present your body some yards behind his rear, throwing the lash of the whip to
to drive him forward, and follow when you find yourself in situation. Should greater disorder take place, it may be expedient to move off your ground towards his rear, which will place you in proper situation on a different centre; but when the horse works, you can gradually shift to your original ground. Should the horse face you, or turn about, you will be necessitated to bring him to the centre, and set him off as at first.

While you are giving these first lessons, a discerning and discriminating person may discover much of his temper, disposition, constitution, action, capacity, and the like, and great attention should be paid to them, as a guide for your manner of proceeding. If his temper be patient, mild, and gentle, be mindful not to take too much of him, because he patiently endures it; it will make him heavy and dull, in which state you cannot much improve his action or condition. If he be hot or choleric, you must be the more mild and patient: never think of
of cooling his temper by irritating and tiring it out; he will become temperate, if you take no notice of it. If you perceive him to plunge and try to extricate himself from you, and break his tackle, you should of course proceed with the greater caution, and be mindful that every part of the tackle is firm and sound, for should he once succeed, it will encourage him to make other trials. You have only to let him convince himself, and by no means correct or punish him, but proceed in your lesson without taking notice of it. The fatigue of his exertion and his disappointment will deter him from a future trial. If you perceive his constitution hardy, and his condition strong, you may demand freely in moderation of him; but if you find him weakly and faint, treat him with more moderation, and require less.

To convey an idea to first practitioners, who are fond of amusing themselves with breaking their horses, and consequently are apt to jade and tire them too much, I do not exceed fifteen or twenty minutes in giving a weakly
a weakly horse a lesson, and do not demand any violent exertion from him: nor is it necessary to take more than half an hour with hardy constitutions, in condition. This may appear strange to persons unacquainted with scientific riding, who suppose, that while their horses are in breaking, they cannot be rode too much; but while a lesson is giving, we demand great exertion, or else their attention and performance, out of their unconfined natural way of going, which occasions the horse's mind to be variously agitated, produce frettings, reluctance, unwillingness, disobedience, resistance, and the like. And when a horse is thus agitated and provoked under a defective hand, and injudicious horseman, it produces violent resistance, vicious defences, obstinate restiveness, &c.

But I beg to be understood, that I do not account riding him on the road, after giving him his lesson, for the purpose of cooling him, or to accustom him to the sight of various objects, any part of his
his lesson; because we demand no exertion, but do it to ease and refresh him after violent exercise. For, strange as it may appear to some, were I to draw the utmost exertion from a horse for half an hour every day, and that in a space of only twelve yards square, I could kill the strongest horse in the kingdom. Hence, when we are necessitated to exceed moderation with restive horses, who will contend to the utmost, and defend themselves till they are defeated at every point before we can obtain a partial submission, we perceive that the whole system is relaxed and weakened, and the horse will make but a feeble resistance the next day; and should you imprudently retaliate, and draw as great an exertion from him as before, you may perceive he will be off his feed, his body tucked up, his hide bound, and coat stare. When the horse is thus sick, you see the necessity of leaving off; but judicious horsemen are aware of these consequences, and never require a rigid obedience or great exertion, till the horse has recovered sufficiently to bear it.
HORSE-BREAKING.

His action and manner of going should be attended to: if he go near behind the longeing, bending will assist him to go wider; but if he go near before, you must be cautious in bending him, lest he should rap his shanks in crossing his legs. You must be mindful to keep him in a true and regular trot, requiring him to extend himself to the utmost before you bend him to any extreme, and invite him to raise his head by frequently shaking the longeing rein, particularly if you see he lolls his head down, bearing on the bit. You should follow him with the lash of the whip, requesting and pressing him on, but not to urge him to gallop; in throwing the lash lightly for this purpose, sometimes at his hind quarters, and sometimes at his flank and shoulders, you will perceive his most tender place, which will be your aim when you require his most ready observance. Should he kick at any of these requests of the whip, you should make him sensible of his fault by striking him hard by way of correction: he will soon perceive his error, and abandon it.

I have
I have met with colts of high breeding, that at their first longeing did not move the faster for the whip, though given pretty smartly, but hung their ears, and looked completely foolish. This is by no means a bad sign; it indicates a mild and patient temper, and proceeds from their not comprehending what it means; treat them mildly, and in a short time they will understand you, and be as obedient as you can desire.

The time it may take before it would be prudent to mount a colt, can only be determined by the temper, tractability, and disposition. Some acquire confidence, and work kindly, becoming familiar, gentle, and supple sufficient to mount in the space of three weeks or a month. Others appear very mistrustful, and work with hesitation and tardiness, consequently do not bring themselves forward to extension and suppleness; some have tempers and dispositions that take two months or more to reconcile them to discipline, shewing impatience, and disposition to rebel. Such you must
must be very circumspect with, require no more than they can with ease perform, and though you must insist on that, use coercive measures without severity; be content with gaining your point, and let not the ill-temper and reluctance the horse works with, move your resentment. Be perfectly good-humoured yourself, and the horse will the sooner become so too.

When a horse becomes familiar to handle, works and extends himself freely in the longe, has been moderately bent to both hands, it will then be proper to mount him; but a week previous to this, he should take his longeing-lessons with the saddle on that you may intend to ride him with, to accustom him to it, and the dangling of the stirrups; when you halt, for the purpose of changing and altering the reins, take occasion of patting the saddle, pulling or snapping the stirrup-leathers, trying with your hands to swag or move the saddle, and the like; as he becomes reconciled to these you next prepare to mount, by taking the reins
and main in hand, and handling the stirrup. If he moves, or shifts his ground, patiently sooth and coax him, till you succeed in getting him to stand. By degrees he will suffer you to stand upright in the stirrup, for which you must caress and make much of him; and repeat this till you find his jealousy and fears in some measure subsided.

Thus far you can proceed without an assistant, but it would be as well if the person who is to mount or attend you, were present, that the colt may be familiar to his person and attendance.

**ON FIRST MOUNTING A COLT.**

A colt prepared in that progressive manner I have directed, may be expected patiently to submit to carry his rider. But the greatest precaution is advisable with the most kindly, and those who have shewn a perverseness of temper, every possible precaution is necessary. You will begin his 6 lesson
lesson as usual, giving him a longeing to both hands, not bending him more, but rather less than he has been accustomed to, that no particular constraint may crab or sour his temper. The intention of this longeing is to take off the eagerness and spirit which horses that are in condition display, at the first coming out of the stable, And when he works cool and steady, he is fit to be mounted.

The persons who assist at the first mounting, should be those that are familiar with the colt, and conversant with the business. Much depends on the issue of the first contest, should such an occurrence happen, and a person who is timid and fearful can render no assistance if it should be wanted. There is no danger with the most resolute horses, in the hands of able and skilful men, but the temerity of unskilful men, leads them into imminent danger. The business of the person who officiates on foot, which should be the master, if he has a person competent to ride, because more depends on
on his judicious management than the person who rides, is to place himself before the head of the colt, having the cavison rein coiled in his left hand, and the longeing whip likewise, and to sooth or caress the colt while the person is mounting. The colt's eyes will be leering back, watching every motion of the rider. The person who mounts, must do it with the greatest gentleness, as any rough or abrupt motions will cause the colt to start, or shift his ground; you therefore, as it were, steal by degrees, and amuse him by repeatedly raising yourself in the stirrup, and retiring, before you put your leg across; when you are crossing your leg, be mindful not to touch any part of his hind quarters, nor the crupper, or cantel of the saddle, but place yourself lightly in the saddle. Adjust your clothes, and separate the reins one in each hand. You are to set quite loose, not to let your legs touch, nor thighs pinch, and your body without motion, waiting a little to see the humour and disposition of the colt. If he sets up his back, and cringes his tail, wait prepared
prepared for his plunging, but take no firm hold with your legs before you find the necessity, lest by increasing your alarm you prompt him to it.

The person at his head, by patting and soothing, may divert him, and he may in half a minute be apparently reconciled, standing in a watchful, sulky mood. When this has somewhat subsided, the person at his head may invite him to move, leading him round in circle to the left, being the handiest for him, holding short by the cavison rein, and watching the mood or temper he is in. If his tail is up, and he moves gently, without much hesitation, they are good omens. If he blows his nostrils, it is a certain sign of good-humour. Under these circumstances the person at his head, may, by degrees, lengthen his rein, and give more liberty; but as the cavison rein is lengthened, the rider may delicately collect his reins to feel his mouth, and lightly support him.

The unequal and hesitating step of a colt
at his first breaking, together with the loose seat it is proper you should take, occasions the body to sway about, which may be alarming to a young practitioner, and I mention it that he may not take alarm before the colt, for that might induce the colt to try to extricate himself from the rider. But with all the care and precaution that can be taken, there are some dispositions and tempers that will not submit without an effort. Yet, after two or three unsuccessful contests, they are sure to yield. This shews the necessity that none but competent persons should undertake this part of the business, for if the horse once succeeds in his attempts, he will make repeated trials, and repeated success will make him difficult to break, and useless, except to those who have superior abilities to manage him.—Hence proceeds restive horses. I never heard of a colt that I had the breaking of, ever being restive, but I have had a great number of restive horses to break, and though they become perfectly so obedient to me as never to shew a symptom of restiveness,
ness, yet I could not warrant that they would not become restive again when rode by unskilful horsemen. The precautions, therefore, that I give, I hope will not be thought frivolous, and should the colt resolutely set to plunging, the rider, on his part, has only to keep his seat, and for this purpose he must take the firmest hold with the calves of his legs, and keep the body back, endeavouring to keep the horse's head up.

Should you have a mistrust that the colt will plunge, which those conversant with horses will pretty well discern or foresee, it will be advisable to have the reins received through the rings affixed to the headstall of the bridle, which will assist to keep his head up, without your raising your hands. For he will first attempt to force your hands, to get his head, and if your hands are high, and he forces them, your body will be forced forward with them, and then you will be in danger of being thrown; if the colt gets his head down, by suddenly forcing the hand, he may fall with plunging. To prevent
vent and deter him as much as possible, the person on foot should have the cavison rein short in hand, and check him by it; and if he can seize hold of the cheek of the bit with his right hand, he has power to shake his head up, and prevent his violent plunging. Persons conversant in this business, I have observed, can perceive what the horse meditates, and consequently are prepared, and ready to take the advantage at the instant, and prevent disaster and mischief.

When the colt has made his effort, and perceives himself defeated, he stands still to take breath, for if he has liberty he plunges as long as he can hold his breath, swelling himself to burst the girths, and break the crupper, and he of necessity leaves off when his wind is exhausted. You are neither to correct nor sooth him for this, but let him stand a minute to take breath, and recollect himself; if he chooses another trial, you must be prepared to check the violence of it; but you are not by anger or menace to provoke
prove it, any more than you are to soothe or caress him for faults. When he is convinced and defeated, he will naturally appear vexed and disappointed, and you cannot expect him to work with much good-humour for that day; nevertheless you must lead him in circle, and be prepared should he attempt to make another trial.

By mildly treating him, you will perceive his sulkiness and ill-humour gradually diminish, and you will meet his contrition with good-humour and confidence, relaxing the strictness with which you hold him, and giving him some liberty of rein in proportion as he becomes reconciled.

It should be a standing rule always to finish a lesson at a period when you have obtained at least a partial obedience, and become a little reconciled, that you may part friendly, and meet in good-humour next day. It may be some consolation to know that a horse repeatedly defeated, will give up the contest after two or three days trial,
trial, and the first is the most violent, and the last a very feeble one.

But what I term a defeat of the man, some people will not acknowledge, for they do not allow themselves defeated, because they do not decline the contest, but repeat it day after day, though every day defeated. The horse acknowledges his defeat by his submission, as soon as he is convinced the superior address of the horseman prevents the design he meditated, and that it is far more easy to obey than contend; in which case, if you accept of that submission, and not provoke his temper by exulting severity and cruel abuse, he will be ever after obedient; or should he at times shew a disposition to rebel, the effect of a masterly hand brings him to his recollection without coming to a disputed contest.

Having explained the general behaviour of colts, and the manner of treating them on their first backing, I have to observe, that the same mode and precautions must be
be continued for several days, till he appears somewhat reconciled, and goes quietly at the full length of the longeing rein, and feels the operation of the hands, and can be turned and directed by them. When such progress is made thus far, you will finish your lesson with unbuckling the cavison-rein, and riding him at large; you will still find him extremely awkward, and what we term coltish, for a length of time, but nothing but appropriate lessons will take off the first, and much riding the latter.

In riding a horse for improvement, you have always something in view, and your first object is to make him feel and comprehend the operations of the hand, and requests of the legs. For this purpose you begin by giving him the requests of the legs, and if he does not obey so ready as you could wish, you must attribute it to his not fully comprehending you: therefore, teach him with patience and mildness, by giving the requests stronger, and assisting him by slight taps with the whip, which he may sooner
sooner comprehend, but by no means use the spurs till he is more reconciled to be rode, under some government of the hands and heel.

It is best not to wear spurs with a colt, till it becomes proper and necessary that you should use them. The action being thus produced, you receive him in hand with all delicacy, and now the operation of the hand not being rightly comprehended, occasions a hesitating unequal step. You now ride him in a moderate trot, the hand feeling every advance, and endeavouring to bring the mouth to correspond with the hand in a true and just appui; with the generality of colts you have to apply the legs very often, to press them into the hands to form the mouth. And there are some few with low and heavy forehands, that would be heavy on the hand, and dead in the mouth. This you must in no ways suffer, but divert them from it by moving the bit, by the alternate opening and shutting of the fingers, and raising your hand a little to invite them to raise the
the head, the legs pressing the action at the same time. The subject of riding has been so fully treated on, that it would be superfluous to say any more.

The previous longeing before his lesson, may be discontinued, when you find the colt steady, and reconciled to be rode.

**ON BENDING AND SUPPLEING STIFF AND AGED HORSES.**

The working and bending horses in circle is so exceedingly necessary, that the most gentle horses that have been rode for years, are to be put to it, when brought to a master for improvement or tuition. It becomes, therefore, a question, whether it would not be best to ride them in these circular lessons, than to longe them. This depends on circumstances: if the horse is young, and has been in some measure bent at his original breaking, longeing might be dispensed with, because it brings the head down. But when horses
horses get to six and seven years old, and have never been properly bent, they may be very stiff, and shew great reluctance to be bent, and would take much longer time and fatiguing labour to the rider. In this case, it would be advisable to longe them; nevertheless the lesson may be finished with riding, to prevent the head from being habitually drawn down.

Various devices are practised to bend and supple these descriptions of horses: one is, a tall and powerful man on foot taking a rein short in each hand, and walking a circle of about two or three yards diameter, bending the horse inwards, while another follows the horse pressing him forward, and making him form a circle of two threads without the man, the hind feet forming the larger circle. This is the lesson of the shoulder within worked in hand, in a compulsive and irregular manner, and is intended to keep the head up, and bend and supple the horse at the same time. But, as I observed, the man must be tall and powerful in proportion to the horse, or he cannot accomplish it.
Another method I have seen, which was the assistance of two pieces of wood, made in the form of a St. Andrew's cross: the two lower arms of which, were shaped to fix on the saddle, and fastened by a girth; the elevated arms had buckles or loops, to fasten the reins to. Thus the reins operated in as high a situation as the hands of a rider. I am extremely obliged to the inventor, whoever he was, for the idea, and with the alterations I here recommend, I think it will fully answer the purpose intended, and make a necessary utensil in the riding-house.

The alterations I purpose are, that instead of the upper arms of the cross, there rise a spindle from the centre, and on that spindle should be fixed two movable arms, one long, the other short, which may be raised or lowered, and turned to that situation which you would desire the reins should operate from, and there made fast by a screw.
It would be a further improvement, if to the end of each arm were fixed a spring; none would be better than a worm-spring, similar to the pocket-spring steel-yards, which may be made to yield not more than one inch, and cannot be strained beyond it. This would soften the operation of the reins, and give an effect like unto the fingers.—Those who have attentively read the precepts I have given for riding, will observe that the situation of the hands are conformable to the position of the horse, and consequently when the horse is bent, the outer hand is carried forward in proportion to that bend, to prevent the rein from pressing the neck, which would direct the horse within his ground. This shows the propriety of having the arms to move, and I think, with the plate I have given, it may be thoroughly comprehended.

But persons who are not continually in the habit of breaking horses, will not, most likely, be provided with an article of this kind, and the readiest and best method is for
for them to supple and bend in hand, without confining the head down, is to loose the outer rein, to give the head liberty to bend inward, take the inner rein only in hand, at the length of three or four feet, and raising the hand as high as you find necessary, drive the horse round you. These methods of bending and working the head up at the same time, are proper to commence a lesson before riding, with horses that have been previously bent in the longe before, or such as are not required to be much bent, and work kindly, and bend freely, to the degree required. But a horse that is exceedingly stiff, it is expedient to longe, and bend by making the inner rein fast to the crupper, working him equally to both hands, bending him by degrees as you find he can bear it. To facilitate work with these stiff horses, you may finish your lesson occasionally by bending him to a greater extreme (to the hand you perceive him most stiff) and let him stand and amuse himself on the bit for a quarter of an hour, leaving the outer rein comparatively loose, and taking the longeing
rein off, thus you leave him at one end of the riding-house, while you are working at the other.

Though that caution and delicacy which I have prescribed in handling of colts, may not be necessary with horses that have been familiar with work, yet you must be mindful of not proceeding too rapidly with them, particularly by bending them too much at a time, or continuing your bent lessons too long, but change frequently, which is a relief to the horse, when bent as far as he can bear.

When a horse has been sufficiently extended, supplied, and bent in the longe by the action of the trot, which is the foundation of all paces, he may be put to the gallop in the longe, but not before. When, therefore, you intend to put him to the gallop, you must give him but a moderate bend to let the croup in, and extend his trot till you press him to the gallop. If he has been supplied to both hands, he will take the proper leg,
leg. But should he be in any manner false, check him, and proceed again.

It many times happens, that a horse is brought to a master to be made to gallop with the right foot, and some of these that have come to my hands, I should judge, had never been bent, and only longed to the left hand, which is certainly the readiest to a person not accustomed to the business, and saw not the necessity of longeing to both hands. These horses should be more particularly bent, and worked in the trot to the left, to retain the left shoulder and extend the right, and when he is sufficiently supplied, put him to the gallop to the right without bending him; practise him to that, and he will take the right leg very freely.

I cannot conclude the subject of longeing without observing, it is so beneficial for horses, that to the day of their death, when it is necessary to give them exercise for want of other work, circle-riding should not be neglected.
The horse being previously longed for the purposes explained and directed, you ride him for the purpose of making his mouth, teaching him obedience to the aids, uniting and extending him suitable to the purposes he is intended for. You will have no difficulty in doing this, for your own riding, but you may have much difficulty to please the person he may be intended for. For persons who have been long in the habits of riding, will not be satisfied with the horse being properly broke, if it does not correspond with their system and ideas of riding. It is, therefore, expedient to know the quality of the horseman he is intended for, and make the horse to his hand, if you wish to give satisfaction, for you would be throwing time away, and get displeasure likewise, if you teach the horse a science unknown to his master; this being considered, you proceed to make the mouth and teach the aids, by riding in an extended trot in all the figures applicable to the pace and progress the horse makes, such as round the house, circling at each end, long change, large J change,
change and serpentine figures, in this pace you must press him into a full and strong appui. Your reins separated, and hands near together, and circle and change by the proper aids of the body and legs, giving no more assistance with the inner rein, than you find necessary to effect your purpose, that you may teach him to comprehend the aids, and obey the pressure of the outer rein.—
You should make frequent halts at uncertain and unexpected places, when at his full extension, pulling him together sudden and sharp, but judiciously, lest you should sprain his houghs or fetlocks by violence; therefore, feel how ready he obeys before you apply too much strength; this is to bring him into the obedience of the hand, and to bend and supple the haunches and houghs, and will enable the horse to unite himself when you require it of him.

Be sure to close your legs, to keep the haunches straight and under, and perfect the stop, making him rein a step backward, before you advance again. This lesson should
be continued till you find the correspondence between the hand and mouth is established in obedience, and a just *appui*.

You must not expect an exact obedience to the aids of the body, if you ride with running reins, because one part of the rein is stationary to the saddle, and is not carried by the body; therefore, a partial obedience to the aid must be assisted by the inner hand, and with this you must be content till time and much good riding, has made him susceptible of the lightest touches, and most delicate correspondence of the aids. Nevertheless, if you ride with a bit or single-reined snaffle, an obedience is to be required, particularly if the aids are given full and strong.

Colts in general are light in hand, and will require to be pressed into the hands by the frequent application of the legs or whip. The hand and correspondence giving that strength of *appui*, agreeable to the extension and disunion the colt works in. Horses that have been improperly rode, and some few colts,
colts, with heavy forehands, will bear and loll upon the hand, and destroy all *appui*. This you must prevent, by moving the bit, shaking the reins, and correcting with the hand, as directed in a former part of this work: making them carry their heads up, and not suffering them to loll on the bit, the hand will soon give them an *appui*; for, as I have observed, without an *appui* there can be no ready obedience.

It frequently happens that colts and aged horses, and those not of bad dispositions will shew a reluctance and disobedience, particularly at circling, expressing a desire to go their own way, rather than yours.—When these occurrences happen, it should be an invariable rule to insist (as far as you can) on their obedience, and repeat it till you obtain a more ready compliance. But should the horse be prepared resolutely to defend himself on that point, so that it would be doubtful whether you could compel him, change your attack immediately to the opposite point, where you take him so
sudden that he is not prepared. And thus, whenever you perceive he meditates any defence, baffle his intentions by taking him by surprise.

The most trifling thing will often put him off his purpose; speaking to him tauntingly, letting him know you are aware of his intention, giving him a pat of the ear with your open hand, or holding your hand out to him, will sometimes deter him. Any thing that indicates you are aware of his intention, or takes him by surprise, is likely to put him by. But whenever he obstinately contends, change the attack, and before he can defend himself on that point, suddenly put him to that he before refused; when he finds himself thus baffled, he will of necessity comply, and give up future contention.
PROGRESSIVE METHOD OF UNITING A HORSE.

Progress having been made as directed in the preceding chapters, the horse will have been extended, supplied, the correspondence established, an appui formed, whereby the horse comprehends and becomes obedient to the control and direction of the hands, you must proceed to unite, or what some term putting a horse together. Every horse should be united more or less, agreeable to the purposes for which he is intended, or the system and manner of the person's riding he is designed for. It may be asked, if you exceed a necessary degree of union, whether it would be a detriment or injury to the horse? To this I answer—none, excepting the horse is intended for trotting-matches, and then little or no union is necessary, and uniting him might subject him to retain himself, and cause him to break into the gallop; but in other instances,
if you exceed a necessary degree of union, you only give yourself unnecessary trouble, for the horse that is intended for a hackney or a hunter, does not require to be united so much as the military and manege horse. And the person who has not attained or taken pleasure in the scientific part, or manege riding, will not admire a high-drest manege horse till he has reduced or let the horse down to a level with his own system, and mode of riding.

Let us consider the intention and utility of uniting a horse. Uniting a horse is bending the haunches, and pressing them forward, or more under the horse, whereby a larger portion of the weight is sustained by them, and the forehand thus much relieved and elevated; this gives elegance to the figure, distributes the weight more equally, causes the action to be higher before, and makes the horse go safer in all his slow paces: the horse being thus more equal on his legs, can, with more ease and facility, move backward, sideways, turn to either
either hand on his own ground, halt at the instant required, and the like, which horses disunited cannot readily perform; and this makes it essentially necessary that military and manage horses should be the more united, and capacitated to yield a ready obedience to what is taught and required of them.

There are a variety of methods used to press a horse to the union, many of which I would not recommend persons to attempt, who have not by long practice acquired judgment and patience equal to the attempt; for an injudicious, passionate, or hasty person, will not only fail in his purpose, but will spoil and drive the horse into all manner of defences, vice, and resistance; in all contentions of this kind that I have witnessed, the cause had originated by the indiscretion of the man, who had required what his awkwardness would not permit the horse to perform, or perhaps insisted on compliance before the horse comprehended his lesson; or demanding more at a time than the horse could
could comply with, or patiently submit to. These imprudences drive the horse to resistance, and this resistance provokes a hasty or violent temper, (that will not coolly examine into causes, and be ready to acknowledge and correct his own errors, before those of the horse,) to proceed to violence, which seldom or ever effects any good, but often spoils a good and valuable horse.—These hints, I hope, will be attended to, and induce young practitioners to be cautious and certain there is no error on their part, before they blame, or require compliance from the horse.

Riding a horse to the union, will be found adequate to unite as far as is necessary, for horses that are not required to be drest higher than a military horse should be, and this method being least confining to the horse, you can proceed in the most mild and progressive manner, therefore it is to be preferred for general use, and before other methods are attempted.
You begin your lessons to unite, by extending the horse out to his full trot, and then endeavouring to keep up the action by the requests of the legs, and the several animations, while the hands retain the horse and shorten the step. This, like every other lesson, must be worked upon gradually: if you proceed too fast, you will flurr\y, confuse, and discourage the horse, and provoke him to resistance; be, therefore, content with winning on the horse by little and little, and you will succeed in time to your satisfaction. The operation of the hands is to this effect: you strengthen the appui for the purpose of retaining the horse, the hand at the same time inviting the forehand to lighten by an imperceptible elevated operation, and a yielding softness in the fingers, as the horse yields to the solicitation of the hand. The animations and requests of the legs, at the same time, are to keep up the action, and press the haunches under, otherwise the retention of the hand would shorten the pace, without producing any union; therefore, an exact conformity of operation
operation must take place with both hands and heel, to produce the desired effect.

You may work on circles and straight lines, and make what changes your fancy may direct, keeping in view the object of raising and lightening the forehand, and pressing the haunches under; as the horse becomes united and obedient, you will work him in the lesson of the shoulder within, and likewise croup in, and then put him to the gallop. Till a horse has acquired a degree of union, he is not qualified to gallop in a confined space, nor can he readily be put to it but at an extended pace.

Some horses, from their structure and make, have a disposition to unite themselves; others have more firm or closer joints, that will not so readily bend and become pliant; others, from long habit in being rode in the extended paces, reluctantly unite themselves; in occurrences of this kind, the stop frequently repeated at the height of extension and animation, suddenly pulling them
them together at unexpected periods and places, will supple and bend the houghs and haunches, and bring the horse light and obedient in hand: the horses that require this are strong and close-knit in the joints, which admits of such procedure, but horses that are weak in the pastern fetlocks or houghs, seldom require it, and must not be thus treated.

When horses reluctantly or tardily unite themselves, a person following with a whip, animating and pressing the haunches forward, while the rider moderately retains the shoulders, will facilitate your work; but great discretion, and judicious application of the whip must be observed; if the holding up of the whip presses and works the haunches a degree more than they performed without such aid, be therewith satisfied, and aim not to effect at once, what would take a week or a month with judicious management to accomplish, lest you provoke the horse to defend himself, and resist all your endeavours to compel him, for
for horses are to be first taught, and then invited or won to perform; for it is bad work to strive to compel, nor can it be done by compulsion, as a restive horse demonstrates; for if he refuses to go forward, all your whipping and spurring will not compel him, and it is by your relinquishing that point, and changing your attack, that baffles his defences, and causes him to yield.

The hands of a person giving a rough horse a lesson, has licence to deviate from the precise situation that is laid down for riding a properly dressed horse, or one that is properly broke agreeable to the circumstances that may require it; hence, if the horse carries his head too low, and does not readily bring it up with the usual invitation, and operation of the hands, the hands may be raised to operate more effectively, and the fingers of each hand (the reins being separated) by alternately moving, will move the snaffle in the mouth, and thereby deter him from bearing or lolling upon it; horses that
that require this, are generally of low, thick, and heavy forehands, or such as have been long rode by persons with a dead and heavy hand, such horses often require strong and severe operation from the fingers, and frequently corrections of the hand (as has been explained) before you can bring them to an effective appui, or light obedience to the hand. A twisted snaffle is appropriate for horses of hardened and callous lips, and consequently would facilitate the work.—

The hands, though the reins are separated, must not be carried too wide apart; what I mean by wide apart is, that the outer rein may not operate distant from the horse's neck, that the proper aids of the body may cause them to operate by pressure, and should young or raw horses not readily obey, you must be mild and patient, giving your aids a stronger effect than would be necessary to a drest horse, and assisting a little with the inner hand, but no more than will effect the turn or direction you intended, leaving the principal stress on the pressure; by which the horse will in a short time com-
prehend the meaning of such aids and pressure, and become obedient to them; whenever you work on the horse's understanding, you must be slow, patient, and mild, giving the horse time to reflect and comprehend you; it is proper to finish his daily lesson by putting him to the obedience of the hand and aids, as directed to finish the lessons on the aids, in vol. i., page 111. This brings me to speak on reining back.

Reining back with ease and facility, is in consequence of the union, and such horses as have been properly broke, rein back with the lightest pressure of the fingers, and are completely balanced on their legs; while others, whose haunches have never been supplied nor united, but rode by heavy insensible hands, will not back with all the strength of the rider and powers of the bit; such have occasionally been sent to me for the only purpose of being made to rein back. Without, therefore, going through the process of bending, suppling, and uniting, which, perhaps would not have rendered the horse more
more agreeable to his owner, I have taught them to rein back by the usual invitation of the hand to raise the head, and not permitting them to bear a dead weight on the bit; the legs pressing the haunches under, while the hand prevents the shoulders from advancing, should the fore-feet be lifted, the operation of the fingers draws it back; and if you can by mildness, and playing with his mouth in this manner, effect a step or two backward, the horse will soon comprehend you, and in a little time become obedient to the more mild operation of the hands, but no violence or strength of pull is to be attempted; if you succeed in gaining a few steps, though with difficulty and reluctance, be therewith content, and refrain from teasing him before he thoroughly comprehends your meaning, which would occasion him to resist, and more violently defend himself.

When ineffectual attempts have been made, by violence and strength, to force the horse back, which is commonly the case before
before they are brought to a master, it is advisable to have a person to assist, and rein him back in hand; the one placing himself before the horse with a rein in each hand, raises the head, and strongly invites him to back by pressing and yielding of the hand; if he defends himself against it, and will not move, the other must aid with whip or switch on the fore legs, irritating him to move them, and the operation of the hand will then compel it backward, the hand yielding as the horse complies; a moderate obedience is sufficient for the first time, for which caress him, and you will have a more ready obedience the next day; and, in a short time, a perfect obedience to the moderate pressure of the fingers.

The horse acquires union by being worked in such lessons as requires union; of these, reining back is one; the stop another, for which the stop is frequently repeated in his lesson; and to bring the horse into ready obedience to stop on the haunches, as often as it is defective, rein him back a step or two
The passage requires more union than the trot, consequently putting a horse to the passage contributes to unite him; some horses, I have observed, unite themselves so freely, that they require no more than the riding with a good hand, to bring them to any degree of useful excellence; but it is expedient to work some in a more constrained or confined manner, such as the various methods of working horses in hand, pillars, &c. The one I am now going to mention is particularly adapted for making a horse pass sideways to the right and left, to unite him to the time and action of the passage, and is to be applied under the following circumstances:—When the horseman is not critically correct in every part, whereby the effect in a manner is almost irresistible; for every man, although a good horseman, cannot attain this degree of excellence, and a horse that works reluctantly under these constrained lessons, will take advantage
advantage of a defective feeble hand, till
practice has rendered the lesson easy and
familiar to him. It is likewise advisable to
adopt this method with those horses that are
inclined to be perverse, and oppose de-
fences against the restrictions of the hand,
when first put to this lesson, and the work-
ing him in hand removes the main object
of his defence.

A person accustomed to work a horse in
the following manner, may make shift with-
out an assistant, if the horse is not very
awkward and perverse, but an assistant will
be best with young practitioners; begin,
therefore, with placing the horse's head to
the wall; the inner rein is always that to
which you are working,—if to the right,
take the inner rein in your right hand, at
such length as will support the horse when
the hand rests on the neck, just above the
withers, where it is to be placed for that
purpose; the left hand will take the left
rein quite short, as that will be found most
convenient, for the purpose of leading the
shoulders, or staying them, as may be found necessary. The assistant places himself at a horse's length distant from the wall, and follows with the whip or switch to animate or request the action; proceed slowly, letting the shoulders lead about eighteen inches forwarder on their lines than the croup; and till the horse comprehends that he is to pass sideways, require no more action than the horse voluntary gives; passing thus from end to end of the riding-house, or any other convenient wall, at which place shift yourself to his off-side, and work back again; it is to be observed that the hands (if the reins are properly adjusted) will have to retain the shoulders, letting them advance no faster than the croup; but should you place or drive the croup too forward, the shoulders will be stopped, and you cannot proceed till you have led the shoulders on, and the horse is correctly placed on the lines he is to work. When the horse comprehends the manner he is to work, request more action and union; the wall will greatly assist you, by preventing the horse from forcing the hand
to advance forward; nevertheless, some horses will defend themselves against the hand, and pass rapidly along the wall without uniting themselves, and, as it were, running away with you; in this case, adjust the reins to operate as high as you can, by passing the reins through the rings affixed to the head-stall of the bridle for that purpose, and let the assistant place himself more behind the horse, to press the haunches more under, than driving them fast; by these means, if judiciously applied, you will bring the horse to pass sideways with freedom and ease, and unite himself to the true air, action, and time of the passage.

The uniting a horse in one pace, will greatly facilitate his union in every other; uniting the trot will, therefore, contribute much to the uniting the gallop, and you will not find it difficult to put him to the gallop by the usual method of retaining the shoulders, and pressing the haunches under, till they rise in the action of the gallop; but till a horse is somewhat united, you are necessitated

situated to extend his trot, till you urge him to gallop. Putting the horse to gallop, you unite it by urging a continued animation, which proceeds principally from the vigour, spirit, and animation of your muscles, and though in other paces and airs the animation proceeds, through the same channel, it does not appear so vigorous and conspicuous as in the gallop, because you are obliged to circumscribe yourself to bounds, lest you should alter the action from the trot to the gallop, or break the time of the air you may be working upon; but, in the gallop, your extreme animation will only exhaust the horse the sooner, consequently you do much in a little time. But I caution you against these two things—the one is, as the horse works free and pleasant at the height of animation, that you do not take too much of him at a time; the other is, that the hands may not be too straight or confining, requiring the horse to unite himself faster than he can comply with, or submit to, and thereby drive him into vicious defences.
In uniting the gallop, the hands, as it were, gather him together, shortening his stroke, while the firmness of your muscles, the whole system being braced, the quickening quality of the fingers, supporting and raising the action at every cadence; and the legs occasionally pressing the haunches forward, every part is supporting and assists the other, and by degrees, in proper time will supple and unite him to the utmost, and capacitate him to gallop a circle, in which his hind feet may form a centre; but this is more than will be required of horses that are not kept wholly for parade and amusement. I would recommend working as much to the left as the right, circling frequent; for working on circles is both suppling and uniting in the gallop; and as you contract your circle support the croup in with the outer leg, which will keep the horse securely balanced, and firm on his legs in narrow circles, and turning close in the corners.

When the horse is sufficiently united and supplied
supplied to both hands, in the above manner, you may reasonably suppose he will change his leg without much difficulty to himself or you. Work him then on two circles, and put him to the change at the intersection of the circles; the performance of the horse depends much on the delicate correctness of the rider in seizing the exact time and place; the exact place is where the fore-feet have passed the intersection of the circles, and the horse, with only changing of his feet, will be in a proper situation with his croup in, on the reversed circle; here making a half stop, by a backward inclination of the body, as the body comes upright to let the horse advance, you reverse your position, which changes the horse, and directs him on the reversed circle. The practising on circles first is recommended, because a horse will more readily change on them for his own ease and security, being liable to fall if he is false on a narrow circle. You must be careful to make your change at uncertain periods, and not every time you arrive at the intersection of the circles, lest the horse
horse should work by rote, and not by the direction of your aids; practise this at first in a slow cadence, and as the horse becomes ready you may proceed more rapid, and work to the long change, and then the change reverse.

When a horse is thus far advanced, and properly united and obedient in the several lessons I have progressively laid down, you have only to continue your lessons to establish and perfect him more and more by working him in all the variety you can devise, aiming to attain a higher degree of excellence in the figure and action of every lesson. The advancement of the horse to that height of excellence which nature has capacitated him to arrive, depends on the superior skill and abilities of his tutor; the same as a music-master of the first eminence, will, by his delicate touches produce such exquisite tones and graces, as a master of inferior abilities cannot execute on the same instrument. Horses differ in their capacities the same as men, and the ablest master
master cannot draw more from a horse than
nature has furnished him with powers to exe-
cute; and what has hitherto been treated
on, every horse fit for the saddle is capa-
citated to perform, in some degree or other,
short of excellence.

To avoid breaking in upon the progressive
manner, or lessons for uniting a horse, I
have omitted some remarks which I think
necessary. It is usual, as being most con-
venient to work horses for improvement in
snaffle bridles, and mostly, by proficient
masters, with the running reins. I cer-
tainly approve of the practice for con-
venience and expediton, but such bridles
are awkward to those not accustomed to
them, and particularly those who have not
masteriy hands; beside, they are chiefly
used with the reins separated, and are not so
well calculated to be wrought with one hand,
as the bit; it is, therefore expedient, as soon
as a horse becomes handy and tractable in
any lesson, he should be perfected in it
with such bridle as he is intended to be used
with.
with; for some horses at first are displeased at the operation of the bit and curb, and will not, as some term it, face it, that is, will not feel it sufficiently to have an intelligent correspondence and communion with the hand; but a mild hand in a little time reconciles the horse to it: should horses defend themselves against the mildest operation of the hand, which they do by retention, that is, not advancing at the requests of the legs, which would subject them to feel the operation of the hand and bit, but unite themselves, and repeatedly keep rising before without advancing—in this case the spurs must be immediately applied to drive them forward, or an assistant on foot with the whip may apply it to a salutary purpose; for a horse must never be suffered to retain himself more than the hand compels him to, and this propensity, if not properly corrected and checked in the first instance, would become the most dangerous and disagreeable vice of rearing; therefore, at all times when a horse retains himself more than the retention of the fingers require (for some
some horses will do it to defend themselves against the restrictions of the hand as well as the bit,) the whip or spurs in like manner may be applied to drive him forward.

Walking is a pace I have not noticed, in the way of teaching or improving; the reason is, that its excellencies are confined to itself, being no wise assisting or contributing to subjects that have been treated on, and, like the gallop at speed, requires training to extend it to that degree it is capable of; this is seldom attempted by the riding-master, because it would take more time to train a horse to his speed at walk, than he can allow for half a dozen horses' lessons; therefore the extending of this pace is generally left to the owner: if he is fond of a fast walker, it requires nothing more than the continued practice under a patient rider, whose hand has been well formed, and accustomed to the pace. The walking a horse while in breaking, is generally after a lesson that has heated and breathed him, for which he is walked to cool and recover his
his wind, more than extend the walk to speed; likewise on the road, to familiarize him to objects; this, after a horse becomes handy and tractable, should be frequently done after he has taken a moderate lesson; or such lessons as are not particularly conspicuous may be given on the road, which will answer the like purpose. Horses that are to be taught to leap, when they have been sufficiently united, may be put to the bar at the conclusion of their lesson, provided you have not taken violent exertion from them, or been quarrelling, by which you might have crabbed or soured the horse's temper; on which occasions I think it would be best to leave it for a more eligible opportunity.

The difference of breaking a horse for the troop, a hunter, a hackney, or a lady, is to perfect them in those things which will be required in their different capacities; hence, a charger or troop-horse should be more united, and delicately obedient to the operations of the hands and aids, than would
would be required or approved of by the gentlemen who have been only accustomed to ride in the hunting and road systems; in addition to which they should be accustomed to stand fire, familiarized to arms and accoutrements, the use and clash of sabres, colours, drums, fifes, together with the surrounding objects.

The hunter and hackney would be none the worse for these qualifications; but as they are not so indispensably necessary, the trouble and expense are spared; therefore, when a horse carries himself light and pleasant in the hand, is obedient, supple and ready in all his paces, doing them all in as good a style as nature has given him capacity, and made steady to the common objects on the road, it is all that is expected of a hackney or roadster; the hunter, of course, will be required to leap, both standing and flying, and consequently much pains should be taken to instruct and improve him in that particular, so that the difference between the hunter and hackney is but little in point of education,
education, though much in description and properties.

Leaving it, therefore, to gentlemen to select horses appropriate for the uses they are intended, the riding-master has only to qualify them for their several uses.

A proper-broke horse is applicable to any purpose that nature has capacitated him for, and some half-bred horses are so desirably constructed, and gifted by nature with qualities that are applicable for a charger, a hunter, a roadster, to carry a lady, or draw in harness, and may occasionally be used to either, provided when he has been much rode to the extended paces, his owner can again ride him up to that union required in a troop-horse, which I compare to having put your instrument out of tune, you can tune it again without the assistance of a professor.

I shall next proceed to the reconciling of horses to objects they have, or assume to have a dislike to.
TO FAMILIARIZE OBJECTS TO HORSES THEY APPEAR TO BE SHY OF.

The cause of horses shying at particular objects, have been attributed to various causes, some imagining it may proceed from an imperfect vision, others from a timid or fearful disposition, or nervous affection; these causes may exist with some, but with others (and that by far the greatest number) I am persuaded it originated in high keep, with want of exercise, a misconception on the part of the rider, and consequently a misapplication of the methods to prevent it, by which, and timid riders, it is frequently rendered a vice difficult to cure, and very dangerous.

I am confirmed in this opinion from the number of colts I have had to break, none of which, as I can recollect, at their first being rode on the road ever shayed, as to endanger the seat of any middling rider;
rider; if they saw an object that was strange or unpleasant to them, they would keep their eye upon it, and swerve a yard or so out of their direct track, to keep a cautious distance from it till they had passed, but never to jump from one side of the road to the other, turn short round on their hind legs, and the like, which horses that have been improperly treated will do. Numbers of horses go very steady on the road when kept at proper work, but if kept in the stable from weeks' end to weeks' end, and well fed, breathing an air rendered unhealthy from the evaporation of their bodies, and effluvia of the stable and dung, will, at their riding out after such confinement, feel an inexpressible pleasure; the fresh and wholesome air exhilarates the spirits, and objects that present themselves excite pleasure, disgust, contempt, disdain, and every other passion; is it, then, to be wondered, that with the freshness of their limbs, and the intoxication of the refreshing air, that they should express in their demeanor and carriage the various sensations they feel? Gaiety and wanton-
ness, pride, contempt, and disgust, are more expressed in their actions than fear, and proper exercise, with proper treatment, will soon take off this frolicksome disposition, and their attention will be occupied in the performance of what is required of them.

From whence, then, originates the continued shyness of some horses, and the dangerous springs and flying round from objects that inferior horsemen cannot make them pass, and frequently cannot keep their seat? I have not a doubt in my mind but it originated from the rider. If he was a firm and bold horseman he had a misconception of the cause, and took improper methods; if he was a weak or timid horseman, he was fearful to take any effective methods, and by yielding to the horse, put a trick in his head which he had not an idea of; and I am convinced by experience that many ride horses for the purpose of making them steady, and increase the fault they have been trying to cure.
I shall mention instances that I dare say have attracted the notice of most of my readers, as such daily occur: for instance, an ostler or groom from their habits in being among horses, are supposed to be capable, and therefore requested to ride the horse on the road, and make him steady; these men have rarely given the subject a thought, and having observed the measures pursued by persons of their own fraternity, naturally conclude they must be right, and rigorously adopt them; they therefore set out with intent to tease and punish the horse for looking at an object that may in some singular manner attract his notice; as soon, then, as the horse fixes his eyes and erects his ears at any object, dash goes the spurs in, and he must immediately go close up to it: should the object be very disgusting to him a sharp contest frequently ensues before the horse can be brought to smell to it.

Now let us consider what effect can be produced by this mode of procedure: admitting,
mitting the general opinion that fear caused the horse to be shy of near approaching the object, is it likely that this treatment will divest him of fear? Is it not likely that it should (as it evidently does) increase his fears, if that was the original cause; for the horse now, as any person may notice, is staring with visible apprehension at every object it meets, but the sight of a rare object naturally increases his apprehension, and draws upon him the ill-timed correction of his rider; should this not happen, and the former object was stationary, his sagacious rider takes him back to the now more disgusting object than before, to exercise his imagined abilities, and punish the poor horse.

That this kind of treatment never did any good, or made the horse steady, I will not take upon me to say, because horses are of different tempers and opposite dispositions, and their shying, also, may be from different causes; therefore it is probable that some dispositions, where the cause arises only
only from the horse being what is termed above himself, that is, being kept too long in the stable without exercise, may be taken off his gaiety by this method, though an erroneous and bad one; but there are dispositions which would be rendered worse. The timid and fearful rider often increases the horse's propensity to shy, by his over carefulness and apprehension; if he perceives the horse in the smallest degree to be thus addicted, he keeps a continual look out, and long before he comes to an object he apprehends the horse will shy at, begins to cringe and take secure hold, which alarms the horse, and causes him to notice what he otherwise would not; and subtle horses, with bad dispositions, take any liberty they please with persons they find have neither ability nor resolution to contend with them.

I have had horses sent me that had the trick of turning round at every carriage they met, when I could perceive they had no more fear of the carriage than I had.
I had, but had put this trick upon their owners till they could ride them no longer; and some horses are so artful as not to offer a trick to a person they can discriminate to be a good horseman, yet will take the advantage of a feeble irresolute rider.

Having considered the probable causes of shyness in horses, and in what manner improper treatment increases the defect, I shall now lay down the most likely means to remedy the evil.

In the first place, the person who undertakes it should be a good rider, and have great confidence in the firmness and security of his seat, or he will not be able to put in practice the directions I shall give; but with these qualifications nothing will be more easy. I only require the horse to be rode in the usual way on the road, and when he meets an object that is unpleasant to him, let him keep at any distance he pleases from it, so that he passes; even if it is the whole width of the road.

Now
Now an indifferent horseman cannot do this, because the oblique traversing of the horse from the displeasing object, disturbs his seat, and occasions him to hold on by the bridle and grasp with his legs, and that should be avoided as much as possible, because this may indicate to the horse a fear in you, which would be a corroboration of his fears and justify his apprehension; but admitting those were not the horse's ideas, the swaying of your body, and fast holding of the reins, might appear to the horse as if you wanted to prevent him from avoiding the object that he dislikes, and this must operate to increase his apprehension when he meets such objects; therefore the rider has no more to do than let the horse pass it at the distance he pleases, and keeping his eyes and body presented to the horse's nose, he will find his body go with the horse without disturbing his balance, or occasioning additional alarm to the horse; this method observed, you will perceive the horse pass nearer the object, and by degrees after a time scarcely notice it.

I am
I am a great advocate for caressing and soothing of horses, but in this instance I do not recommend it—the horse has been needlessly alarmed, and should not be caressed for it, and soothing would appear as though you were heartening of him up against a cause he had to apprehend; whereas take no notice, and the horse will perceive himself only to be alarmed, and the event convince him his fears were groundless.

The pace you should ride for the purpose of making a horse steady and familiar to the various objects, should be slow and disunited, that the horse may feel himself under no confinement; for it is the same with the horse as with us, if we apprehend danger, let it come in what form or shape it will, the meeting a mad ox or mad dog, the house on fire, or the ship stranded, our fear is proportioned to the difficulty we have of escaping, and the horse is the more alarmed when he finds the restriction of the hand would prevent his avoiding it.
By this mode of treatment I have ever found colts to be come steady on the road in a short time, but horses that have been improperly treated have given me the most trouble; nevertheless, the same measures must be pursued by them where the horse will pass the object at any distance the width of the road will admit; but when horses have been improperly treated for a length of time, the restrictions of the rider's hand preventing their rushing by at a distance from the object, the horse naturally avoids it by turning back, taking the rider so suddenly that he is not prepared to prevent it: in this case, or where a horse refuses to pass in the manner I have described, let the horse's head be bent from the object, working him by in the lesson of the shoulder within, you are never to let the horse evade passing the object, but you are to get him by in such manner as will occasion the least alarm or contention with the horse.

Whip or spur is not to be used, unless you
you are certain it is a mere trick of the horse, which he had successfully practised on former riders, and not occasioned by fear; but if you have your doubts, refrain from using whip or spur, for the horse finding himself defeated in his trick, will soon leave it off; but if he has fears or aversion, the whip or spur will certainly increase them.

It may be necessary in some situations, such as meeting an object in an extreme narrow road, where you have scarcely room to pass, to rein the horse backward till the object is passed, but this only when it cannot be done otherwise.

I think the method I have laid down cannot be misunderstood, but the practice will be difficult to many riders, as it requires them to ride a shy horse with that careless indifference they would a steady one: and when they are approaching an object they know the horse will be shy of, they are not by any preparatory precautions of their own, not even the stiffening a muscle, or fixing their eye
eye upon the object, to apprize the horse, or
remind him of his fears. These are the
most effective means I ever could discover,
and if judiciously applied for a continuance,
will rarely, if ever, be found to fail.

I shall pursue the subject of familiarizing
horses to objects that are not so frequently
met with on the road, and are more parti-
cularly necessary in the army; and, first, of
standing fire.

Some horses from the first appear to
be but little, others much alarmed at it,
and it is expedient they should be continu-
ally accustomed to it; but in this, like riding
on the road, if injudicious methods are taken,
it is likely you may do more harm than
good; for I have seen horses fired to, that
have tossed their head, layed their ears,
been agitated on their feet, and if they had
been loose would have advanced or run at
the object; the unsteadiness of the horse,
therefore, could not proceed from fear; he
must have imagined it done to play with
or
or to tease him, in the same manner as boyish grooms teach horses by their antics and pointing their finger, to lay their ears, and shew a disposition to run at and bite them.

It is evident a horse may misunderstand the intention of your firing to him, and conceive it to be to rouse his animation, as when you cluck to him with your tongue to animate him, and rattle the switch against the wall, and the like: or he may think you are playing tricks to frighten him; for you will find many such horses more steady when you fire from their back, than when you fire to them on foot. The method, therefore, of firing to horses at first, should be such as will give them the least alarm, and not appear as though it was intended for them to notice. The best method to begin is to fire signals for feeding, and such horses as are most unsteady, should be the most distant from it, and, if convenient, place steady horses by the side of them; it is best to have no person near them to notice, much less
less to sooth them; whereby, and the distance of the fire, the horse cannot conceive it to be meant or intended for his particular notice, and the steadiness of the other horses, with the immediate serving of the corn, will in a short time make him acquainted with its meaning, and, as it becomes familiar, will be a desirable hearing.

As the young horses become reconciled, you gradually give your signals nearer them, but not to notice or present the pistol at or towards them; when fired, pass from them without notice, leaving time and reflection, with the example of steady horses to accomplish their pacification; when you approach more near, the presenting the pistol and cocking it, will give new alarms, but the same mode should be pursued of not noticing it, and if you find it alarms him much, avoid teasing him by repeatedly cocking and presenting; and let all your actions have the appearance of not being intended for him to notice; for you cannot command his attention without affecting him
him in some way or other, either with pleasure, dislike, expectation, or apprehension.

As, for instance, chirrup to a horse, and his head is up and watching you—switch your whip to him, and he is all agitation and apprehension; therefore, if you call his attention by particularly pointing a pistol at or towards him, you must expect him to be unsettled or restless, by which he expresses his dislike or apprehension; and it is your business to accustom him to the snapping, smoke, flash, and report, in such manner that he may not perceive it intended to attract his attention. After the horse has been thus accustomed to the pistol in the stable, he should be habituated to firing without, as often as opportunity suits; whatever occasion presents itself, whether a field-day, or firing for the only purpose of riding the horses to; you should commence (with such as appear to be much alarmed) at a distance, and occupy the horse's mind by riding him in such lessons as call his attention and obedience to you; any starts of
surprise he may make at the firing you must take no notice of; but, continuing your lesson, divert him from noticing the object; it is necessary here, as well as in familiarizing horses to other objects on the road, that no indications or alarms proceed from you, by cringing or preparing for his starting, watching when the firing comes with a degree of apprehension, which some cannot divest themselves of, for such will as certainly affect the horse as you are riding him. It is, therefore, adviseable for such as cannot avoid such sensations, not to observe or notice when the firing is going to take place, that it may come as unawares upon them as the horse; steady horses rode with the young ones, will naturally pacify and sooner reconcile them, and as you find their alarms to subside, make your approaches nearer.

You next proceed to load and fire from the back; the loading, cocking, and presenting, generally create more alarm than the fire, but perseverance, with mild treatment, will overcome great difficulties; the agita-
tion of the horse upon these occasions, should not be much fermented, which would increase his dislike, rather than diminish it; if you perceive him to have an extreme dislike to the sight and smell of the pistol, accustom him to it by laying one in his manger with his corn, and let his desire of the one reconcile him to the other. You should commence firing in such directions as are least alarming to the horse; and if you find the cocking and presenting to agitate him much, don't tease him by too many presents and recoveries; but discharge your fire at once, and ride him upon some lesson as will call his attention to it, such as the narrow change on two circles, and the like; for if the horse conceives you do it to tease him, and amuse yourself at his expense, he will ever express his disapprobation or dislike of it; therefore, it is not so much the frequent application, but the judicious application, such as will work on his comprehension as well as his eyes and ears, that will effect your purpose; when the horse perceives the fire is not meant to irritate and provoke
provoke him, he will become reconciled to it, and you may fire in every direction. The like manner is to be observed to reconcile horses to drums, trumpets, &c. The using them as signals for feeding will make the sound familiar, and time will reconcile them to it; the misconception of drumming more to the horses that are terrified at it than the others, should be avoided; if you wish them not to notice the drum—don't let the drum particularly notice them; pass by them as you would a steady horse, and they, in a short time, will become steady too. The colours is another object that some horses dislike, but the same methods must be observed as with other objects of dislike; accustom them by degrees without punishing or violently compelling them to approach the object, and the apprehension will gradually subside. Colours should be placed for the purpose in the riding-house, and you should work him at a distance, and approach nearer as he becomes less apprehensive; if he hesitates after a time to approach, but stops and smells, let him satisfy himself with smelling
smelling, and invite him to approach for that purpose, but not compel him; in a little time you will find he will go close to them; you may then wave them a little so that you may give the least alarm that is possible, till, by degrees, you bring him to disregard them; then a person should carry them before him, and gradually display them in every direction; and, lastly, you should carry them till he becomes so reconciled that you may wave them over his head, or about his head, without disturbance. For the carrying of music of every description, the like cautions and progressive methods must be used where they are necessary, for it is to be understood that every horse does not require them, not having the apprehensions that others have; and some are so excessively troublesome, as to require all the patience a man possesses—such should not be selected for the purpose of carrying drums or colours. The military uniform, caps and feathers, will excite a timid surprise in horses not accustomed to them, but if employed in the army it soon wears off. The dangling of the
the sword, using it, and the glittering of the blade is alarming to young horses, and such must be cautiously and progressively accustomed to it. Drawing sword must commence in very slow motion, and every movement of it must be slow and faint, that it may the less surprize; soothings and pacifications should be used, and extreme patience on the part of the horseman will in time make the horse reconciled to it; when you may make your motions, and give your cuts that quickness and precision as the service requires. You cannot be certain that a young horse will be steady to the sword in the ranks, though by custom you have brought him to disregard it singly or alone. The troop drawing swords has a new and unexpected appearance, and gives such a sudden and terrifying alarm to colts particularly, that I have seen them fly out of the ranks, and set to plunging violently. It is, therefore, expedient before such are tried in the ranks, to ride them previously in the rear of the troop at a less alarming distance than being among them, and make your approaches
approaches as you perceive their surprize to wear off; for the clattering and glittering of so many sabres, will surprize old steady horses, till custom has rendered them familiar.

Horses properly broke stand steady, and never attempt to move till the requests of the legs and support of the hand direct them; now the actions of the sword, and the positions it is expedient for the body to take, will naturally disturb a horse not completely accustomed and reconciled to them.

The bridle hand must be extremely attentive, that the positions of the body do not shift it from its proper situation, and must watch, check, or prevent every propensity the horse has to move or shift his ground, bringing him back to the exact spot when such shifting happens. Mildness and invincible patience must effect this; no other measures can be taken with a probability of success; if you lose your patience, you will handle and treat him roughly, and that will certainly
certainly make the horse more unsteady; but patience and perseverance will overcome in the end; for he is restless and unsteady to express his dislike, and if you won't wrangle or quarrel with him, but persevere with mildness and discretion, the horse will be tired of expressing his disapprobation, and become reconciled by necessity.

When you have brought him to stand perfectly steady, while you go through the six divisions with facility and precision, you will find no difficulty in performing the same in a gallop, till you come to the attack and defence; and then the clang of the sabres will deter some horses from approaching near enough for the attack; and this is a material thing to accustom them to, and only continual practice will bring them to it.

What I have said on the subject of familiarizing, sufficiently shews the principle I should pursue or recommend in all circumstances that are not here specified, and if adopted
adopted will, I have no doubt, be found salutary.

We find in horses a variety of tempers, dispositions, and passions similar to those we possess ourselves; some are mild and meek, others are hot and choleric; some are obedient and tractable, others refractory and obstinate; some will patiently endure the capricious tempers, unprovoked chastisement, and cruel inconsistent treatment of ignorant and merciless men, while others will show a resentment that will keep in check such dastard spirits, and would die before they would submit to them. Many of this latter description have come to my hands, after being made so desperate that their pretended breakers dare not go near them. I shall mention a remarkable one, which I hope will be the last of that character I shall ever have to encounter with, and as several respectable persons are living that knew and perfectly recollect the circumstance, and as those whom I take the liberty to name are well known, and popular in their respective professions, I trust I shall not be suspected
pected of fabricating a tale to extol my own abilities, or depreciate those of others.

The horse I am about to speak of was bought by Mr. Thomas Marsden, as eminent and respectable a dealer as any in London, in a lot with about twelve others at Doncaster fair; and the conditions were, that he should have none of the others without taking this horse, which the seller honourably gave a very circumstantial and cautionary character with—that he had foiled the endeavours of every colt-breaker in that part that had attempted to break him, that none could ride him, that he was both shy and dangerous to do any thing to, had killed a man at Boroughbridge, and maimed several, and therefore, to get rid of him, he had put him in the lot, and would not part with the one without the other. Mr. Marsden was accordingly necessitated to take him, or relinquish a lot of horses he had a demand for.

The notoriety of this horse had drawn numbers to look at him, among which were several
several colt-breakers, who generally attend the fairs in their neighbourhood to look out for business, and to whom Mr. Marsden proposed, if any one would undertake to ride him, to pay them five shillings per day, and what liquor they would drink. One engaged to ride him, and received his five shillings, and as much punch as he chose to drink, but the horse having thrown him several times, the man declined riding him any more; and no other choosing to undertake the business, the horse was by some means conveyed to town, about a fortnight after the rest. At that time Mr. Marsden had the riding-house in Worship-street, now occupied by the Light Horse Volunteers, and I conducted it for him; he told me the above narrative of this horse, and if I chose to undertake him, there he was to do as I pleased with.

At first sight of the horse I was convinced in what manner he had been treated; his eye was fixed upon you the instant you opened the stable; as you approached he was violently agitated with dread and apprehension
prehension, flying from one side of the stall to the other as you passed, and his eyes following and watching every motion. The character he brought with him, and his staring wild appearance, caused the stablemen to dread going near him; there was only one man out of twenty who would ever feed, water, or rub him down, which was old Dyson, who had lived many years with Mr. Marsden; and from the experience he had with the various tempers of numbers of horses, he always found that gentleness and patience would effect what harshness and resolution could not with the most violent tempers.

The putting the bridle and saddle on I undertook myself, for I found no one willing to undertake this task. He was called Paul Jones, a name corresponding with his resolute unconquerable temper.

It was evident the horse had been improperly treated, and I imagine much after the same manner as a boy I had from the country
try used to serve a poney he went of errands on at his last place. The poney would occasionally shy a little, and throw the boy off; the lad assumed the boldness to mount again, and had a hearty disposition to beat him, but this he was afraid of, knowing the poney would throw him again; but when he got him home, and no one present, he used (according to his own account) to tie him fast to a tree, and whip him most unmercifully, under the idea that this would keep him in such fear and subjection, that he never would attempt the like again.

This horse to all appearance had been treated in a similar manner. I will be bold to say they always approached him with fear, and to disguise it they spoke sharp, menaced, struck, and assumed all the external appearance of being determined to compel him to a submissive fear. Fear they had, indeed, accomplished, but submission they had frightened away.

The first thing I had to attempt was to dispel
dispel his apprehensions, by frequently visiting him for the purpose of soothing, caressing, and making myself known and familiar to him. His jealousy was not readily overcome, for I apprehend he had frequently been deluded by such appearances, for the purpose of getting a bridle and cavison on; and then experienced plenty of abuse and fatigue. I believe I was an hour by myself the first time putting on the bridle and longeing-tackle, and I suppose if any person had been with me I should have been longer, because the horse's fear and aversion would have been the greater.

I found him so exceedingly supple and tractable in the longe, that I make no doubt he had been longed till he was ready to drop; for the idea of many who undertake to break horses is, that longeing is only to fatigue them; and if a horse appears to have any courage and resolution, or what they term the devil in him, he is sure to have enough to give him a dislike of their discipline. I had, therefore, only to longe him moderately.
ly for exercise, and to render us familiar and reconciled to each other; for I could plainly perceive by his countenance (for horses, though they will forbear their tricks till a convenient opportunity, yet they cannot disguise their countenance, which will discover the mischief lurking within them) that when we came to mount, where he had ever conquered before, we should have a smart encounter; but then it was likely from being on good terms, and partially reconciled to each other, that if I did not provoke his temper by ill-timed correction or proud exultation, whenever such encounter happened, he would soon perceive he was only fighting with himself, and it would be of short duration.

After longeing him about a week for acquaintance sake, by which time I could bridle and saddle him without much difficulty, I thought proper to mount him. On these occasions I have observed privacy is necessary, as lookers-on alarm the horse; only the man who looked after him assisted in the riding-house,
riding-house. Mr. Marsden, and Mr. Harrison (now of Finsbury, veterinary-surgeon to the Light Horse Volunteers, and very eminent in his profession) were spectators in the gallery, for the uncommonly mischievous character of this horse excited their curiosity. He suffered himself to be mounted very quietly, but his looks betrayed what was to be expected.

Before he had moved a quarter round the circle, he set to with his utmost violence, and with such determined resolution, that he could not keep his feet, and about the third or fourth plunge, down he came. This cowed him a little, but it gave him a short respite to take breath, though he was no sooner on his legs, than I was again on his back, and another set-to commenced; but he was now more cautious of falling, and after half a dozen exceeding high plunges, his wind was quite exhausted, and he of necessity was obliged to desist for that time, and go quietly, though with evident appearance of sulky reluctance, and meditating further
further resistance. But this was no more than the natural consequence of defeat and disappointment. The same disposition rumbles in the human mind upon like occasions, and the most likely method of reconciling such dispositions is not to triumph and exult in the advantage you have gained, or impose severe labour or rigorous compliance, at the moment the mind is in such a ferment and state of revolt.

Accepting, then, of the horse's compliance, from his exhausted state, as though it was his contrition and obedience, I in a short time dismounted, and met him as though I had forgot his mischievous designs and obstinate temper, and caressed him for his apparent contrition and return to obedience, that we might part in good humour for the present, to meet friendly, and be better reconciled on the next attempt.

The succeeding day the same method was pursued, but the horse's plunges were neither so violent nor lasting; and the third day
day there were scarcely any. A jealous look and reluctant step, as though the mind was in a state of debate whether it should contend again, continued for several days, and might easily have been provoked by any inadvertence, haste, or ill-temper of the horseman, which shews that the person who undertakes to break a horse of this description, should be perfectly collected, and completely master of his passions.

By daily lessons in this manner, the horse became tolerably reconciled, and I do not think it was more than three weeks from the time I took him in hand, before I rode him on the road. The second day meeting Mr. Marsden (who was astonished at seeing him) he requested I would ride with him to Bethnal Green, where we staid till a late hour, and drank very freely of wine, which occasioned my taking such liberties with the horse which at another time I should have thought imprudent to have taken with the steadiest one alive. However, the horse behaved uncommonly steady, and brought me
me as safe home, as he carried me out, though I am certain I must have been much in his power. I mention this circumstance as a rare thing with me, not being often guilty of such indiscretions.

From this time I rode him on all occasions on the road, even to attend and take charge of ladies, which requires a steady horse, and found him to go uncommonly well; indeed, I think he would have carried any judicious horseman equally as well; but I know of only one who did ride him, which was a Mr. Gibson, druggist, who met me on the road, and desired to ride him, which he did, and found him very steady.

Mr. Marsden then sold him to a person who is now dead, a horse-dealer, but the most improper man in the world for a horse of this temper and disposition, for he was a very hasty and passionate person; the true character of the horse was given him before he saw him, which excited a curiosity and desire to see some person ride him. I consequently
sequently rode with him a short distance, and he was satisfied, returned, and bought the horse, but I never heard that he, or any other rode him after he went from me. The horse was shy of strangers, and I apprehend that affronted his master, who took the twitch-staff to him, and from that I will be bound to say, a reconciliation never after took place. They attempted to put him in harness, but he knocked himself and everything to pieces; they could do nothing with him, and I never heard what became of him afterward.

I have been particular in the account of this horse, as it is an exact specimen of such violent ones of which I have had many under my care, and the above is the only method I think likely to reconcile them, and which I never found to fail. Several of much more implacable tempers have given infinite trouble; for this horse was not of a bad temper if you treated him with moderation, and it was only the wrong idea of those, whose hands he at first fell into, that a rigorous
gorous perseverance would subdue him, which rendered the horse averse to his persecutors, and filled him with dread at the sight and approach of any person; but when he became reconciled to my riding him, he never shewed the least disposition of restiveness, but still retained a degree of apprehension at the sight of strangers. The shyness occasioned by improper treatment from the first, you may suppose was very alarming, since none of the stable-men, except the person I mentioned, ever chose to go near him—not even after he became reconciled to me. But what rendered him so formidable to those who had taken him in hand, was his resolute and terrible high plunges; he certainly was the highest plunging horse I ever rode, but not the most difficult to sit; his action, from the elasticity of his joints, was rendered smooth, and broke the violent shock you received at coming to the ground. If one may credit Mr. Harrison, who was in the gallery, the window of which is nearly as high as the beams, in that point of view my head appeared to him above
above the beams, which I reckon to be fourteen feet—at that rate the horse must have sprung more than six feet from the ground, an incredible height indeed; horses have been known to leap so high, but plunging is a different action, and rarely ever more than three feet, though very rough to sit.

I think I have observed that few colts comparatively (if properly treated) plunge at first backing, and I would have it to be understood, that I dont reckon the horse of less value, provided he is of a good temper; for it indicates some properties that are very desirable, such as strength of limbs and constitution, with resolution and spirit to bear up under fatigue; but if such are of a crabbed, untoward, and restive disposition, they will only be fit for those to ride who know how to manage them, if they have ever got the advantage of those who first attempted to break them, though they are soon subdued by a competent person, yet they cannot be warranted not to take advantage, when they
find themselves superior to their rider, though sometimes it may be several months before they attempt it, depending on circumstances relative to the rider; some by frolicksome tricks, or irritating them with the spurs; others by partially submitting to let the horse have his own way—the one provokes, and the other encourages the horse to become restive; therefore, bold or timid riders, if they are not judicious, are likely to make a restive disposition shew itself.

When a restive horse is rode for the purpose of breaking him, it is proper he should be rode in such manner as is likely to induce him to show his disposition, that an opportunity may he had of convincing him of your superiority, by defeating his resistance and defences, and eventually compelling his obedience; but then this is not to be urged by dashing the spurs in, which implies, "Go forward," while the hand snatches him together, and says, "No, you shall not." This inconsistent and brutal behaviour, in point of reason, would justify the horse for any
resistance or resentment he may shew, and I imagine it only to be, practised by those who are angry with themselves because they do not know how to manage their horse, though some appear desirous of being thought good horsemen.

The method to induce a restive horse to shew his disposition, is to require his performance of that which he is capacitated to perform, but is likely to object to; for instance, a restive horse has generally several places that he usually sets up at, and refuses to pass; these, consequently, should be frequently passed. When riding towards home, occasionally take a different road from home; ride him, likewise, past home, and to the stable door and back again; whatever he appears to hang to, ride him from. Likewise put him to a trial of his obedience by working him in the constrained lessons of the hand, narrow changes, passaging, always trying if he will refuse to work from home. This is putting the horse to the test of obedience, and a restive disposition will certainly
tainly dispute the point, till he has convinced himself, by repeated trials, his attempts are fruitless.

I have in a preceding part of this volume (page 76) explained the manner of protecting yourself from injury, and defeating the horse's views in these contests; which is, to take the horse by surprize, and employ the full power of your hands against his feeble or unguarded points, which baffles and defeats his intentions; though it does not obtain your purpose, yet persevere in your demands, and turning his defences against himself, as has been described, the horse finds neither rest nor alternative, but in compliance, and the more resolute and courageous the horse, the more certain his defeat without whip or spurs; but the sulky, obstinate, unmettled beast, may require the stimulation of the whip and spurs to provoke them to contend, that the hands may display their power of defeating his attempts, and insisting on his obedience. It is but seldom that I recommend the application of whip or spurs, and in
in this case it would be useless for a person to apply them that cannot use his hands to defeat the horse, for thereby he would provoke a contest hazardous to himself, without a probability of success.

When a horse has been defeated in the manner I have described, whatever the matter of contention was, he should again be put to it, and you will perceive if he meditates a renewal of the contest, for some will not be convinced without several trials, which must depend on the superior efficacy of the rider; a horse may consider he has a chance with some riders, which induces him to repeated trials, but if he finds the rider much superior to him, he will the sooner yield; yet he will bear it in mind, and appear inclined or undetermined whether he will make other attempts. In this situation of his mind, several trifling expedients may in good humour divert him from it—such as speaking to him not to be foolish; this apprizes him you are aware of his intention, and prepared to encounter it; even the holding
ing out of your hand, or giving him a light box of the ear, will draw his attention to you, and put the mischief out of his head, so that in time he gives over all thoughts of it.

No restive horse contends with me more than three times, I mean three successive days; they may occasionally forget themselves, and shew a disposition, but soon recollect themselves, and desist. Nevertheless, after I have ridden them for months, if they were very bad, they cannot be warranted never to return to the vice with inferior horsemen.

I have observed that horses have various modes of defence, each adopting that which appears most natural and easy to execute, and, depending entirely on this, seldom substitute another when defeated. The generality of restive horses seem to place their whole dependence on their subtilty, cunning, and resolute obstinacy; they never plunge—seldom kick—but some few are addicted
addicted to rearing. They attack you by surprize, take the advantage of opportunity and situation, and are sure to conquer if you oppose them on the point of attack.

I recollect a horse sent me thirty years ago (for it was when I had the yard now occupied by Mr. Spencer, in Oxford-street, and that must be near the time I mention) that when a coach was passing near him, seized the opportunity of crushing the rider's leg against the hind wheel, while the coach was going on the same way, and never shewed a disposition to be restive but when this opportunity favoured him. He did not intimate by his leers and appearance, as most restive horses do, that he meditated any design, and he was so sudden, that if you were aware, you could not have prevented him by snatching his head round towards it, for then his head would have gone through the carriage window. I was necessitated to ride him through the streets, to give him the greatest opportunity I could of serving me so, and obliged to be very much on my guard.
guard. The method I took was to be ready at the instant to shift my leg over, and hold by the mane with the one hand, thus standing in the stirrups as when mounting, and letting him press to the carriage, while I laid the whip pretty sharply on his hind quarters. A very few trials convinced him of the folly of attempting it any more; he never repeated it with me, nor ever after, as I heard, with any one else.

Nothing is more common than restive horses to attack their riders in those situations that they conceive are advantageous to themselves; and to frighten or deter the rider from contending with them, they get against walls, rails, carriages, horses, houses, &c. A person with moderate courage and resolution may safely protect himself by the methods I have laid down; the timid, without any caution from me, will not knowingly attempt to ride such.

Some horses are of an uncommon sulky and sluggish temper; to such the application
tion of whip and spurs may be necessary, for otherwise you would get little or no exertion from them, but many of these cannot bear much fatigue, and die under the whip and spur, as their spirits and strength begin to lag. A limitation is, therefore, to be observed, and when you find the horse does not answer the spurs as at first, you should desist, and let him take breath and recover himself; for a continued application of the whip and spurs, so discourages and disheartens these dunghill spirits, that they will give in, and stand still. Such horses would not suit the stylish horsemen of the present day; but my business has been to break and improve every kind of horse; that was brought to me, and though I should not choose some of these for my own pleasure, yet they may suit others who ride neither far nor fast, and supply the place of horses of four times their value.

I think I have heard it observed, that the Duke of Newcastle, in his voluminous work on horsemanship, says there are no bad horses;
horses; that every horse is serviceable in such employ as nature has fitted and capa-
citized him for, and the fault is with his owner if he puts him to a work for which nature never intended him.

There are sulky horses that are not sluggis', after they become reconciled to the discipline that is necessarily imposed on them in breaking; some of these have lain down in a sulky mood, while I have been on their back; and many when I have bent them, with intent to leave them for five minutes to amuse themselves on the bit; I never attempt to prevent their lying down, but when down you may confine them from getting up, by placing the rein along the cheek, and putting your foot on it, while you give them two or three smart strokes with the whip, and they will be very careful not to put themselves in such an awkward situation again. In like manner, if horses that rear desperately, and so high as to en-
danger their coming over, take you una-
wares that you are not prepared to twist them
them off their hind legs time enough to prevent their rearing (as I have directed) yet if you have agility enough to slip off and pull them over, they will be cautious of giving you a second opportunity.

Cool and phlegmatic horses must be rode with spirit and animation, but hot and fiery animals must be treated with patience and forbearance. It is in vain to think of cooling their tempers by excessive labour and fatigue; you may work them till they sicken and faint, and perseverance will kill them, but as they recover their strength, their native heat and eagerness likewise return. A solid rider of eighty years of age, will make a horse of this description steadier than a young man of twenty has patience to do.

From the foregoing observations I think the young practitioner may discover the method he should adopt, under the variety of circumstances and dispositions that may come under his direction or practice.
THE METHOD OF TEACHING HORSES TO LEAP.

It may appear to some persons that nothing more is necessary to make a horse leap than putting him to it. I do agree that practice for a continuance is a principal ingredient, and that some horses have a natural aptitude, and are so favourably constructed by nature, that little more than daily practice is necessary; others, again, have a great reluctance, and extreme awkwardness, when first put to the bar; these require a progressive method, and some skill to teach them to leap with any degree of safety.

I shall first make some observations on leaping bars, as my experience has afforded me the opportunity of witnessing the inconvenience of imaginary improvements, which, in themselves, were so trivial as not to compensate for their disadvantages.
To describe a leaping-bar, is needless—every one knows the construction; it is the superfluous additions that I shall notice, and first of the shelving-boards fixed under the bar, projecting on both sides, for the purpose of preventing the horse coming too near the bar before he rises. These, I should think, were projected by a person who used no other means of making a horse leap, than putting him to the bar, and driving him over it; for the person who undertakes to teach the horse to leap properly, must endeavour to make the horse rise as he ought, or, if possible, prevent his leaping till he does; for this purpose, the person who assists the horse, is necessitated to stand so close to the bar that his feet are partly under, and the boards, which I have mentioned, totally preclude him standing in such situation as can be of any service to the horse. It is often necessary to place the bar lower than these boards will admit of, consequently they must be removed, which is awkward and troublesome, as this occurs frequently, where there are several raw horses to be put to
to the bar. Lastly, there is an additional risk of injuring the horse, for when the bar is placed high, there admits a considerable space between the bar and the boards, and I have several times seen an awkward horse get his legs between, and had not the board tripped or given way, the legs must have been broke.

The next thing I shall notice is, a construction intended to prevent accidents, if the horse should not clear, or cover his leap; this is a long bar—one end of the spindle is lodged in the post, that is usually set in the wall on one side the riding-house, and the other end is lodged in notches in a temporary post, mortased into two pieces of wood, placed across for feet. If the horse does not clear the bar, he forces it out of the notches, and down it falls; or if he hangs across the bar, a person standing at the temporary post, pulls it away, and lets the bar fall. A bar of this construction is very improper for teaching a horse to leap, for they in general try if the bar will give way before
they will attempt to leap, and finding they can shove it down, they will not fail to do it rather than spring over it. I have seen horses at a flying leap at this bar, catch it with their hinder feet, and hurl it with such violence as to endanger it striking their fore-feet coming to the ground; and I have seen a person materially hurt, and might have been killed, that stood in the way of it.

Furze bound on a bar is frequently done to prevent the horse from coming too close, or shoving against it; this likewise has the inconvenience of preventing the person who assists the horse from coming near enough to the bar, and is only fit for practising horses that have been previously taught.

The binding of the bar with hay-bands is the practice of dealers, to guard against rubbing any hair off, or bruising the shanks, should the horse make an awkward leap; but this, and the furze, would be an endless trouble and expence, where the bar is daily used with variety of horses, for it is soon kicked
kicked off; and in a riding-house it makes a disagreeable litter, and is, I think, of no service, for I don't recollect a single instance of rubbing any hair off, or materially bruising a horse's shanks with his striking the bar; nevertheless, an invention to prevent the horse coming too near the bar is desirable, if it can be done without much inconvenience.

The best method I can suggest, is to have a board suspended to the bar, which may be made to project on one side only, by the rail at the bottom extending beyond the pillars that the bar is placed in, which will be clearly comprehended by inspecting the plate I have given for that purpose. This plan will admit of your standing close to assist the horse, and the board rising with the bar, precludes the possibility of entangling his legs between; the principal inconvenience is the weight and trouble of shifting the bar higher and lower with this additional weight, and likewise the removing the board away when it may be necessary; this makes
makes it exceptional, where it is used continually for a variety of horses, that may require it to be repeatedly shifted, but I think it might answer for private use, as a frequent alteration thereof may not then be required.

Whoever has a board made for their bar, should observe, that it is suspended by an iron spindle fixed to the board, and lodged on the pin in the upright post, in the same manner as a bar is suspended; the bar is placed above, and the spindle of the bar lodges on the iron-work attached to the board for that purpose, and must have freedom to turn on all occasions; the height of the iron for the bar to lodge on, depends on the thickness of the bar; a space of not less than two inches should be preserved from the under part of the bar to the board, that a small bending by the weight of the horse on it, or warping, may not prevent it from turning; for the free turning of the bar prevents rubbing the hair, or grazing the skin. The ends of the rail at the bottom may be shaped for a handle, and may be found convenient
venient to raise the board by; the bottom of the board, you may perceive by the plate, is rounding, it being occasionally or mostly suspended from the ground, that the horse may not injure his fetlock-joint or shanks. If a bar is not rough or splintery, and rolls round on its axis freely, there can be no occasion for any woaldings; and if he sometimes strikes it, it will make him the more cautious the next time.

The bar for flying leaps, should be at least nine feet long; one end should be fixed in a post in the wall, and the other to a temporary post let into a shaft, and standing not more than four feet and a half out of the ground—this bar should be stout, proportionate to its length.

I shall now shew the method of teaching a horse to leap, first observing, that the horse is to be won or invited to leap, if possible, rather than compelled: coercive means are never to be used, if it can be achieved by milder methods. Some horses

\[\text{at}\]
at first appear as though they were frightened at the bar, and are with difficulty brought to it—be patient and mild with them, and this timidity will soon wear off. To lead these over the bar is still more difficult, though the bar is not a foot high. Lay the bar on the ground, or take it quite away, and lead them through the pillows; I have known some leap two feet high, though the bar was removed. After passing him through several times, put the bar at the lowest, and lead him through as before; your only aim now is to accustom him to the bar, and if he walks over it, as you do, it is all at present to be required; but even in this, if you stop when over the bar, and turn your face to him, he may stop likewise, and not follow while you face him; humour him at first by walking on, and let him follow without your turning to notice him, till he becomes a little familiar, and less reluctant.

When the bar is raised so high that the horse cannot walk over, you must invite him to rise; and if the horse is reluctant, it will be
be necessary to have an assistant with a long whip behind him, holding up the whip or throwing the lash towards him, to press him to unite and raise himself. The person who leads him over, must take short hold of the reins with his right hand, at the distance of about six inches, and endeavour to prevent the horse from coming too near the bar; the operation or effect of the hand, is to draw the nose in; if you raise your hand with the view of making or inviting him to rise, you would cause him to raise his nose, in which position he cannot unite himself to rise; but the operation of the hand downward, and rather back (if he presses rather too close to the bar) will invite him to rise, and you must continue the support of the hand, not suffering him to spring with his hind legs, if you can prevent it, till you perceive his fore-feet are raised sufficient to clear the bar, then ease your right hand and let him come over, advancing with him, in order to give him the greater liberty.

Some horses, as I have observed, are naturally
rally formed for uniting themselves, and raising their forehand; such will aptly leap, and give you little or no trouble, practice making it only more familiar and easy to them. But others being so confined or stiff in the joints, that the hams and houghs cannot freely bend to admit the haunches coming under to raise the forehand, require much pains and attention; these horses, where they have spirit, are very impatient, striving to force the bar, and sometimes all your endeavours cannot prevent them springing from their hind legs, before their forefeet are clear of the bar. Such horses should be previously worked in all the uniting lessons, till they are united well in the gallop, and made to stop well on the haunches, and this frequently and suddenly, to supple the haunches and bend the houghs, till when you will not get them to rise well at the bar.

We ourselves cannot spring any height from the ground, without well bending our knees, hams, and instep—nor can the horse, without
HORSE-BREAKING.

without bending his hams and houghs; but the horse has first to balance and sustain the weight of his fore quarters on the houghs and haunches, before he ought to spring from them, otherwise he must leap what we term all fours together, which is very awkward, uncertain, and dangerous.

Bringing this description of horses to the bar, and teaching them to leap, though it occupies much time, and may not be wanted, will, notwithstanding, be beneficial to the horse, being with others the most compulsory method of uniting and bringing the haunches under. The placing a horse of this kind in the pillars, for the purpose of uniting him, would be to no purpose; he could not comprehend a thing so repugnant to his disposition, not seeing a necessity for it; and the excitements or stimulations you might use, might render him desperate; but place a bar before him, and he comprehends you want him to come over it, and then he perceives the necessity of gathering his haunches under him, before he can raise his fore part. Under
Under the unfavourable circumstances of make and disposition, more time and patience are requisite, and after all it cannot be expected such horses will leap with that deliberation and ease to themselves, which give confidence and security to the rider, as those which are formed and disposed by nature to leap.

The person who stimulates with the whip must be mild and moderate, not to hurry or flurry the horse, for otherwise he will flounce from one end of the bar to the other, trying to escape it, rather than make an effort to leap over it. The animation of the tongue and holding out the whip, should be first tried; should the horse make a lingering or hesitating attempt, increase your animation, and throw the lash towards him, but not to touch him, lest you arrest his whole attention, and render him more studious to avoid your whip, than get over the bar.

Should the horse wholly refuse, more coercive measures must be used, but first be mindful
mindful that the bar is not placed too high for his early attempts, and then compel him over in what manner you can, be it ever so blundering, for the person who leads him over cannot assist an unwilling horse. If it is his first attempt, you should not correct him for his blunders, but rather encourage him to try and perform it better.

After a horse has been in the habit of leaping well, and blunders through heedlessness or reluctance, moderate correction might be serviceable if properly timed, that is, given at the instant; were I to correct a child for a fault, I should prefer deferring the punishment till next day, because I could make him sensible of what it was for—but the horse can only be sensible at the instant.

The blundering at first may have a good effect in convincing him of the necessity of rising sufficiently before and leaping, for scrambling over the bar must, of the two, be more disagreeable and difficult.
When the horse is very eager and impatient to leap, the person who leads him over, must, by all means, prevent him leaping till he rises sufficiently before, for the horse is then determined to break and carry away every obstacle before him; he may, probably, conceive he is placed to the bar for that purpose—therefore, prevent, if possible, his springing with his hind legs, till he is clear of the bar before,

Some horses leap so tardily, and with such indolence, that they will not clear their hind legs, and this they will do repeatedly, if they dont strike themselves too hard, which makes them more careful; but, if the person behind with the whip gives him the lash at the instant before he takes his spring, it will make him throw his hind quarters clear.

The horse that puts his head down over the bar, and smells to the ground, appears timid and fearful; dont hurry him till he has satisfied himself a little, and then he will come
come over blowing and snorting with apprehension; caress, sooth, and pacify him, and he will soon be reconciled.—It is not a bad sign.

Some horses endeavour to break away from you, regardless of the whip behind them, and if you are not expert at shifting round the pillar, will get loose, or break the bridle; this you must be guarded against, for succeeding a few times encourages them to persist. If you cannot manage them without, put the cavison on to hold them by, for, though I recommend gentle means if possible, yet resolute methods must be used, where you are obstinately opposed.

Having noticed the general occurrences arising from the different dispositions of horses, with the methods of treating them respectively, it is necessary to observe further, that you must proceed patiently and gradually, not requiring too much at a time, nor raising the bar too rapidly—your judgment and discretion must direct you in this; it is not because the horse clears the bar at a certain
certain height, that you are immediately to put it to a hole higher. Moderately exercising the horse to leap, gives strength and efficacy to the muscles employed in the exertion, but too much at a time relaxes and weakens them. Daily practice in moderation is necessary, because the horse will accomplish with the greater ease to himself, what he is in the frequent habit of performing; and till you perceive that the horse goes over a certain height with perfect ease to himself, it would be injudicious to put the bar higher, for you would thereby discourage the horse, and drive him to resistance; and if you compel him greatly against his inclination at a high bar, you must expect he will tumble over it. Proceeding, therefore, mildly, invitation and compulsion judiciously blended, caress profusely his good performances, and pass over his bad ones in hopes of amendment. From eight to twelve times over the bar, I think, is sufficient at a time, taking occasion to leave off at a good performance, that you may caress and encourage him all you can at parting.
where such an opportunity can be had, might be beneficial, if the expence and trouble are not thought much of.

There is some difficulty in getting horses out of a stable, when there is a fire contiguous, and many horses have been burned to death, perhaps, from persons not having presence of mind to use other expedients than pulling them out by force. Putting a thick bandage over their eyes, that they can see no light, then turning them round a turn or two, and I think they would lead out; but if nothing is at hand for that purpose, or time would not permit, I should try to back them out, and two men, each putting a hand over an eye, I think may accomplish it.

END, OF VOL. II.
The Traveller's Companion and Guide, including all the Beauties of England and Wales.

THIS DAY IS PUBLISHED,


WITH

A WHOLE SHEET COLORED MAP OF ENGLAND AND WALES,

Price 1l. 5s. extra boards,

THE

TRAVELLER'S GUIDE;

OR,

ENGLISH ITINERARY:

CONTAINING

Accurate and original Descriptions of all the COUNTIES, CITIES, TOWNS, VILLAGES, HAMLETS, &c.

AND THEIR EXACT Distances from London;

Together with the CATHEDRALS, CHURCHES, HOSPITALS, GENTLEMEN'S SEATS,

(With the Names of their present Possessors)

MANUFACTURES, HARBOURS, BAYS, RIVERS, CANALS, BRIDGES, LAKES, SALT AND MEDICINAL SPRINGS, VALES, HILLS, MOUNTAINS, MINES, CASTLES, CURIOSITIES, MARKET DAYS, PAIRS, INNS FOR POST HOUSES, &c.

The whole comprising a complete Topography of England and Wales.

To which are prefixed,

GENERAL OBSERVATIONS ON GREAT-BRITAIN;

INCLUDING A CORRECT ITINERARY

From London to the several Watering and Sea-Bathing Places, List of Inns in London; Mail Coaches; Wharfs; Packet-Boats; Rates of Porterage; Postage of Letters;

And every other useful Information, equally calculated for the Man of Business and the inquisitive Traveller.

By W. C. OULTON, Esq.

ALBION PRESS PRINTED:

PUBLISHED BY JAMES CUNDEE,

67-Lane, Paternoster-Row.